



University of Lucknow

Faculty of Arts

Co-Curricular Courses

Sr.no.	Name of the Department	Title of the Course Semester - I	Title of the Course Semester - III
1-	Arabic	Living Arab World	Introductory Arabic
2-	A.I.H.	Knowing India's Heritage-I	Knowing India's Heritage-II
3-	Defence Studies	—	NCC Training for Air Force/Army and Naval cadets
4-	Economics	Leadership and Personality Development	Communication Skills
5-	English	Communicative English	Indian Knowledge Traditions
6-	English (French)	French Grammar Translation and Composition	—
7-	Geography	Environment and Sustainable Development	—
8-	Hindi	व्यावहारिक हिन्दी	हिन्दी भाषा-लिपि और निबन्ध लेखन
9-	Jyotirvigyan	हस्त अंक ज्योतिष	—
10-	M.I.H.	Cultural Heritage of India (1206-1947)	Women Freedom Fighters of India (1857-1947)
11-	Mathematics	Vedic Mathematics	—
12-	Persian	Introductory Persian	Library Geners and Classical Persian Poets
13-	Philosophy	Yoga : Theory and Practice	Critical Thinking and logical Reasoning
14-	Physical Education	Essentials of Physical Education	Scientific Basis of Physical Education
15-	Political Science	Your Laws, Your Rights	1-The Politics of Environment 2 -Human Rights
16-	Psychology	Holistic Health and Happiness	Self Enhancement Skills
17-	Public Administration	Essence of Good Governance	Organizational Leadership
18-	Sanskrit	संस्कृत प्रबंध	संस्कृत शास्त्र परम्परा

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19-	Urdu	Communicative Urdu	---
20-	Sociology	Report Writing and Presentation Skills-I	Report Writing and Presentation Skills-II
21-	Statistics	CCI-The Science of Happiness and Wellbeing	---
22-	Western History	Understanding West & South East Asia (19 th to 20 th century)	---
23-	Institute of Women Studies	1-Introduction to Gender Studies 2-Transgender & Society	Gender Violence and Mental Health

Faculty of Commerce

Sr.no.	Name of the Department	Semester in which course offered	Co-Curricular Course (ongoing)
1-	Department of Applied Economics	B.Com 1 st Semester	Environment and Sustainable Development
2-	Department of Business Administration	B.Com 1 st Semester	Personality Development and Grooming
3-	Department of Commerce	B.Com 1 st Semester	Leadership and Personality Development
4-	Department of Applied Economics	B.Com 3 rd Semester	Self Enhancement Skills
5-	Department of Business Administration	B.Com 3 rd Semester	Interview Preparation and Planning
6-	Department of Commerce	B.Com 3 rd Semester	Organisational Leadership

Faculty of Science Semester I

Sr.no.	Co-Curricular Course Title	Department	Semester
1-	Report writing & presentation Skills I	Zoology	Semester I
2-	Indian Geomorphology	Geology	Semester I
3-	Laboratory Skills in Chemistry	Chemistry	Semester I
4-	Bonsai Cultivation	Botany	Semester I
5-	The Science of Happiness and Wellbeing	Statistics	Semester I

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6-	Effective Science Communication	Physics	Semester I
7-	Vedic Mathematics	Mathematics	Semester I
8-	Internet Primer	Computer Science	Semester I
9-	Bio- Chemistry and Beyond I	Bio-chemistry	Semester I

Semester III Co-Curricular Courses

1-	Food Nutrition and Health Practice	Zoology	Semester III
2-	Planetary Geoscience	Geology	Semester III
3-	Chemistry in Daily Life	Chemistry	Semester III
4-	Gardening And Landscaping	Botany	Semester III
5-	Interview Preparation and Planning	Statistics	Semester III
6-	Indian Knowledge Systems	Physics	Semester III
7-	Microsoft Office	Computer Science	Semester III
8-	Bio Chemistry and Beyond II	Bio Chemistry	Semester III

Institute of Management Sciences
Co-Curricular Courses

Sr. No.	Co-Curricular Course Title	Department	Semester
1-	CC1: Personality Development and grooming	IMS	Semester I
2-	CC 2: Preparation & Planning	IMS	Semester III

Faculty of Yoga

S.No	Course	Semester
1-	Practice of Meditation (Dhyan)	Semester III
2-	Practice of Yogasana	Semester I

Note : NCC can be offered only by students who are enrolled for NCC

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Faculty of Education
Co-Curricular Courses

Sr. No.	Co-Curricular Course Title	Department	Semester
1-	Community Engagement, Library Visit Development, Music, Drama, Craft., Physical Education, Yoga, Disaster Management & Gardening	Education	B.Ed. Semester I
2-	Personality Development & Life Skills	Education	B.Ed. Semester II/III/IV
3-	Yoga & Personality Development/ Communication Skills/ Ethics in Social Media/ Cyber Security	Education	M.Ed. Semester I,II,III and IV
4-	Personality Development / Communication Skills/Ethics in Social Media/ Cyber Security	Education	M.A. Semester II

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