



लखनऊ विश्वविद्यालय
University of Lucknow



3RD INTERNATIONAL CONFERENCE ON HEALTH FOR ALL: ROLE OF YOGA, AYURVEDA AND SOCIAL WORK

SANSKRITI - SANSKAR - SEVA - SCIENCE

DECEMBER 18-19, 2021



**JOINTLY ORGANISING BY:
SHRIRAM YOG TRAINING & RESEARCH
SOCIETY, U.P. (INDIA)
&
DEPARTMENT OF SOCIAL WORK
UNIVERSITY OF LUCKNOW
LUCKNOW, U.P. (INDIA)**

KNOWLEDGE PARTNER



A University for the Global, Cultural & Spiritual Renaissance

**DEV SANSKRITI
VISHWAVIDYALAYA**



NAPSWI

National Association of
Professional Social Workers in India

ABOUT THE CONFERENCE

The human profession is based on professional attributes and is concerned with individuals, families, groups, communities, and society as a whole. The practice-based profession offers help and support in restoring the balance of life seeking stabilized health. Improving health and social well-being is the ulterior motive of the discipline. The discipline of Yoga and Ayurveda has its basis thousands of years ago, long before the first religions or belief systems were born. Yoga is basically a spiritual discipline based on an extremely subtle science, which focuses on bringing harmony between mind and body. Yoga and Ayurveda are the art and science of healthy living. Social Work is a profession based on scientific principles and knowledge of human skills and relations and has been formed by inter-connecting information of various disciplines. Initially, it focuses on sociological aspects but gradually it also took psychological factors. It aims to improve the quality of life of the people and help them in achieving their full potential by providing psycho-social help. It also helps an individual to adjust to their multiple role and social functions. Every profession has its own philosophy that beliefs in the worth and dignity of every individual regardless of their socio-economic, cultural, and political background.

OBJECTIVES OF THE CONFERENCE

- To provide a platform to promote harmony among the different disciplines,
- To create and add to the existing knowledge fund,
- To cater the opportunity for the professionals in the field of Yoga, Ayurveda, and Social Work,
- To bring and nurture the idea of shared learning through experience,
- To explore various aspects of health for the holistic development of an individual and society, and
- To suggest and make recommendations for policy implications.

SUB-THEMES

- Promoting social health through Yoga, Ayurveda, and Social Work.
- Realizing the role of Yoga, Ayurveda, and Social Work in achieving mental health and well-being.
- Focusing on the relevance of physical health through Yoga, Ayurveda, and Social Work.
- Contribution of Yoga, Ayurveda, and Social Work in attaining emotional/intellectual health.
- Assessing the importance of Yoga, Ayurveda, and Social Work in maintaining spiritual health.
- Emerging recent trends in Yoga, Ayurveda, and Social Work fields.

ORGANISERS

SHRIRAM YOG TRAINING AND RESEARCH SOCIETY, U.P. (INDIA) is a Non-profit yoga organization registered under the Society Registration Act, 1860 and established in the year 2016 with the motive to promote Yogic Wisdom & Vedic Culture for the holistic development of an individual and society.

The aim and objectives of the society are -

- To provide yoga training to school/college/university students.
- To organize yoga shivirs, workshops, seminars in rural areas.
- To provide a platform for the promotion of yoga research through national and international yoga conferences.
- To organize various activities i.e. yoga championship, yoga drawing competition, yoga quiz, and article writing for yoga and health awareness.

THE UNIVERSITY OF LUCKNOW is a century-old university, and the idea of starting a University at Lucknow was first mooted by Raja Sir Mohammad Ali Mohammad Khan, Khan Bahadur, KCIE of Mahmudabad through an article to the columns of English daily newspaper "The Pioneer" urging the foundation of a University at Lucknow. Later Sir Harcourt Butler outlined the proposed scheme for the new university and Lucknow University was established in 1919 as a Unitary, Teaching, and Residential University. On July 17, 1921, the University undertook teaching- both formal and informal in the Faculties of Arts, Science, Commerce, and Law at the Canning College and in the Faculty of Medicine in the King George's Medical College and Hospital. Education in the University of Lucknow is being imparted in the faculties of Arts, Commerce, Education, Law, Science, Fine Art, Management, Ayurveda, and Unani. There are nine specialized institutes/centres viz. Institute of Management Sciences, Tourism Studies, Development Studies, Urban Studies, Women Studies, UGC-SC/ST, OBC, and Minority Coaching Centre, Population Research Centre, Mass Communication Centre, and Bio-informatics Centre.

