



UNIVERSITY OF LUCKNOW
FACULTY OF YOGA
PROGRAMME OF ODD SEMESTER EXAMINATION-2023

M.A./M.SC YOGA SEMESTER-I
(Regular/Back Paper/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 09.00 A.M. To 12.00 Noon

| DATE | PAPER | PAPER TITLE |
|------------|-----------|-------------------------------|
| 08.01.2024 | YOGCC-101 | Fundamental of Yogic Sciences |
| 10.01.2024 | YOGCC-102 | Human Anatomy and Physiology |
| 12.01.2024 | YOGCC-103 | Yoga Theory and Practice-1 |
| 16.01.2024 | YOGCC-104 | Indian Philosophy and Yoga |
| 18.01.2024 | YOGCC-105 | Patanjala Yoga Darshan |
| 20.01.2024 | YOGVC-101 | Yoga & Mental Health |

M.A./M.SC YOGA SEMESTER-III
(Regular/Back Paper/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 09.00 A.M. To 12.00 Noon

| DATE | PAPER | PAPER TITLE |
|------------|------------|--|
| 09.01.2024 | YOGCC-301 | Yoga in Bhagwat Geeta |
| 11.01.2024 | YOGCC-302 | Research and Statistical Methodology in Yoga |
| 13.01.2024 | YOGCC-303 | Yoga Theory and Practice-3 |
| 17.01.2024 | YOGEL-302B | Yoga and Value Based Education |
| 19.01.2024 | YOGIEF-301 | Diet, Nutrition & Herbal Medicine |

- Note:** (a) University reserves the right to change the schedule as per organizational requirements.
(b) Students are advised to remain updated on the L.U. website www.lkouniv.ac.in for any changes in the schedule.

-Sd/-
(Prof. A. K. Sonker)
Dean
Faculty of Yoga & Alternative
Medicine
University of Lucknow,

Dated: 30.12.2023

20.12.2023
Controller of Examination
University of Lucknow,
Lucknow