

UNIVERSITY OF LUCKNOW, LUCKNOW

Faculty of Yoga and Alternative Medicine

PROGRAMME OF ODD SEMESTER EXAMINATIONS-2022

B.A./B.Sc. Yoga, Semester-I, (Regular/Back Paper/Improvement)

(Second Campus)

Time Allowed: 3 Hours

Time: 9:00 AM – 12:00 PM

Theory Papers

Title of Paper	Paper Code	Date
Foundation of Yoga	BYCT 101	24.03.2023
Human Anatomy & Physiology I	BYCT 102	27.03.2023
Environmental Studies & Yoga	BYCT 105	29.03.2023
Practice of Yogasan [MM 50 (35+15)], 2 Credits Theory Only	BYCC 106	01.04.2023

B.A./B.Sc. Yoga, Semester-III, (Regular/Back Paper/Improvement)

Time Allowed: 3 Hours

Time: 9:00 AM – 12:00 PM


Theory Papers

Title of Paper	Paper Code	Date
Introduction to Hath Yoga	BYCT-301	23.03.2023
Yoga and Holistic Health	BYCT-302	25.03.2023
Asana and Pranayama (as in Gheranda Samhita)	BYCT-303	28.03.2023
Teaching Methodology for Yoga	BYCT-305	31.03.2023
Practice of Meditation [MM 50 (35+15)] 2 Credits Theory only	BYCC-306	03.04.2023

- Note:** (a) University reserves the right to change the schedule as per organizational requirements.
(b) Students are advised to remain updated on the L.U. website www.lkouniv.ac.in for any changes in the schedule.

-sd/-

(Prof. Naveen Khare)
In-Charge faculty Of Yoga &
Alternative Medicine
University of Lucknow,


14.3.2023.
Controller of Examinations
University of Lucknow,
Lucknow

Dated: 14.03.2023

UNIVERSITY OF LUCKNOW, LUCKNOW

Faculty of Yoga and Alternative Medicine

PROGRAMME OF ODD SEMESTER EXAMINATIONS-2022

B.A./B.Sc. Yoga, Semester-V, (Regular/Back Paper/Improvement)
(Second Campus)

Time Allowed: 3 Hours

Time: 9:00 AM – 12:00 PM

Theory Papers

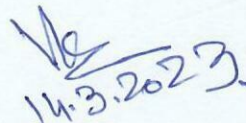
Title of Paper	Paper Code	Date
Basis of Indian Culture	BYCT 501	24.03.2023
Yoga and Human Consciousness	BYCT 502	27.03.2023
Yogic Management of life style related Disorders	BYCT 503	29.03.2023
Diseases of Different systems [MM 50 (35+15)] 2 Credits Theory	BYDSET 504	01.04.2023
Diet Therapy [MM 50 (35+15)] 2 Credits Theory	BYDSET 505	05.04.2023

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