



लखनऊ विश्वविद्यालय
University of Lucknow



**Counselling & Guidance Cell,
Happy Thinking Laboratory**

in collaboration with

Department of English and MEL

Invites

**Research Scholars for Orientation & Counselling
Session on**

"Navigating Ph.D. Journey"

Under the Patronage of



Prof. Manuka Khanna
Hon'ble Vice Chancellor



Prof. M. Priyadarshini
Director, HTL



Prof. Vaishali Saxena
Director, CGC



Prof. Nazneen Khan
Head, Department
of English and MEL



Dr. Tanuka Chatterjee
Co-ordinator



Date & Time
27th November 2025
12:30 PM Onwards



Venue
Happy Thinking
Laboratory, ONGC
Building, 3rd floor, LU

Under the patronage of Hon'ble Vice Chancellor, University of Lucknow, Prof. Manuka Khanna, the Happy Thinking Laboratory and Counselling and Guidance Cell hosted an Orientation cum Counselling sessions with the research scholars of Department of English and MEL, UoL. The gathering was convened and graced by Prof. Maitreyi Priyadarshini, Director, Happy Thinking Laboratory, Prof. Vaishali Saxena, Director, Counselling and Guidance Cell and Prof. Nazneen Khan, Head, Department of English and MEL. The colloquy comprised four segments, which opened with a talk on 'My PHD, My Story' presented by Dr. Alok Gaurav, Assistant Professor, Central University of Karnataka, who stressed upon the importance of patience and resilience in the scholar during the journey of a PHD programme. The second segment was an interactive session, delivered by Dr. Tanuka Chatterjee, Department of English and MEL, who also coordinated the event. The third segment was an activity - based session, which gauged the mental preparedness of the research scholars. The final session was made vibrant by highly engaging stories of critical self - reflection shared by the scholars.





Attendance

27/Nov/25 Research Scholars for Orientation & Counselling Session on "Navigating Ph.D. Journey" Department of English and M.E.L.

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