



# University of Lucknow, Lucknow



Counselling and Placement Cell

**COMMUNITY AWARENESS PROGRAM FOR STUDENTS AND TEACHERS**

## PROGRAMME SCHEDULE

Date and Time	College	Topic	Guest Speaker
<b>WEBINAR 1</b> 9 <sup>th</sup> May, 2020 at 12.00 noon	Shia Post Graduate College	Corona Virus Pandemic – Modes of Transmission and Spread, Biology of the Virus, Mechanism of Infection, World wide status, Vaccination and Treatment	<b>Prof. Sudhir Mehrotra</b> Dept of Biochemistry, University of Lucknow
<b>WEBINAR 2</b> 11 <sup>th</sup> May, 2020 at 12.00 noon	Shri Guru Nanak Girls College	The Pathway of Happiness – A Practical Approach	<b>Prof. Anil Mishra</b> Dept of Chemistry University of Lucknow
<b>WEBINAR 3</b> 12 <sup>th</sup> May, 2020 at 12 noon	Mahila Vidyalaya PG College	Overcoming the Stress Disease Connection – A Practical Approach	<b>Prof. Anil Mishra</b> Dept of Chemistry University of Lucknow
<b>WEBINAR 4</b> 18 <sup>th</sup> May, 2020 at 12 noon	I.T. College	Healthy India Happy India	<b>Prof. Anil Mishra</b> Dept of Chemistry University of Lucknow
18 <sup>th</sup> May at 1.00 pm	I.T. College	The Impact Of Covid 19 On Indian Economy	Prof. MadhurimaLall, Dept of Applied Economics University of Lucknow



लखनऊ विश्वविद्यालय  
University of Lucknow



विद्यया प्रकाशस्य वर्षशतम्  
A century of leading generations to  
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# Mahila Vidyalaya Degree College

{an Affiliated college of University of Lucknow}

In Collaboration with

**Counseling & Placement Cell, University of Lucknow**  
**Webinar on**

***“Overcoming the Stress Disease Connection – A Practical Approach”***

**Guest Speaker**

**Prof. Anil Mishra,**  
Department of Chemistry,  
University of Lucknow

**Tuesday, 12 May, 2020 at 1200hrs**

**Prof. Madhurima Lal**  
**Director**

Counseling & Placement Cell  
University of Lucknow

**Mrs. Nisha Gupta**  
**Principal**

Mahila Vidyalaya Degree College

E-Certificate will be issued to participants on their registered Email-Id

There is no Registration Fee.



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## Webinar 3 Report

Today on 12th, May, 2020 Mahila Vidyalaya Degree College successfully organized an International Webinar in association with Counselling & Placement Cell, University of Lucknow. Theme of the Webinar was "Overcoming the Stress Disease Connection- A Practical Approach"

The guest speaker Professor Anil Mishra, Department of Chemistry, University of Lucknow focused on showing how the stress can cause diseases. Stress weakens our immune system and triggers our thoughts, feelings and actions. He emphasized on very easy practices and very simple ways like conscious breathing, acceptance, gratitude, meditation, smile to be adopted by all to stay fit and to avoid stress.

Prof Madhurima Lall the Director CPC said that this is a webinar series with a motive to reach the wider family of our associated colleges in order to provide a strong psychological support to students as to how they should face this pandemic without any stress and that too remaining happy. This is the top priority of the press scenario.

The Webinar was streamed through Zoom app in which more than thousand national and international academicians, students, delegates and other professionals participated.

Dr. Madhurima Lall, Director, CPC, University of Lucknow and Mrs. Nisha Gupta, Principal, Mahila Vidyalaya Degree College welcomed the participants and appreciated their participation.

Webinar was well attended and participants found the Webinar very fruitful in coping with current Covid-19 situation.

13:30

Voice LTE LTE1 65%



Recording

Neetu Singh



Madhurima Lall



Prof. Anil Mishra



Nisha Gupta



**Univesity of Lucknow, Lucknow**  
**Councelling and Placement Cell**  
**Community Awareness Program for Students and Teachers**  
**May 12, 2020**

Timestamp	Participants Name	Organization
5-10-2020 19:59:22	Dr. Vivek Kumar Mishra	ITM GROUP OF INSTITUTION, LUCKNOW
5-10-2020 20:06:47	Dr. Deepak Sharma	SDSN DEGREE COLLEGE, GOMTINAGAR
5-10-2020 20:06:54	Dr. Vipin Bihari Srivastava	Sherwood College of Professional Management, Lucknow
5-10-2020 20:09:38	Abdullah Hobaib	lucknow university, Faculty of Engineering
5-10-2020 20:10:24	Mateus Do Rosario Buanga Pongo	Lucknow University
5-10-2020 20:14:30	Abdullah Hobaib	Lucknow University
5-10-2020 20:16:41	Abdul Naser Nazari	Lucknow university
5-10-2020 20:17:35	Dr. Sarojini Padhan	AES College, Tarbha, Subarnapur, Odisha
5-10-2020 20:18:22	Madhav Prasad Verma	Basudev Memorial Girls Degree College Lucknow
5-10-2020 20:18:43	SURABHI SRIVASTAVA	Department of Psychology, University of Lucknow
5-10-2020 20:19:02	Dr. A M Saxena	University of Lucknow Lucknow
5-10-2020 20:19:44	Dr. A M Saxena	University of Lucknow Lucknow
5-10-2020 20:21:00	Dr. Qudsia Bano	Mahila Vidyalaya Degree College Lucknow
5-10-2020 20:24:49	Dr. HEMLATA BORA	BASUDEV Memorial Girls degree college lko
5-10-2020 20:25:39	Dr. Pooja Saxena	Basudev Memorial Girls College
5-10-2020 20:26:41	Dr. Usha Rani singh	Mahila vidyalaya degree College Aminabad Lucknow
5-10-2020 20:28:10	Vikas Gautam	Lucknow University
5-10-2020 20:28:55	Dr. Anshu Rajan	Dr. DDI Post-graduate college, Jhansi

