



## Department of Psychology

in collaboration with

### Sujav Foundation

organises an

Awareness programme on

# *World Autism Awareness Day*

## **THEME: Inclusion of All in Education**

### Resource person

Mrs. Swati Sharma

Founder & Director

Rainbow Society for Differently Abled

## Special Guests

Dr. Akshay Singh

MD

Psychiatry

Ms. Seema Rahman

Founder

Sujav Foundation

**Date: 2nd April, 2022**

**Time: 2-4 p.m.**

**Venue: Happy Thinking Lab, ONGC Building**

**Prof. Madhurima Pradhan**

**Director**

**Happy Thinking Laboratory**

**University of Lucknow**

**Dr. Archana Shukla**

**HEAD**

**Department of Psychology**

**University of Lucknow**

**Dr. Naghma Javed**

**Subject Expert at Department of Psychology, University of Lucknow**

*Psymposium*

Event Management Team of the Department of Psychology

World Autism Awareness Program organized by the Department of Psychology, University of Lucknow at the Happy Thinking Laboratory

**Autistic children enthrall audience with their dance and music performances on the occasion of World Autism Awareness Day Program**

The Department of Psychology, University of Lucknow in collaboration with Sujav Foundation organized an awareness program on the event of World Autism Awareness Day on 2nd April, 2022 at the Happy Thinking Laboratory, University of Lucknow. The audience witnessed a heartwarming performance by the autistic children from the Sujav Foundation who performed a dance. The guests of honour were Dr. Akshay Singh, MD, Psychiatry and Mrs. Swati Sharma, founder of the Rainbow foundation. In his address to the students, Dr Akshay said, "recognise the symptoms at home because the foundation of all treatment begins with the early diagnosis. The sooner you know it the faster will be the improvement". She discussed the many symptoms of Autism spectrum disorder. "ASD is more commonly found in boys than in girls. It takes time to diagnose the disorder because of limited communication. Children with ASD also find it difficult to transition or adjust".

Ms. Seema Rahman, the co-founder of Sujav Foundation also graced the event with her presence. Her foundation has been playing a monumental role in extending community services to parents and teachers and students through internships and workshops for spreading awareness about psychological issues. Akshar se Varnamala, an initiative of the Sujav Foundation works towards providing education to the underprivileged children. In her words, "Inclusive education is very important for including both neurodivergent and neurotypical students in the same class so they can inculcate the value of acceptance".

Eminent figures such as Dr. Archana Shukla, Head of the Department, Dr. Madhurima Pradhan, Director of Happy Thinking Lab, Dr. Nagma Javed who also happens to be the co-founder of Sujav Foundation, Dr. Megha Singh, were also present in the event.





