Youth Development Session on "Dream It Achieve It" Department of Statistics & Counselling and Guidance cell, University of Lucknow 22nd June, 2021

YGPT has organized an online session on career counselling in collaboration with counselling and guidance cell, University of Lucknow and Department of Statistics, University of Lucknow under the guidance of Dr. Madhurima Pradhan, and Dr. Rajeev Pandey. The program was hosted by Dr. Shambhavi Mishra, she introduced us with the Guest Speaker Ms. Anuradha Bhatkar and other speakers. Prof. Madhurima Pradhan, Director of Counselling and Guidance cell briefed us on how along with career building, enhancing the psychological immunity is of much importance and mentioned the famous quote of our Former President Dr. A.P.J. Abdul Kalam "Dream is not that which you see while sleeping, it is something that does not let you sleep". The Program was taken forward by our guest speaker *Ms. Anuradha Hemant Bhatkar*. She is accosiated with YGPT since last five years and has delivered many motivational lectures at various MNC's and Colleges. She also performed an activity with all students and made us recognise our dreams and then mentioned the differences between the Goal and a Dream. She said, "Accomplishing small and consistent goals will help in achieving the Big Dream". We got to know about the five year plan that is *what, why, till when, with whom and how.* She, at last had a good interactive session with the students and faculty members and prayed for each one of us.