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Timestamp	Participants Name	Organization
5-10-2020 20:34:06	Dr. Priyanka Suryavanshi	KMCL State Government University
5-10-2020 20:34:22	Dr. Reema Singh	Institute of medical sciences, Banaras Hindu University
5-10-2020 20:36:44	Abul vafa	Akbari begum college of Education
5-10-2020 20:37:23	DR.HEMLATA BORA	Basudev Memorial Girls degree college lko
5-10-2020 20:38:05	Shailendra kumar srivastava	Basudev memorial girls degree college Lucknow
5-10-2020 20:39:11	Sudarshan singh	D.S.N.P.G.College,Unnao,UP
5-10-2020 20:39:52	Sadhana Saxena	Basudev memorial Girls degree college
5-10-2020 20:39:58	Prasant mishra	Lucknow university
5-10-2020 20:40:06	Dr. Shobhana Nagar	Mahila Vidyalaya Degree College, Lucknow
5-10-2020 20:41:37	Sumitra Tripathi	Basudev memorial girls degree college
5-10-2020 20:43:33	Namrata Singh	Juhari Devi Girls PG College, Kanpur
5-10-2020 20:44:50	Amitesh Kumar Singh	Institute of Teacher Education, Pt. Ravishankar University, Raipur, C G
5-10-2020 20:48:02	Sanoj kumar chauhan	Mahavidyalaya bhatwali bazar (unwal) gorakhpur
5-10-2020 20:51:37	Miss Afsana Khatoon	Akbari Begum college of education chinhat lucknow
5-10-2020 20:52:14	Arshi Ayub Ansari	Mahila Vidyalaya Degree College, Lucknow
5-10-2020 20:54:46	Muhammadullah Rasekh	University of Lucknow
5-10-2020 20:54:47	Dr Neena Srivastava	Mahila Vidyalaya Degree College Lucknow
5-10-2020 20:56:00	Dr. Shazia Hussain	Datta Women's College

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Timestamp	Participants Name	Organization
5-10-2020 20:57:54	Dr. Rosy Kumari	Patna Women's College
5-10-2020 20:59:02	Nishant Kumar Pandey	Hemwati Nandan Bahuguna PG College Lalganj Pratapgarh
5-10-2020 21:00:00	Dr. Anamika Srivastava	H.L.Y.B. PG College
5-10-2020 21:01:06	Dr. Rama Jain	Mahila Vidyalaya degree college Lucknow
5-10-2020 21:02:25	Dr. Rama Jain	Mahila Vidyalaya degree college Lucknow
5-10-2020 21:02:41	Shikhar Kumar	Lucknow University Student
5-10-2020 21:03:23	Nidhi Rai	Digvijay Nath Pg college Gorakhpur
5-10-2020 21:04:07	Dr. Meenu Mishra	Mahila Vidyalaya Degree College,Lucknow
5-10-2020 21:06:08	Nidhi Rai	Digvijay Nath Pg college Gorakhpur
5-10-2020 21:09:43	Priya Yadav	Dayalbagh Educational Institute Agra
5-10-2020 21:11:12	Priya Srivastava	Lucknow university
5-10-2020 21:12:12	Dr Rajesh Kumar	Assistant professor Department of Education SBPG College Dadar Ashram Sikanderpur Ballia U P
5-10-2020 21:15:54	Shambhavi	JD Women's College, Patna
5-10-2020 21:16:05	Dr. Harshita Gupta	KGMU, Lucknow
5-10-2020 21:17:19	Anjali gupta	Mahila college
5-10-2020 21:18:57	Dr Pramila Tiwari	Mahila Vidyalaya Degree college, Lucknow
5-10-2020 21:22:14	Dr ALIYA KHATUN	MTHURA PG COLLEGE, RASRA, BALLIA
5-10-2020 21:25:50	Shikhar Kumar	Mahila vidyalaya degree college

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Timestamp	Participants Name	Organization
5-10-2020 21:26:44	Dr Pallavi Dixit	Mahila Vidyalaya Degree college, Lucknow
5-10-2020 21:27:07	Nishi Gupta	Mahila vidhayala degree college
5-10-2020 21:29:26	Sunita Mishra	BBAU University
5-10-2020 21:30:11	Khwairakpam Sharmila	School of Home Science, Babasaheb Bhimrao Ambedkar University, Lucknow 226025
5-10-2020 21:30:23	Dr. Mohammad Anees	University of Lucknow
5-10-2020 21:30:59	Sunita Mishra	BBAU University
5-10-2020 21:31:51	Mayami Rana	House wife
5-10-2020 21:32:08	Awalkhan watandost	Student of lucknow university
5-10-2020 21:33:31	Jyoti Shikha	KHWAJA MOINUDDIN CHISHTI LANGUAGE UNIVERSITY, LUCKNOW, UTTAR PRADESH
5-10-2020 21:33:42	Purnima Rastogi	Assistant Professor
5-10-2020 21:35:12	Vineeta gautam	College
5-10-2020 21:35:17	Spriha Verma	organising Webinar on "Overcoming The Stress Disease Connection- A Practical Approach" on 12th
5-10-2020 21:35:26	SHEEGUFA INAYAT	Khwaja moinuddin chishti language university, Lucknow
5-10-2020 21:35:46	Neera Nagrath	ANDNNMahavidyalaya harsh nagar kanpur
5-10-2020 21:37:08	Dr Poorva Dubey	Babasaheb bhimrao ambedkar university
5-10-2020 21:37:39	Anushka singh	Bbau lucknow
5-10-2020 21:38:11	Ashish Pratap Singh	RDSJ Law College, Lucknow
5-10-2020 21:38:58	Dr. Deepthi Singh	Mahila Vidyalaya Degree College Lucknow