DEPARTMENT OF SOCIAL WORK is the teaching and research in social work at the University of Lucknow started in the first phase of the development of professional social work education in India. The J.K. Institute of Sociology and Human Relations was established in 1948 under the inspiring leadership and directorship of the doyen of social sciences in India, Late Professor Radhakamal Mukerjee. Under the Institute was designed a Diploma in Social Service in 1949, a two-year Master's Programme in 1952, and the degree of Master of Social Technique (MST) in 1954, a year later, the nomenclature of MST was changed to Master of Social Work (MSW). In 1956, a composite Department of Sociology and Social Work came up which was again bifurcated in 1972 to create an independent Department of Social Work. The Department has produced a large number of professionals, many of whom are occupying senior positions in the Government's social welfare sector, in the public and private sector of industry, in social work academics, and in other allied professions in India and abroad. In view of the commendable track record in teaching research, publications, and Innovative field-based programmes and activities; the University Grants Commission recommended the status of first phase of Centre for Advanced Studies in Social Work under the Special Assistance Programme for a period of five years (2009-2014) and further sanctioned the CAS II for a period of five years (2015-2020) and having the status of Centre of Excellence by the U.P Higher Education Council, Department of Higher Education, Government of Uttar Pradesh.

KNOWLEDGE PARTNER

DEV SANSKRITI VISHWAVIDYALAYA, HARIDWAR INDIA (“सा प्रथमा संस्कृतिर्विश्ववारा”)

('A University for the Global, Cultural & Spiritual Renaissance') a non-conventional centre for higher learning, education, and research was established in 2002 in Haridwar, Uttarakhand at the foothills of the Himalayas in the vicinity of the holy Ganges. The University is surrounded by lush Himalayan vegetation, the campus is spread over 76 acres of land and is equipped with excellent infrastructure and dedicated faculty, staff, and knowledge-seeking students, and the University is duly recognized by the UGC, New Delhi, India, certified by ISO 9001:2015, accredited by NAAC and is privately financed by Shri Vedmata Gayatri Trust, Shantikunj, a renowned socio-spiritual organization.

NATIONAL ASSOCIATION OF PROFESSIONAL SOCIAL WORKERS IN INDIA (NAPSWI)

is a non-profit, non-political, national-level organization dedicated to the promotion of standards and enhancement of the status of the social work profession. NAPSWI is one of the largest associations of social work professionals in India. NAPSWI was born in 2005, following the concerns of professional social workers to cater to the need of having an organization at the national level. Since its inception, it has been making attempts to bring professional social workers on one platform so that a collective identity of the profession could emerge. NAPSWI intends to fulfill the twin purposes of promoting the social work profession within the country together with safeguarding and protecting the interests of social work professionals.

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GUIDELINES FOR ABSTRACT/ FULL PAPER

Details	Abstract Submission	Full Paper Submission	Poster
Length	300-500	3000-5000	You are advised to make a poster for presentation. (size- 36''x 48'' inches).
Font	Times New Roman	Times New Roman	
Font Size	12	12	
Spacing	1.5	1.5	
Referencing Style	APA 6 th Edition	APA 6 th Edition (End Note only)	
Keywords	3-5	3-5	
Last Date	12 th December 2021	15 th December 2021	15 th December 2021

REGISTRATION

Registration will be confirmed only in receipt of full payment. While we encourage you to make online payments through the website only, in case you are not able to do so, please contact the Department. Only Bank Demand Draft or NEFT/RTGS in favor of **'Head, Department of Social Work, Lucknow University** will be accepted. Electronic/Telegraphic Transfers will be accepted to the account listed next page -

1.	Name of A/c Holder	HEAD, DEPARTMENT OF SOCIAL WORK, LUCKNOW UNIVERSITY
2.	Name of the Bank	Indian Overseas Bank BSIP Branch, University Road, Lucknow
3.	Bank A/c No.	187301000002029
4.	Bank IFSC	IOBA0001873

REGISTRATION FEE

Category	Early Bird Registration (12 December, 2021)	Late Registration (UPTO 15 th December, 2021)
UG/PG Students	Rs.300.00	Rs.500.00
Research Scholars (M.Phil./Ph.D./PDF)	Rs.500.00	Rs.700.00
Academicians & Practitioners	Rs.700	Rs.1000.00
Foreign Delegate	\$50	\$50

NOTE

- The abstract, as well as full paper, must include: a) Title of the paper, b) Author's Name, c) The designation, d) Institutional Affiliation, e) E-mail address
- In the case of joint authorship, every author must register for participation in the conference.
- No kit will be provided in 'on the spot registration.

TRAVELLING ALLOWANCE AND HOSPITALITY

The participants are advised to arrange their traveling expenses from their respective institutions. The organizing committee shall provide modest arrangements (chargeable) for boarding and lodging on sharing basis in the University Guest House/Transit Hostel for outstation participants only after receiving the confirmation of participation well in advance.

WHERE TO SEND

The participants are requested to send payment receipts to **yogaconference.sypas@gmail.com**. without payment receipt, the abstract will not be considered.

The registration / abstract submission link https:

<https://forms.gle/LEt6GncW78SeUWCv9>

The participants are requested to send their full paper/poster relevant to the sub-themes of the conference on the **email: yogaconference.sypas@gmail.com** latest by **15 December 2021**.