

**Department of Social Work
Faculty of Arts
University of Lucknow**

Semester End Examination, December, 2019

Certificate in Yoga (Batch July to October, 2019)

Time: 09:00 A.M.. – 12:00 Noon

Shift: Morning

Date	Day	Paper	Paper Title
13.12.2019	Friday	Paper-I	Principles and Practice of Yoga
17.12.2019	Tuesday	Paper-II	Elementary Anatomy and Physiology
19.12.2019	Thursday	Paper-III	Yoga and Mental Health
20.12.2019	Friday		Practical & Viva Voce Exam.

Prof. Gurnam Singh