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Timestamp	Participants Name	Organization
5-10-2020 21:40:09	Runa	Patna Women's College
5-10-2020 21:40:20	Dr. Bhawana Dayal	Babasaheb bhimrao ambedkar university amethi U.P
5-10-2020 21:42:07	Dr Deepti Singh	Mahila vidyalaya degree college lucknow
5-10-2020 21:42:17	Dr Ranjana Agarwal	Mahila Vidhyalaya Degree College
5-10-2020 21:42:44	Sushil kumar dubey, assistant professor, political science	Mathura p g college, rasara, ballia
5-10-2020 21:43:40	Pooja gupta	C r d ph college gorakhpur
5-10-2020 21:50:58	Sushil kumar dubey	Mathura P g college, rasara, ballia
5-10-2020 21:52:54	Deepika Tiwari	Lucknow university
5-10-2020 21:53:24	Suman Madan	VLCC institute of beauty and Nutrition
5-10-2020 21:53:31	Vivek Nanda	University of Lucknow
5-10-2020 21:53:46	Sushil Kumar dubey. Assistant professor, political science	Mathura p g college, rasara, ballia
5-10-2020 21:53:47	Deepak Kumar	Faculty of Management Studies, Veer Bahadur Singh Purvanchal University Jaunpur
5-10-2020 21:54:01	Monika patel	Babasaheb bhimrao ambedkar university, a central university lucknow
5-10-2020 21:54:32	Vaishali Gupta	University of Lucknow
5-10-2020 21:55:04	Chitranjan Tiwari	University of lucknow
5-10-2020 21:55:19	Neha mishra	Bbau
5-10-2020 21:55:57	Abdulaziz Ahmed Mohammed	Lucknow University
5-10-2020 21:57:04	Divyanka Das	CCPCC

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Timestamp	Participants Name	Organization
5-10-2020 21:58:04	Vashvi tiwari	Shuats
5-10-2020 21:58:06	Devendra Srivastava	Student (L.U. Main Campus)
5-10-2020 22:03:25	Priya jadon	Dayalbagh educational institute agra
5-10-2020 22:03:30	Zaara Urouj	Patna University
5-10-2020 22:03:58	Mudita Sriwastwa	University of Lucknow
5-10-2020 22:04:05	Dr Archna Saxena	A.N.D.N Mahila Mahavidyalaya, Kanpur
5-10-2020 22:04:06	Deepa Vinay	GBPANT university of agriculture and technology
5-10-2020 22:04:47	Kritika raj	J.D College Patna
5-10-2020 22:05:57	Kritika raj	J.D College Patna
5-10-2020 22:06:14	Dr Rajkishori Singh	A.N.D college
5-10-2020 22:07:09	Annu Singh	Dayalbagh Educational Institute (Deemed University) Agra, Uttar Pradesh
5-10-2020 22:07:22	Pinki Mishra	Webinar on "Overcoming the Stress Disease Connection – A Practical Approach"
5-10-2020 22:08:24	Dr. Ajay Swarup Saxena	D.A-V College, Kanpur
5-10-2020 22:08:48	Neha Mishra	D A V college Kanpur
5-10-2020 22:08:57	Kritika raj	J.D.College, Patna
5-10-2020 22:09:26	DikshaTiwari	Mahila Vidyalaya Degree College
5-10-2020 22:10:48	Ashok Kumar	Babasaheb Bhimrao Ambedkar University,Lucknow (U.P)
5-10-2020 22:10:50	Ushika Verma	Overcome the stress during lockdown

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Timestamp	Participants Name	Organization
5-10-2020 22:10:58	Dr. Rita Srivastava	A.N.D.N.N.M.Mahavidyalaya, Kanpur
5-10-2020 22:11:41	Jaya Pandey	Mahila Vidyalaya Degree College, Lucknow
5-10-2020 22:13:08	Pragya	Mahila Vidyalaya Degree College
5-10-2020 22:13:37	Hemlata Chand	Dayalbagh Educational Institutions (Deemed University) Agra
5-10-2020 22:15:46	Sonal Prasad	SRMU, Lucknow
5-10-2020 22:18:21	Kritika Mishra	Babasaheb Bhimrao Ambedkar Central University Lucknow
5-10-2020 22:20:02	Hedayatullah	University of Lucknow
5-10-2020 22:20:11	Kritika Mishra	Babasaheb Bhimrao Ambedkar Central University Lucknow
5-10-2020 22:22:01	Haritima Dixit	Modern College of Professional Study ,Mohan Nagar,Ghaziabsd
5-10-2020 22:22:28	Dr.Sandhya sharma	A.N.D. College Kanpur
5-10-2020 22:24:20	DR. MOHAMMAD ABDULRAB SIDDIQUI	BABA RAM DAL SURAJ DEV SMARAK P. G. COLLEGE PAKWAINAR RASRA BALLIA
5-10-2020 22:26:23	Anamika mishra	Mahila vidyalaya degree college
5-10-2020 22:29:05	Ankita Tiwari	Babasaheb bhimrao ambedkar university, lucknow
5-10-2020 22:31:45	Dr.Lt. Anjita Singh	Acharya Narendra Dev Nagar Nigam Mahila Mahavidyalaya Kanpur
5-10-2020 22:31:56	Dr. Rashmi Srivastava	Mahila vidyalaya degree College Lucknow
5-10-2020 22:33:57	Dr. Rashmi Arya	Gautam budhha degree college. Lucknow
5-10-2020 22:36:27	Jitendra Kumar Pal	Vidyant Hindu PG college, University of Lucknow
5-10-2020 22:37:00	Dr. Nidhi Shukla	College of Education, Bilaspur, Greater Noida, G.B.

