



UNIVERSITY OF LUCKNOW
FACULTY OF YOGA & ALTERNATIVE MEDICINE
PROGRAMME OF EVEN SEMESTER EXAMINATION 2025

B.A./B.Sc. YOGA SEMESTER-II
(Regular/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 08.30 A.M. TO 11.30 A.M.

DATE	PAPER CODE	PAPER TITLE
16.05.2025	BYCT -201	Patanjala Yoga Darshan
19.05.2025	BYCT -202	Human Anatomy and Physiology-II
23.05.2025	BYCT -205	Environmental Hazards and Yoga
26.05.2025	BYVC -206	Yogic Diet and Nutrition

B.A./B.Sc. YOGA SEMESTER-IV
(Regular/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 08.30 A.M. TO 11.30 A.M.

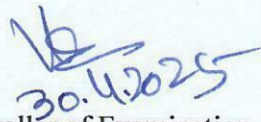
DATE	PAPER CODE	PAPER TITLE
17.05.2025	BY-CT-401	School of Yoga
20.05.2025	BY-CT-402	Shatkarm, Mudra and Bandha (as in Gherand Samhita)
22.05.2025	BY-CT-403	Essence of Bhagavad Geeta
24.05.2025	BY-CT-405	Basis of Yoga Therapy
27.05.2025	BY-VC-406	Acupressure Therapy

Note: (a) University reserves the right to change the schedule as per organizational requirements.

(b) Students are advised to remain updated on the L.U. website www.lkouniv.ac.in for any changes in the schedule.

-sd-
(Prof. Ashok Kumar Sonkar)
Dean
Faculty of Yoga & Alternative Med.
University of Lucknow

Dated: 30.04.2025


30.4.2025
Controller of Examination
University of Lucknow
Lucknow



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PROGRAMME OF EVEN SEMESTER EXAMINATION 2025

B.A./B.Sc. YOGA SEMESTER-VI
(Regular/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 08.30 A.M. TO 11.30 A.M.

DATE	PAPER CODE	PAPER TITLE
16.05.2025	BYCT601	Yoga and Human Values
19.05.2025	BYCT602	Research Methodology & Statistics
23.05.2025	BYCT603	Applied Yoga (Elective) Or Diseases of Different System (Elective)

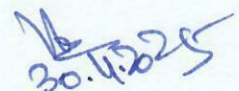
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PROGRAMME OF EVEN SEMESTER EXAMINATION 2025

M.A./M.Sc. (Yoga) SEM-II
(Regular/Back/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 08.30 A.M. TO 11.30 A.M.

DATE	PAPER	PAPER TITLE
16.05.2025	YOGCC-201	Human Consciousness
19.05.2025	YOGCC-202	Science of Soul
22.05.2025	YOGCC-203	Yoga Theory and Practice-II
24.05.2025	YOGCC-204	Yoga in Upanishad
26.05.2025	YOGCC-205	Hath Yoga
28.05.2025	YOGCC-206	Yoga and Health
30.05.2025	YOGVNV-201	Therapies and Nature Cure

M.A./M.Sc. (Yoga) SEM-IV
(Regular/Back/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 08.30 A.M. TO 11.30 A.M.

DATE	PAPER	PAPER TITLE
17.05.2025	YOGCC-401	Yoga: A Management of Health & Diseases
20.05.2025	YOGEL-401A	Teaching Methods in Yoga
	YOGEL-401B	Reflexology Exercise & Massage Therapy
23.05.2025	YOGEL-402A	Yoga & Personality Development
	YOGEL-402B	Applied Psychology & Yogic Counselling
27.05.2025	YOGIRA-401	Diagnostic Methods & Management of Diseases through Naturopathy

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PROGRAMME OF EVEN SEMESTER EXAMINATION 2025

PG Diploma in Yoga SEM-II
(Regular/Back/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 08.30 A.M. TO 11.30 A.M.

DATE	PAPER	PAPER TITLE
17.05.2025	PGDY-201	Hath Yoga
20.05.2025	PGDY-202	Yoga and Personality Development
22.05.2025	PGDY-203	Health and Diseases
24.05.2025	PGDY-204	Therapies of Naturopathy
26.05.2025	PGDY-205	Yoga Therapy

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