



Counselling and Placement Cell
University of Lucknow, Lucknow

WEBINAR

ON CAREER COUSELLING FOR MANAGING CAREER ANXIETY DURING COVID-19

LOCKDOWN AND THEREAFTER

(APRIL 13 TO 19, 2020)

e-Time Table

S.No.	Session & Speaker	for students of Faculty of	Date & Time
1.	a. "Managing Career Anxiety during COVID-19 Lockout and Thereafter" By Prof. M, Pradhan Additional Director, CPC and Head, Dept of Psychology, LU b. Q&A session by CPC Team (Prof. M. Lall, Dr. A. K. Singh, Dr. V. Saxena, Dr. S. Srivastava)	Commerce	13/04/20 4.45- 5.00 p.m. 5.00-5.30 p.m.
2.	a. "Career and Personality Development" By Abha Joshi CORPORATE EXPERT b. Q&A session by CPC Team (Prof. M. Lall, Prof. Gauri.Prof. M. Pradhan, Prof. S. K. Jaiswal)	Arts	14/04/20 2.00-2.45 p.m. 2.45-3.30 p.m.
3	a. "Career and Soft Skills" By Ms. Jyotsana Wadia Corporate Advisor To Top Corporates b. Q&A session by CPC Team (Prof. M. Lall, Dr.A.K.Singh,.Prof. M. Pradhan, Dr. V. Saxena)	Arts	15/03/20 2.00-2.45 p.m. 2.45-3.30 p.m.
4.	a. "Stay Positive & Motivated during COVID-19 Lockout " By Vaishali Saxena Additional Director, CPC b. Q&A session by CPC Team (Prof. M. Lall, Prof. Gauri.Prof. Madhurima Pradhan, Dr. V. Saxena,)	Commerce	16/03/20 1.00-1.45 p.m. 1.45-2.30 p.m.
5.	a. "Managing Career Anxiety during COVID-19 Lockout and Thereafter" By M.Lall Director, CPC b. Q&A session by CPC Team (Prof. M. Lall, Prof. Gauri.Prof.	Science	17/04/20 1.30-2.00 p.m



	Madhurima Pradhan, Dr. V. Saxena)		2.00-3.00 p.m.
6.	(I) a. "Career and Soft Skills" By Dr, A. K. Singh Additional Director, CPC b. Q&A session by CPC Team (Prof. M. Lall, Prof. Gauri. Prof. Madhurima Pradhan, Dr. V. Saxena, Dr. S. Srivastava)	Science	18/04/20 1.30-2.00 p.m 2.00-3.00 p.m.
7	(II) a. "Skill Development and Entrepreneurship – Need of the Hour" By Dr. Sunita Srivastava Additional Director, CPC b. Q&A session by CPC Team (Prof. M. Lall, Dr. A.K. Singh, Dr. V. Saxena)	Commerce	19/04/20 4.30-5.00 p.m. 5.00 -5.30 p.m

Prof. Madhurima Lall
Director, CPC, LU