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Timestamp	Participants Name	Organization
5-10-2020 22:39:57	Shweta mishra	Student
5-10-2020 22:40:02	NAMITA VERMA	Basudev Memorial Girls Degree College,Lucknow (Assistant Professor)
5-10-2020 22:40:27	Shail Verma	Lucknow University
5-10-2020 22:42:42	Mantasha khan	mahila vidyalaya degree college Overcoming the street disease connection a practical approach
5-10-2020 22:45:36	Veeraang Singh Pal	University of lucknow
5-10-2020 22:47:19	Neha Singhal	IBM
5-10-2020 22:52:05	Harshika jaiswal	Gayatri Vidhyapeeth
5-10-2020 22:53:32	dr.Jaba kusum Singh	A.N.D.N.N.mahila mahavidyalaya,kanpur
5-10-2020 22:54:42	Dr. Reena Khare	Mahila Vidhyalaya Degree College
5-10-2020 22:55:07	SANGEETA AVASTHI	A.N.D COLLEGE Kanpur
5-10-2020 22:56:46	Radhika Awasthi	Kmc language university
5-10-2020 22:57:40	Shaheen Fatima	Khawaja Moinuddin Chisti language university
5-10-2020 22:59:11	Swati Ahluwalia	Student
5-10-2020 22:59:21	Dr. Manmeet Kaur Sodhi	Navyug Kanya Mahavidyalaya Lucknow
5-10-2020 23:04:05	Dr Samta Johri	Mahila College Aminabad.Lucknow
5-10-2020 23:05:21	U V Kiran	BABASAHEB BHIMRAO AMBEDKAR CENTRAL UNIVERSITY
5-10-2020 23:12:57	Dr.Anupam saxena	Dr.B.R.Ambedkar university Agra
5-10-2020 23:13:24	Dr.Neha Mathur	Retired Associate professor

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Timestamp	Participants Name	Organization
5-10-2020 23:15:08	SHAISTA JAMAL KIDWAI	GIRI INSTITUTE OF DEVELOPMENT STUDIES
5-10-2020 23:16:16	Dr Shalini Kushwaha	Assistant Professor, Department of Home Science, MDDM COLLEGE, MUZAFFARPUR
5-10-2020 23:19:15	Gajendra Kumar Gupta	Sri Ramswaroop Memorial College of Management, Lucknow
5-10-2020 23:21:11	Dr.neetu singh	Babasaheb bhimrao ambedkar university ,lucknow
5-10-2020 23:27:08	Paritosh Dwivedi	University of Lucknow
5-10-2020 23:28:49	DR. PRERNA TRIPATHI	GOVERNMENT DEGREE COLLEGE GOSAINKHERA, UNNAO
5-10-2020 23:37:51	Pooja gupta	D D U GKP UNIVERSITY, GORAKHPUR
5-10-2020 23:38:51	Dolly Dhapola	lucknow university
5-10-2020 23:40:06	dolly dhapola	lucknow university
5-10-2020 23:46:04	Sunita Maurya	K.M.C.L.University Lucknow
5-10-2020 23:56:09	Dr Richa Verma	Dayalbagh Educational Institute
5-10-2020 23:56:53	Mamta	Assistant professor (institute of home science khandari agra)
5-10-2020 23:57:55	Nashra khan	Webinar
5-10-2020 23:58:29	Dr. Devendra Kumar	BSNVPG COLLEGE Lucknow
5-11-2020 0:02:03	Nashra khan	Webinar
5-11-2020 0:05:28	Prachi Varshney	Dayalbagh Educational Institute Agra
5-11-2020 0:12:53	Nazia khatoon	university of lucknow
5-11-2020 11:00:10	Pooja gupta	Mobile Vidyalaya Degree College

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Timestamp	Participants Name	Organization
5-11-2020 0:18:47	Yashi Singh	MIT World Peace University
5-11-2020 0:19:23	Ritika gupta	Webinar
5-11-2020 0:23:27	Dr Prabha Srivastava	Baikunti Devi Kanya mahavidyalaya Agra
5-11-2020 0:27:29	Miss SANGEETA YADAV	Jhunjhunwala pg college
5-11-2020 0:29:21	ARVIND KUMAR YADAV	Jhunjhunwala pg college
5-11-2020 0:39:10	HARSHITA GUPTA (Research Scholars)	University of Lucknow
5-11-2020 0:43:50	Shivani Singh	DDU
5-11-2020 0:52:14	Vanshika Dixit	Mahila vidyalaya pg college
5-11-2020 1:03:24	Dr. Munila Naqvi	Bora Institute of Management Sciences, Lucknow
5-11-2020 1:06:10	Neha Singh	Ramadheen Singh Girls Degree College
5-11-2020 1:10:13	Neha Singh	Ramadheen Singh Girls Degree College
5-11-2020 1:37:15	Vidhi Tripathi	Prabha devi mahila Mahavidyalaya gorakhpur
5-11-2020 1:39:57	Dr. Khushboo Gupta	Lucknow university
5-11-2020 1:44:25	Ahmad Rashiq	Student
5-11-2020 1:47:46	Sara Fatima	Azad Institute of Pharmacy and Research, Lucknow
5-11-2020 3:40:19	ARISHA SHOEB	MAHILA VIDYALAYA DEGREE COLLEGE
5-11-2020 3:58:02	Dr. Nalini Misra	Khwaja Moinuddin Chishti Bhasha University, Lucknow
5-11-2020 4:04:05	Mastaka Khan	Webinar

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Timestamp	Participants Name	Organization
5-11-2020 4:41:07	Mantasha khan	Mahila vidyalaya digree college
5-11-2020 4:54:33	Vaibhav Mishra	Lucknow University
5-11-2020 6:05:24	Aman Kumar	Amity University, Noida, UP
5-11-2020 6:29:07	Deeksha singh	Student
5-11-2020 6:54:50	DR. SHALINI AGARWAL	Babasaheb Bhimrao Ambedkar University
5-11-2020 6:56:23	Priya Maurya	Mahila Vidhyalaya PG college
5-11-2020 7:11:20	Dr. Neetu Misra	Balram Krishan Academy, Mohanlalganj, Lucknow
5-11-2020 7:24:00	Priya awasthi	Phd research scholar
5-11-2020 7:26:46	Dr. Suman Prasad Maurya	College of Community Science Acharya Narendra Deva University of Agriculture and Technology,
5-11-2020 7:30:51	Shweta Bharti	Mahila vidyalaya Degree Colleg lucknow
5-11-2020 7:49:48	Dr Alka Singh	Dr RML National Law University Lucknow
5-11-2020 7:52:30	Ravindra Pratap Singh	Department of English University of Lucknow
5-11-2020 8:01:45	Dr Amita Saxena	Mahila Mahavidyalaya Lucknow
5-11-2020 8:10:10	Dr Pooja Kumari	L. N. M University
5-11-2020 8:14:39	Kulwant Singh	Department of English, University of Lucknow
5-11-2020 8:16:59	Rekha Naithani	HNB Garhwal University
5-11-2020 8:18:01	Sanskriti srivastava	Malika vidyalaya degree college
5-11-2020 8:24:00	Deeksha singh	Student

