## **UNIVERSITY OF LUCKNOW**

### FACULTY OF YOGA AND ALTERNATIVE MEDICINE

#### **PROGRAMME OF EXAMINATIONS DECEMBER-2021**

## B.A./B.Sc. Yoga, Semester –I (Regular, BP/IMP)

TIME ALLOWED: 3 HOURS			TIMINGS: 09.00 A.M. TO 12.00 Noon
DATE	Paper Code	Paper	PAPER TITLE
18.04.2022	BYCT-101	Ι	Foundation of Yoga
20.04.2022	BYCT-102	II	Human Anatomy and Physiology-I
22.04.2022	BYCT-103	III	Yoga Practicum-I
25.04.2022	BYCT-104	IV	Anatomy and Physiology Practicum-I
27.04.2022	BYCT-105	V	Environment Studies and Yoga
29.04.2022	BYCT-106	VI	Practice of Yogasana (Co-Curricular)

# PG. Diploma Naturopathic Sc. & Yoga (Add on) , Semester –I ( Examination 2019) (BP/IMP/Exempted)

TIME ALLOWED: 3 HOURS		TIMINGS: 09.00 A.M. TO 12.00 Noon
DATE	Paper	PAPER TITLE
18.04.2022	I	Basic Principles and Philosophy of Naturopathy
20.04.2022	II	Elementary Anatomy Physiology and Pathology
22.04.2022	III	Therapies Employed in nature cure
25.04.2022	IV	Philosophy and Principle of Yoga
27.04.2022	V	Social culture Dimension of Health
30.04.2022	VI	Practical & Vova-Voce

Note: (a) University reserves the right to change the schedule as per organizational requirements.

(b) Students are advised to remain updated on the L.U. website <u>www.lkouniv.ac.in</u> for any changes in the schedule.

-sd-(Prof. Naveen Khare) Prof. Incharge Faculty of Yoga & Alternative Med. University of Lucknow,

Controller of Examinations University of Lucknow, Lucknow

Dated: 09.04.2022

# **UNIVERSITY OF LUCKNOW**

### FACULTY OF YOGA AND ALTERNATIVE MEDICINE

#### **PROGRAMME OF EXAMINATIONS DECEMBER-2021**

## M.A./M.Sc. Yoga, Semester –I (Regular, BP/IMP)

TIME ALLOWED: 3 HOURS		TIMINGS: 09.00 A.M. TO 12.00 Noon
DATE	Paper Code	PAPER TITLE
18.04.2022	YOG CC-101	Fundamental of Yogic Science
20.04.2022	YOG CC-102	Human Anatomy and Physiology
22.04.2022	YOG CC-103	Yoga Theory and Practice-I
25.04.2022	YOG CC-104	Indian Philosophy and Yoga
27.04.2022	YOG CC-105	Patanjala yoga Darshan
29.04.2022	YOG VC-101	Yoga and Mental Health

## PG. Diploma Yoga, Semester –I (Regular/BP/IMP/Exempted)

TIME ALLOWED: 3 HOURS		TIMINGS: 09.00 A.M. TO 12.00 Noon
DATE	Paper Code	PAPER TITLE
18.04.2022	PGDY-101	Foundation of Yoga
20.04.2022	PGDY-102	Patanjal Yoga Darshan
22.04.2022	PGDY-103	Elementary, Anatomy & Physiology
25.04.2022	PGDY-104	Philosophy of Naturopathy
27.04.2022	PGDY-105	Practice of Yoga
30.04.2022		Practical & Vova-Voce

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