



UNIVERSITY OF LUCKNOW
FACULTY OF YOGA & ALTERNATIVE MEDICINE
 Revised PROGRAMME OF EVEN SEMESTER EXAMINATION 2024

B.A./B.Sc. YOGA SEMESTER-II
 (Regular/Back Paper/Improvement)

TIME ALLOWED: 3 HOUR

TIMINGS: 09.00 A.M. TO 12.00 Noon.

DATE	PAPER CODE	PAPER TITLE
06.05.2024	BYCT -201	Patanjala Yoga Darshan
10.05.2024	BYCT -202	Human Anatomy and Physiology-II
17.05.2024	BYCT -205	Environmental Hazards and Yoga
24.05.2024	BYVC -206	Yogic Diet and Nutrition

B.A./B.Sc. YOGA SEMESTER-IV
 (Regular/Back Paper/Improvement)

TIME ALLOWED: 3 HOUR

TIMINGS: 09.00 A.M. TO 12.00 Noon.

DATE	PAPER CODE	PAPER TITLE
08.05.2024	BY-CT-401	School of Yoga
15.05.2024	BY-CT-402	Shatkarm, Mudra and Bandha (as in Gherenda Samhita)
22.05.2024	BY-CT-403	Essence of Bhagavad Geeta
27.05.2024	BY-CT-405	Basis of Yoga Therapy
29.05.2024	BY-VC-406	Accupressure Therapy

B.A./B.Sc. YOGA SEMESTER-VI
 (Regular/Back Paper/Improvement)

TIME ALLOWED: 3 HOUR

TIMINGS: 09.00 A.M. TO 12.00 Noon.

DATE	PAPER CODE	PAPER TITLE
06.05.2024	BYCT601	Yoga and Human Values
10.05.2024	BYCT602	Research Methodology & Statistics
17.05.2024	BYCT603	Applied Yoga (Elective) or Diseases of Different System (Elective)

Note: (a) University reserves the right to change the schedule as per organizational requirements.

(b) Students are advised to remain updated on the L.U. website www.lkouniv.ac.in for any changes in the schedule.

-sd-

(Prof. Ashok Kumar Sonkar)
 Dean
 Faculty of Yoga & Alternative Med.
 University of Lucknow

15/5/2024
 Controller of Examination
 University of Lucknow
 Lucknow

Dated:-01.05.2024



UNIVERSITY OF LUCKNOW
FACULTY OF YOGA & ALTERNATIVE MEDICINE
Revised PROGRAMME OF EVEN SEMESTER EXAMINATION 2024

M.A./M.Sc. (Yoga) SEM-II
(Regular/B.P./Improvement)

TIME ALLOWED: 3 HOUR

TIMINGS: 09.00 A.M. TO 12.00 Noon.

DATE	PAPER	PAPER TITLE
06.05.2024	YOGCC-201	Human Consciousness
10.05.2024	YOGCC-202	Science of Soul
17.05.2024	YOGCC-203	Yoga Theory and Practice-II
24.05.2024	YOGCC-204	Yoga in Upanishad
27.05.2024	YOGCC-205	Hath Yoga
30.05.2024	YOGCC-206	Yoga ang Health

M.A./M.Sc. (Yoga) SEM-IV
(Regular/B.P./Improvement)

TIME ALLOWED: 3 HOUR

TIMINGS: 09.00 A.M. TO 12.00 Noon.

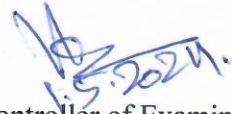
DATE	PAPER	PAPER TITLE
08.05.2024	YOG CC-401	Yoga : A Management of Health & Diseases[
15.05.2024	YOGEL-401A YOGEL-401B	Teaching & Methods in Yoga (Elective) or Reflexology Exercise & Massage Therapy (Elective)
22.05.2024	YOGEL-402A YOGEL-402B	Yoga & Personality Development (Elective) or Applied Psychology & Yogic Counselling (Elective)
27.05.2024	YOGIRA-401	Dignostic Methods & Management of Diseases through Naturopathy

- Note: (a)** University reserves the right to change the schedule as per organizational requirements.
(b) Students are advised to remain updated on the L.U. website www.lkouniv.ac.in for any changes in the schedule.

-sd-

(Prof. Ashok Kumar Sonkar)
Dean
Faculty of Yoga & Alternative Med.
University of Lucknow

Dated:-01.05.2024


15.5.2024.
Controller of Examination
University of Lucknow
Lucknow 6115724



UNIVERSITY OF LUCKNOW
FACULTY OF YOGA & ALTERNATIVE MEDICINE
Revised PROGRAMME OF EVEN SEMESTER EXAMINATION 2024

PG Diploma in Yoga, Sem-II
(Regular/Back Paper/Improvement)

TIME ALLOWED: 3 HOUR


TIMINGS: 09.00 A.M. TO 12.00 Noon.

DATE	PAPER	PAPER TITLE
05.05.2024	PGDY-201	Hath Yoga
15.05.2024	PGDY-202	Yoga and Personality Development
22.05.2024	PGDY-203	Health and Diseases
27.05.2024	PGDY-204	Therapies of Naturopathy
29.05.2024	PGDY-205	Yoga Therapy

- Note: (a) University reserves the right** to change the schedule as per organizational requirements.
(b) Students are advised to remain updated on the L.U. website www.lkouniv.ac.in for any changes in the schedule.

-sd-
(Prof. Ashok Kumar Sonkar)
Dean
Faculty of Yoga & Alternative Med.
University of Lucknow

Dated:-01.05.2024


15.5.2024
Controller of Examination
University of Lucknow
Lucknow