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Timestamp	Participants Name	Organization
5-11-2020 8:32:10	Amit kumar maury	Lucknow University
5-11-2020 8:42:30	Dr.Priyanka Shukla	Shri ramswaroop memorial university lucknow
5-11-2020 8:44:36	SARLA DEVI	Pondicherry university, Pondicherry
5-11-2020 8:45:09	Dr Samarpana Shukla	Career Convent Degree College
5-11-2020 8:46:42	Priya Yadav	Mahila vidhyalay degree clg
5-11-2020 8:48:34	Dr. Suchitra Prasad	Lucknow University
5-11-2020 8:54:46	Shipra Singh	University of Lucknow
5-11-2020 8:55:52	Atul kumar Gupta	Dept of Applied Economics, Lucknow University
5-11-2020 9:02:52	Jeetu Gautam	Rameshwaram institute of technology and management lko
5-11-2020 9:03:17	rabiya akhtar	university of lucknow
5-11-2020 9:04:30	Mansi Verma	University of Lucknow
5-11-2020 9:05:51	Mansi Verma	University of Lucknow
5-11-2020 9:06:59	Toolika Dinkar	Mahila Vidyalaya Degree College
5-11-2020 9:10:46	rabiya akhtar	mahila vidyalaya degree college
5-11-2020 9:18:12	Rahul Kumar	PG Department Of English Magadh University BodhGaya Bihar
5-11-2020 9:20:55	Dr. Neha Saxena	Institute of Home Science
5-11-2020 16:26:39	Rafiya Quraishi	Mahila Mahavidyalaya degree College
5-11-2020 9:28:42	Dr. Suman Lata Verma	Lucknow Christian Degree College, Lucknow



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Timestamp	Participants Name	Organization
5-11-2020 9:36:44	Manu Dixit	University of Lucknow
5-11-2020 9:41:37	DR. DOLLY RANI	Institute of Home Science, Agra
5-11-2020 9:43:56	Fatima mahboob	Mahila vidyalaya degree college
5-11-2020 9:44:42	Mrs.Sunita Singh	Navyug kanya Mahavidyalay ,Lucknow.
5-11-2020 14:05:54	Dr. Neelima Joshi	Vivekananda College of Education , Aligarh
5-11-2020 9:50:59	SHRUTI MISHRA	University of Lucknow
5-11-2020 9:53:16	Sneha Tiwari	Mahila Vidhyalaya degree college
5-11-2020 9:54:26	Farheen	Mahila vidyalaya degree college lucknow
5-11-2020 9:59:56	Manisha Gahlot	GBPUAT PANTNAGAR
5-11-2020 12:52:41	Aditi Krishna Mishra	Mahila Viyalaya degree college Lucknow
5-11-2020 10:01:24	Chaman shukla	K.M.C.L state Government University
5-11-2020 10:03:11	Chaman shukla	KMCL state Government University
5-11-2020 10:10:37	Janvi Saxena	Mahila Vidyalaya degree College
5-11-2020 10:12:32	Saumya mishra	Mahila vidyalay degree college
5-11-2020 10:13:28	SUVANT KUMAR VERMA	LUCKNOW UNIVERSITY
5-11-2020 10:16:05	Komal Yadav	Mahila degree College
5-11-2020 10:16:44	Dr. Geetika T. Kapoor	Lucknow University
5-11-2020 10:50:04	Arpita Khan	Mahila vidyalaya degree college

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Timestamp	Participants Name	Organization
5-11-2020 10:21:35	Mrs Nisha Gupta	Lucknow university
5-11-2020 10:22:53	Dr Aparna Shukla	Avadh Girls Degree College Lucknow
5-11-2020 10:24:18	Dr Archana kumari Anand	A.N.D.N.N.M.Mahavidyalaya kanpur
5-11-2020 10:26:04	Zainab Fatima	Overcoming the stress Disease Connection -A Practical Approach
5-11-2020 10:26:06	Priyam Sharma	Mahila Vidyalaya Degree College
5-11-2020 10:28:14	Rinee Mishra	Mahila Maha vidyalya degree college
5-11-2020 10:28:47	Dr. Ruchi Srivastava	Shri Ram Murti Samarak International Business School, Lucknow
5-11-2020 10:29:05	Rinee Mishra	Mahila Maha vidyalya degree college
5-11-2020 10:33:29	Irtikha	Overcoming the Stress Disease Connection - A Practical Approach
5-11-2020 10:35:05	Lubna Javed	Mahila Vidyalaya Degree College
5-11-2020 10:35:42	Simran krishnan	Mahila Vishwavidyalaya
5-11-2020 10:35:47	Rupali shukla	LUCKNOW university
5-11-2020 12:15:50	Shivani Malhotra	Institute of Home science
5-11-2020 10:42:23	Divya Rastogi	Mahila Vidyalaya Degree College
5-11-2020 10:41:44	Satakshi Gupta	Mahila Degree College lucknow
5-11-2020 10:42:43	Shruti Singh	Mahila vidyalaya degree college
5-11-2020 10:42:33	Priya bhatt	University of lucknow
5-11-2020 10:42:50	Aparna Mishra	Mahila vidyalaya degree college

