

Payment Details

1. Online Transfer By RTGS/NEFT/Any other mode*, Fee can be deposited in the account from any branch to following address:

Bank - UCO Bank
Branch- Lucknow University, Lucknow
Name – Dr. Neeraj Jain, Convener
A/C No – 00600110216408
IFSC Code – UCBA0000060
MICR Code – 226028009

2. Registration fees may be deposited through CASH on all working days in the Department of Physical Education, University of Lucknow, Lucknow.

for more details kindly login- www.lkouniv.ac.in

CONVENER

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CO-CONVENERS

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Mr. Ganesh Shanker Pandey (+91 - 9473631931)

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Dr. Devesh Singh Yadav
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Ankur Pratap Singh
Rahul Kumar
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Abhishek Dwivedi
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INTERNATIONAL SEMINAR On



UTILITY OF PHYSICAL EDUCATION, FITNESS, WELLNESS, AND HEALTH IN PRESENT SCENARIO



18th -20th October 2019

Sponsored by
DEPARTMENT OF HIGHER EDUCATION
UTTAR PRADESH



Organized by
Department of Physical Education
University of Lucknow, Lucknow, U.P., India

In Association with :
INTERNATIONAL FEDERATION OF PHYSICAL EDUCATION,
FITNESS AND SPORTS SCIENCE ASSOCIATIONS

Venue

MALVIYA HALL
University of Lucknow, Lucknow -226007
www.lkouniv.ac.in

ABOUT UNIVERSITY OF LUCKNOW

University of Lucknow or Lucknow University (LU) is a government owned Indian research university based in Lucknow. LU's old campus is located at Badshah Bagh, University Road area of the city with a new campus at Jankipuram. Founded in 1867, LU is one of the oldest government owned institutions of Indian higher education. LU is a teaching, residential and affiliating University, organised into more than 146 colleges, and institutes, located throughout the city and other surrounding areas.

About Lucknow

Lucknow is a Metro city known for culture of Tahjeeb, also known as City of Nawab and capital of Uttar Pradesh, one of the several states of India.

CHOUDHARY CHARAN SINGH INTERNATIONAL AIRPORT

Lucknow Airport is an International Airport and has almost 20 Km. distance from Lucknow University Campus. The Metro service is available between Airport and Lucknow university campus which took 20 minute to reach campus. The foreign delegates can go for Immigration directly or via Delhi based on International flight services.

VISA

Visa is sole responsibility of the foreign Delegates. The Organiser/ Convener will provide letter and accommodation confirmation letter for Participation in this Seminar. The Foreign delegates must apply in time for getting visa. Visa on arrival to India, Please read the instructions clearly and for Visa on Arrival to India and how many months between each visits in a year.

ADROIT SPEAKER AND DELEGATES

Dr.Virendra Singh, Indian Embassy School, Jeddah,saudi Arabia
Dr. Kaukab Azeem, Chief Editor, International Federation For Fitness, Health, Physical Education And Iron Games,saudi Arabia
Dr.Pinar Yaprak Kemaloglu, Gazi University, Ankara, Turkey
Dr. Michiko S. Aseron, College of Human Kinetics,Philippines

Dr. Siti Baitul, Semarang State University , Jawa, Indonesia
Dr. Nguyen Tra Giang, Ton Duc Thang University, Vietnam
Dr. T.J. Rosandich, United States Sports Academy, United States
Prof. Henry C. Daut, Philippine Sports Institute, Philippines
Dr. Packianathan Chelladurai, Troy University, Canada
Dr Lim Boon Hooi, University of Malaya, Malaysia

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Prof. S.C. Mishra, Principal, Badri Vishal P.G. College, Uttar Pradesh
Prof. Henry C. Daut, Philippine Sports Institute, Philippines
Dr Lim Boon Hooi,University of Malaya,Malaysia

INTRODUCTION ABOUT THE SEMINAR

The aforesaid theme is concerned with multidimensional development approach to physical education where a discussion upon various sects aims at overall gain to subject of most concern in today's context. The wellness of people is based on information they got from sources. It is the discretion of human existence which focused upon need of necessary thing means people never bothered about such thing having unnecessary status as in his perspective. The most famous proverb "Necessity is the mother of invention" tells a lot about human mind expansion i.e. explanation of various utility of physical education, fitness, wellness, health to people by awaring the different aspects of physical education and to become healthy.

