



YOU ARE CORDIALLY INVITED TO THE

"आओ मिलकर बैठें"

PATRON



Prof. Alok Kumar Rai
Hon'ble Vice Chancellor

WED 26 MARCH
2 PM 2025

VENUE: HAPPY THINKING LABORATORY, ONGC
BUILDING 3RD FLOOR, UNIVERSITY OF LUCKNOW

RSVP

Prof. M. Priyadarshini, Director, Happy Thinking Laboratory
Dr. Vaishali Saxena, Director, Counseling & Guidance Cell



On March 26, 2025, the Happy Thinking Laboratory (HTL), in collaboration with the Counselling and Guidance Cell (CGC), organized a program titled "आओ मिलकर बैठें" at the Happy Thinking Laboratory, located on the 3rd floor of the ONGC Building, University of Lucknow. The event was envisioned as a platform to build and strengthen interpersonal relationships among faculty members from various departments of the University. It aimed to foster informal communication, mutual understanding, and a deeper appreciation of each other's professional and personal journeys.

The event commenced with a traditional tika ceremony, symbolizing the Indian ethos of "Atithi Devo Bhava" – the guest is equivalent to God. Participants shared their life experiences and engaged in light-hearted yet meaningful poetry recitations. These sessions provided a space for open expression and heartfelt conversation, creating a warm and welcoming atmosphere.

"आओ मिलकर बैठें" successfully brought together faculty members in a relaxed, engaging setting, paving the way for stronger interpersonal ties and collaborative spirit within the university. The event was a beautiful blend of tradition, expression, and connection, reflecting the values of unity, respect, and academic fellowship. A high tea was served during the event, providing a relaxed setting for participants to engage in informal conversations and build connections. A communal lunch was also arranged for all participants, fostering a sense of camaraderie and encouraging meaningful connections across departmental lines.

Prof. M. Priyadarshini, Director of HTL, addressed the gathering and emphasized the value of informal yet meaningful interactions, highlighting how such events foster collaboration, mutual respect, and a supportive academic environment among faculty members from diverse departments. As a gesture of love and gratitude, jute bags were distributed to all participants. These eco-friendly tokens served as a memento of the occasion, courtesy of the event convener.

Dr. Vaishali Saxena, Director of the Counselling and Guidance Cell, concluded the event by delivering the vote of thanks. She expressed sincere gratitude to Honourable Vice Chancellor Prof. Alok Kumar Rai for his support. She also extended her gratitude to Prof. M. Priyadarshini, Director of the Happy Thinking Laboratory, for her valuable insights and continued support. Additionally, she acknowledged the dedicated efforts of the event coordinators and expressed thanks to all participants for their enthusiastic involvement. She highlighted that it was the collective contribution of everyone that led to the program's resounding success and lasting positive impact.