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Timestamp	Participants Name	Organization
5-11-2020 10:44:32	Shubham Singh	University of Lucknow
5-11-2020 10:46:09	Sugandh	Student
5-11-2020 10:56:28	Dr. Rashmi Srivastava	Pt.D. D U Govt. Girls P. G. College, Rajajipuram, Lucknow
5-11-2020 10:57:06	Shweta saini	Mahila vidyalaya degree college
5-11-2020 10:57:56	Vasundhara Chaudhary	Mahila Vidyalaya Degree college
5-11-2020 10:58:31	Ayushi pandey	B.sc.
5-11-2020 10:58:35	Amrish kumar	BBAU lucknow
5-11-2020 10:59:44	Vasundhara Chaudhary	Mahila Vidyalaya Degree college
5-11-2020 11:04:16	Prerna singh	Mahila vidyalaya degree college
5-11-2020 11:04:47	RUCHIRA RATHORE	Mahila Vidyalaya Degree College Aminabad
5-11-2020 11:05:38	Divya Rastogi	Mahila Vidyalaya Degree College
5-11-2020 11:07:27	Kirti	Overcoming the stress disease connection-A practical approach
5-11-2020 11:07:56	Kirti	Overcoming the stress disease connection-A practical approach
5-11-2020 11:11:05	Anukriti Srivastava	MAHILA VIDYALAYA DEGREE COLLEGE
5-11-2020 11:12:43	Ashwani Verma	University of Lucknow
5-11-2020 11:10:58	Prerna awasthi	Mahila mahavidyalaya degree college
5-11-2020 11:14:35	Prerna awasthi	Mahila mahavidyalaya degree college ameenabad lucknow
5-11-2020 11:16:00	Ashwani Verma	University of Lucknow

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Timestamp	Participants Name	Organization
5-11-2020 11:18:17	Ashwani Verma	University of Lucknow
5-11-2020 11:17:25	RUPAM KUMARI	MAHILA VIDYALAYA DEGREE COLLEGE
5-11-2020 11:17:25	Tanu shri	Mahila vidyalaya degree college
5-11-2020 11:18:43	Fatima bano	Student
5-11-2020 11:21:09	Dr Neelam Srivastava	Mahila vidyalaya degree college lucknow
5-11-2020 11:22:34	Pragya srivastav	Mahila vidyalaya degree college
5-11-2020 11:27:00	Komal prajapati	Mahila College
5-11-2020 11:25:26	Pragya Verma	Mahila Vidyalaya degree college
5-11-2020 11:26:01	Humaira	MB
5-11-2020 11:26:39	Pranchi	Mahila vidyalaya degree college
5-11-2020 11:27:39	Anushka Singh	Mahila Vidyalaya Degree College
5-11-2020 11:31:55	Sakshi Tiwari	Mahila vidyalya degree college
5-11-2020 11:31:42	Dr.ritu tewari	Karamat hussain muslim girls p.g college
5-11-2020 11:31:42	Garima gupta	Khwaja moinuddin chishti language state government university
5-11-2020 11:31:46	Dr Nidhi Prakash Bhartariya	Mahila Vidalya Degree College Lucknow
5-11-2020 11:32:21	Neha parveen	Mahila vidyalaya degree college
5-11-2020 11:33:46	Sushmita Pandey	University of Lucknow
5-11-2020 11:34:55	Usha Fatima	Mahila Mahavidyalaya Lucknow

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Timestamp	Participants Name	Organization
5-11-2020 11:36:19	Upasana Pandey	Mahila Vidyalaya degree college
5-11-2020 11:36:30	Parul Yadav	Khwaja Moinuddin chishti language University , Lucknow
5-11-2020 11:38:31	Nisha Gupta	Lucknow University
5-11-2020 11:41:30	Chitranshi Srivastava	Mahila Vidyalaya Degree College
5-11-2020 11:45:24	NOOR ALAM	LUCKNOW UNIVERSITY
5-11-2020 11:45:35	डॉ. अखिलेश कुमार शर्मा शास्त्री	हिंदू स्नातकोत्तर महाविद्यालय , जमानिया , गाजोपुर , उ.प्र.232331
5-11-2020 11:46:24	DR Anima Jamwal	Isabella Thoburn College, Lucknow
5-11-2020 11:48:04	Rehnuma	Webinar on the topic (overcoming the stress disease connection)
5-11-2020 11:49:36	Sneha sahu	Student
5-11-2020 11:49:46	Dr Nidhi Prakash Bhartariya	Mahila Vidyalaya Degree College
5-11-2020 11:53:37	Dr.Shunezi Yunus	Karamat Husain Muslim Girls P.G.College
5-11-2020 11:53:26	DrBeerBal Sharma	Dev Indravati PG Collage Katehari Ambedkar nagar
5-11-2020 11:55:07	Dr Tej Bhan Mishra	Dev indrawati mahavidhyalay katehari ambedkar nagar up
5-11-2020 11:57:01	Sheetal Singh	Overcoming the stress disease connection
5-11-2020 11:57:17	Rehnuma	Mahila Vidhyalaya degree College
5-11-2020 11:58:38	SHWETA SINHA	National P.G. College
5-11-2020 11:58:53	Upendra Kumar	Atal Bihari Bajpai Nagar Nigam degree college Lucknow
5-11-2020 11:59:07	Meishwari mishra	Mahila Vidyalaya Degree College, Ambedkar, Lucknow