ABOUT THE DEPARTMENT

The Department of Physical Education was established in 1978 under the faculty of Arts. The courses are running in the department B.A./B.Sc., B.P.Ed., M.P.Ed., M.Phil. & Ph.D. The department is heading under the noble guidance of Prof. P.C. Mishra and Eight Young Energetic Faculty Members, here it is very important to mention that classes starts at 05:30 AM sharp. The Department has Air Conditioned class rooms, L.C.D. Projector, Wireless Fidelity, Internet Facility, K-Yan (An IIT Mumbai Patent, an Ultra Modern Device) and Biometric Attendance. The Chatrapati Shiva ji sports ground of the Department having multi- sports and general equipments used during teaching and playing. The Department has very rich Library. Sixteen students of the department were of International repute comprising : Swati Singh (Bronze medalist in Power Lifting at CWG 2014, Glasgow), Ravikant Shukla (Junior Indian World Cup Cricket Team Captain 2002), Rajdhar Mishra (Silver Medalist in 2002 CWG, Seoul), Rahul Shukla (Silver Medalist in Asian Powerlifting Championship, Uzbekistan,2004)

Call for Papers:

The Organizing Committee invites Oral and Poster Presentations On the above themes and Sub- themes.

Theme

UTILITY OF PHYSICAL EDUCATION, FITNESS, WELLNESS, AND HEALTH IN PRESENT SCENARIO

Sub – Themes

- 1) Aerobics as a Strong Medium of Fitness and Wellness in Physical Education.
- 2) Biomechanical Sports Application excels the outcome efficiently.
- 3) Is Materialism only way to boost sports in the World?
- 4) Viability of Yoga as a mode of Sports and Remedies of Deformities.
- 5) Specificity of sports training.
- 6) Application of soul of standardized sports test i.e. Motor Fitness, Physical Fitness and skill test.
- 7) Challenges for Athletes while adopting latest technological advancement.
- 8) Talent Identification through Sports Journalism and mass media.
- 9) Prevention of sportsperson's Drug addiction through Physiotherapy.
- 10) Environment affects the Performance.
- 11) Role of Sports Women in the field of Physical Education.
- 12) Contribution of Disabled in Indian Sports.

THE FULL PAPERS SHOULD INCLUDE THE FOLLOWING STRICT NORMS:

- | | | | |
|---------------------------|-----------------|-------------------------|----------------|
| 1) Abstract 250-300 words | 2) Introduction | 3) Purpose of the Study | 4) Methodology |
| 5) Results | 6) Discussion | 7) Conclusion | 8)Reference |

The full paper must consists of Aerial Font 12, Author Name in Arial Font 11, Institution Name in Arial Font 10 and full text in font 10 and not more than 03 pages in A4 size letter. Tables and Graphs: must be in black and white 9 pt with presenting a heading placed at the top of the figure.

Reference: 3-10 references maximum in alphabetical order for all papers.

The full papers must be submitted not more than **03 pages in A4 size letter in font 10** to following **IMPORTANT DATES and EMAIL Address -**

Last Date of Submission of Full Paper – 10 September 2019

Acceptance of the papers – 15 September 2019

Paper Submission Email Address – **GANESHPANDEY284@GMAIL.COM**

All the Papers are reviewed and acceptance letter will be issued after receiving the papers from the Authors. The selected papers shall be published in Proceedings and UGC referred Journal having ISSN Number.

DETAILS OF REGISTRATION FEE*

Category	Till 30th September	Since 01st October
International Delegates	400 USD (Accommodation)	450 USD (Accommodation)
Faculty	₹ 3000	₹ 3500
Research Scholar	₹ 2500	₹ 3000
Local Students	₹ 2000	₹ 2500
Alumni & NRI Students	₹ 4000	₹ 4500

* Registration fee includes Registration fee, certificate, food and refreshments at the venue. All the **foreign delegates** must pay the registration fees on arrival but they must confirmation their participation early and rates will be charged as per the dates of the confirmation.

REGISTRATION FORM

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.....S/o, D/o.....

Designation:

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Institutions/Organization:

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Title of The Paper:

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Authorized Signatory