



SECOND FOUNDATION DAY CELEBRATION-2022

Of



University of Lucknow

COUNSELLING AND GUIDANCE CELL (CGC), UNIVERSITY OF LUCKNOW

In association with

MAHATMA GANDHI ANTARRASHTRIYA ROJGAAR ADHAYAN PEETH
(MGARAP), UNIVERSITY OF LUCKNOW

POSTER MAKING

RULES:

1. All interested participants may register through the link mentioned below.
2. Participants are required to make Handmade Posters individually.
3. The poster should be made on the standard size chart paper.
4. They can use sketch pens, poster colors, markers etc.
5. Each participant has to write his/her name, course/class, year/semester on the right bottom of the poster.
6. Each participant has to upload a sample image of a handmade poster along with his or her registration.
7. Decision of the panel of experts will be final.
8. The selected participants will be added to a Whatsapp group.
9. Actual Posters will be Submitted at CGC at Happy Thinking Lab, ONGC Building after 2nd November. Best 3 posters will be awarded. All other participants will be provided Participation Certificates.
10. All interested students kindly register below latest by 15th November 2022.

<https://docs.google.com/forms/>

Date: IIIrd Week of November

Theme: Know Yourself-"Who Am I"

“CGC is making an effort to nurture student’s mental health by connecting with their own selves. Successful steps towards career and life can be taken only by being aware about one’s weakness and strength which may facilitate making efforts to convert challenges into opportunities.



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SPEECH COMPETITION

Date: IIIrd Week of November

Theme: Know Yourself-"Who Am I"

RULES:

1. All interested participants may register through the link mentioned below.
2. Speeches can be in Hindi or English.
3. Work must be original.
4. Each participant has to upload three minute video on the theme along with his or her registration.
5. Selected participants will be added to a whatsapp group.
6. Decision of the panel or experts will be final.
7. Time limit to deliver the speech will be 5 minutes maximum.
8. Judges will assess a contestant's speech through manner, matter, and method.
9. Best 3 speeches will be awarded. All other participants will be provided participation certificates.
10. All interested students kindly register below latest by 15th November,2022

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CREATIVE WRITING

Date: IIIrd Week of November

RULES:

1. All interested participants may register through the link mentioned below.
2. Creative write ups need to be in English and must have a heading.
3. Creative write ups must be fewer than 2,000 words in length.
4. Work must be original.
5. Each participant has to upload a typed sample write up along with his or her registration.
6. The selected participants will be added to a Whatsapp group.
7. Decision of the panel or experts will be final.
8. Best 3 write ups will be awarded. All other participants will be provided participation certificates.
9. All interested students kindly register below latest by 15th November, 2022

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In case of query please contact Coordinator

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