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Timestamp	Participants Name	Organization
5-11-2020 11:59:33	Dr. Ra Ragini Srivastava	Shashi Bhushan Girls Girls Degree College, Lucknow
5-11-2020 11:59:36	Rozy Shaista	Aligarh Muslim University
5-11-2020 12:00:29	Mahak Sahu	Mahila Vidhyalaya Degree college
5-11-2020 12:02:18	Atul kumar Gupta	Deptt of Applied Economics, Lucknow University
5-11-2020 12:03:50	Dr. ARUN KUMAR	HINDU POST GRADUATE COLLEGE
5-11-2020 12:04:08	Priya Gautam	Mahila vidyalaya degree college
5-11-2020 12:06:04	Dr. Nisha Pathak	Kanpur vidyamandir mahila mahavidyalaya swaroop nagar kanpur
5-11-2020 12:06:57	Shadma Anjum	Mahila Vidyalaya P.G college Aminabad lucknow
5-11-2020 12:11:18	Shabnoor bano	Manila vidyalaya degree college
5-11-2020 12:08:26	Dr.AKHILESHWAR KUMAR DEIVEDI	Department Of Higher Education Uttarakhand
5-11-2020 12:08:55	Pragati verma	Overcoming the stress disease
5-11-2020 12:09:57	Dr. Nisha Pathak	Kanpur vidyamandir mahila mahavidyalaya swaroop nagar kanpur
5-11-2020 12:16:09	Dr.Shriniwas Tiwari	Kutir P.G.College Chakkey, Jaunpur
5-11-2020 12:14:23	Smriti Rajput	Mahila Vidyalaya Degree College
5-11-2020 12:15:10	Shabnoor Bano	Mahila Vidyalaya Degree College ,Aminabad, Lucknow
5-11-2020 12:15:18	Nupur Pandey	University of Lucknow
5-11-2020 12:15:31	Smriti Rajput	Mahila vidyalaya degree college
5-11-2020 12:16:04	Nidhi Tiwari	Kanpur vidyamandir mahila mahavidyalaya swaroop nagar kanpur

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Timestamp	Participants Name	Organization
5-11-2020 12:17:10	Rajni Singh	Mahila Vidyalaya Degree College
5-11-2020 12:18:29	Rajni Singh	Mahila Vidyalaya Degree College
5-11-2020 12:18:30	Bhawna Sethi	Dr. Rajendra Prasad Memorial Degree College Lucknow
5-11-2020 12:18:37	Prachi Bajpai	Mahila Vidyalaya Degree Collge
5-11-2020 12:20:36	Dr Sangita	Mahila vidyalaya Degree college, Lucknow
5-11-2020 12:21:52	Astha Shukla	Mahila vidyalaya degree college. Lko
5-11-2020 12:22:43	Jyoti sharma	Mahila vidyalaya degree college
5-11-2020 12:22:32	Nisha Gupta	Yes
5-11-2020 12:25:54	Dr. Archana Singh	National pg college, Lucknow
5-11-2020 12:27:46	Pinki Gautam	KMCL state Government University
5-11-2020 12:28:58	Vandana Upreti	NSN PG College
5-11-2020 12:29:04	Dr shailja dixit	Ramkrishna paramhans p.g. college kaiserganj Bahaich
5-11-2020 12:29:06	Aastha Sharma	Mahila Vidyalaya Degree College
5-11-2020 12:29:52	Akansha Kushwaha	Mahila Vidyalaya Degree College
5-11-2020 12:34:39	Ankit	Shri Ram Murti Smarak International Business School, Lucknow
5-11-2020 12:34:42	Alfisha Yaseen	Yes
5-11-2020 12:35:21	Sadia akhtar	IT college
5-11-2020 12:35:27	Shimola Dixit	Mahila vidyalaya degree college

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Timestamp	Participants Name	Organization
5-11-2020 12:35:51	Iqra faima	Mahila vidyalaya degree college
5-11-2020 12:38:21	Anamika Verma	Isabella Thoburn College
5-11-2020 14:42:36	SHWETA YADAV	Mahila Vidyalaya Degree college, Lucknow.
5-11-2020 12:39:09	Iqrafatima	Mahila vidyalaya degree college
5-11-2020 12:40:29	Dr. Shaheen F. Khan	Karamat Husain Muslim Girls' P.G. College, Lucknow
5-11-2020 12:44:55	Srishti srivastava	Mahila vidyalaya degree college am in a bad lucknow
5-11-2020 12:46:44	TAMIL HOSSAIN	ALIGARH MUSLIM UNIVERSITY,ALIGARH, U.P. 202002.
5-11-2020 12:47:43	Turab rizvi	BSc 2yr
5-11-2020 12:47:58	Dr Radha Sharma	Navyug girls degree college Lucknow
5-11-2020 12:48:13	Mansi gautam	Lucknow University (M.sc)
5-11-2020 12:48:19	Aradhana tiwari	Srms ibs
5-11-2020 12:48:27	Shahreen Rizvi	Mahila Vidyalaya degree college
5-11-2020 12:48:36	Arpita Asthana	Shri Ram Murti Smarak International Business School, Lucknow
5-11-2020 12:48:38	Dr. Richa Pandey	Pt.DDU Govt. Girls' P.G. College Rajajipuram Lucknow U.P. 226017.
5-11-2020 12:51:00	Vertika Srivastava	Mahila Vidyalaya degree college
5-11-2020 12:50:55	Indra shukla	Mahila degree college
5-11-2020 12:52:39	Dr Sangeeta Srivastava	Mahila Vidyalaya Degree College, Lucknow
5-11-2020 12:52:39	Mohammad Asaad	Lucknow university



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Timestamp	Participants Name	Organization
5-11-2020 12:55:59	Sadaf Bano	University of Lucknow
5-11-2020 12:58:13	Dr Anjana Sinha	Mahila Vidalaya Degree College Lucknow
5-11-2020 13:01:57	Fahmina Khatoon	Mahila Vidyalaya Degree College
5-11-2020 13:07:23	Laxmi Tiwari	Mahila Vidayala Degree college
5-11-2020 13:03:58	Shivangee jaiswal	Mahila vidyalaya degree college
5-11-2020 13:05:36	Aishwarya gupta	Baba Saheb Bheem Rao Ambedkar University
5-11-2020 13:04:39	Anuja Bharti	Studentship
5-11-2020 13:04:56	Dr. Ritu Singh	Mahila Degree College, Lucknow
5-11-2020 13:05:03	Iqra Fatima	Mahila Vidyalaya Degree College
5-11-2020 13:07:56	Mantasha Ashraf	Student
5-11-2020 13:08:26	mahi trivedi	mahila vidyalaya degree college
5-11-2020 13:08:57	Mantasha Ashraf	Student
5-11-2020 13:09:23	mahi trivedi	mahila vidyalaya degree college
5-11-2020 22:08:06	Sanjana Verma	Mahila vidyalaya degree college
5-11-2020 13:10:59	Ruchika Agarwal	Shri Ram Murti samarak international business school
5-11-2020 13:11:11	Anuja bharti	Student
5-11-2020 13:11:59	Mantasha Ashraf	Student
5-11-2020 13:11:22	Mantasha Ashraf	Mahila vidyalaya degree college

