



UNIVERSITY OF LUCKNOW
FACULTY OF ARTS
PROGRAMME OF EXAMINATIONS-2020

Certificate in Yoga
(Batch-January to April, 2020)

TIME ALLOWED: 3 HOURS

TIMINGS: 9.00 A.M. to 12.00 A.M.

Date	Paper	Paper Name
23-09-2020	I	Principles and Practice of Yoga
24-09-2020	II	Elementary Anatomy and Physiology
25-09-2020	III	Yoga and Mental health

NOTE: (a) University reserves the right to change the schedule as per organizational requirements.

(b) Students are advised to remain updated on the L.U. website www.lkouniv.ac.in for any changes in the schedule.

Sd/-
(Prof. B. K. Shukla)
Dean,
Faculty of Arts
University of Lucknow

Controller of Examination
University of Lucknow,
Lucknow

Dated: 14-09-2019