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Timestamp	Participants Name	Organization
5-11-2020 13:13:05	Yamini chaurasiya	Mahila vidyalaya degree college
5-11-2020 13:17:01	Akanksha gupta	Mhila vidyalay degree college
5-11-2020 13:16:12	Deevena Jemima	Isabella Thoburn College
5-11-2020 13:16:17	D.Rasheeda Khatoon	B.Ed department Navyug Kanya Mahavidyalaya Lucknow
5-11-2020 13:17:04	Priya Singh	Karamat Husain Muslim Girls P.G. College Lucknow
5-11-2020 13:17:06	Elishba Lal	Isabella Thoburn College
5-11-2020 13:17:30	Akansha Kushwaha	Student
5-11-2020 13:17:30	Shubham kumar	International business school lucknow
5-11-2020 13:19:08	Nikita Singh	Mahila Vidyalaya Degree college
5-11-2020 13:18:24	Salma	Mahila vidhyalya degree college
5-11-2020 13:19:17	Jaanvee Gupta	SRMS IBS
5-11-2020 13:20:59	Deepali Singh	Overcoming the stress disease connection-A Practical Approach
5-11-2020 13:23:09	Deepali Jaiswal	Isabela thoburn college
5-11-2020 13:23:35	Akanksha shukla	Isabella thoburn college
5-11-2020 13:23:47	Ramsha Raees	Mahila vidyalaya degree college
5-11-2020 13:25:35	Shreya verma	Mahila vidyalaya degree college
5-11-2020 13:27:48	Yamini chaurasiya	Mahila vidyalaya degree college
5-11-2020 13:28:00	Diti Swarnini Datta	Mahila Vidyalaya Degree college

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Timestamp	Participants Name	Organization
5-11-2020 13:32:27	Pooja Kushwaha	Department of English and M. E. L. University of Lucknow.
5-11-2020 13:33:21	Shikha kashyap	Overcoming the stress disease connection
5-11-2020 13:33:49	Dr.Vineeta	Mahila Vidyalaya Degree College Lucknow
5-11-2020 13:33:59	Pooja Kushwaha	Department of English and M. E. L. University of Lucknow
5-11-2020 13:34:54	Anamta Khan	Mahila vidyalaya degree college
5-11-2020 13:34:29	Shadma Anjum	Mahila Vidyalaya P.G college Aminabad
5-11-2020 13:36:16	Iffat Quraishi	Mahila Vidyalaya Degree College
5-11-2020 13:37:09	Riya Rastogi	Overcoming the stress disease connection "A practical approach"
5-11-2020 13:37:13	Dr . Vineeta	Mahila Vidyalaya Degree College Lucknow
5-11-2020 13:38:49	Nuzba habib	Mahila vidyalaya degree college
5-11-2020 13:38:42	Nidhi sahu	Yes
5-11-2020 13:41:48	Anjali kashyap	Student
5-11-2020 13:42:49	Fatima Sahrish	Integral University
5-11-2020 13:44:32	Yasmeen bano	Mahila vidyalaya degree college
5-11-2020 13:47:42	Dr. Pooja Raghuvanshi	Ramadheen Singh Girls' Degree College , babujanj , Lucknow
5-11-2020 13:50:02	Saumya gautam	Student
5-11-2020 13:54:06	Sonal Mishra	Mahila vidyalaya degree college
5-11-2020 13:54:52	NOTINA DWIVEDI	LUCKNOW UNIVERSITY

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Timestamp	Participants Name	Organization
5-11-2020 13:52:24	Kritika Mishra	Mahila vidyala degree college
5-11-2020 13:53:37	Anusha gupta	Mahila vidyalaya degree college
5-11-2020 13:56:29	Kritika mishra	Mahila vidyala degree college
5-11-2020 13:56:49	Udham Singh	University of Lucknow
5-11-2020 13:58:09	Vaishnavi mishra	Mahlia visyalaya degree college amniabad Lucknow
5-11-2020 13:59:11	Muskan gautam	Mahila vidyalaya degree college
5-11-2020 13:59:15	Vandana	Isabella Thoburn
5-11-2020 14:00:32	Dr Rita jhingran	Heeralal yadav BLika. P g college lko
5-11-2020 14:00:55	Shabnam Bano	Karamat Husain girls p.g. college
5-11-2020 14:01:27	Suman singh	Mahila vidyalaya degree college
5-11-2020 14:01:29	Prapti Verma	Mahila Mahavidyalaya
5-11-2020 14:01:52	Suman singh	Mahila vidyalaya degree college
5-11-2020 14:01:55	DR.POOJA SINGH	SHRI GURU NANAK GIRLS DEGREE COLLEGE
5-11-2020 14:03:53	Dr. Rita Shekhar	Mahila Vidyalaya Degree College
5-11-2020 14:04:36	Nazia khatoon	Mahila vidyalaya degree college
5-11-2020 14:06:34	Janavi Bhandari	ISABELLA THOBRUN COLLEGE
5-11-2020 14:07:05	Dr Rita jhingran	Heeralal yDav bLika degree college lko
5-11-2020 14:07:11	Dr. Rita Bai Duttalia	Devs Institute of Management Sciences Lucknow

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Timestamp	Participants Name	Organization
5-11-2020 14:09:50	POOJA SINGH	SHRI GURU NANAK GIRLS DEGREE COLLEGE
5-11-2020 14:10:19	Surabhi	Shri gurunanak girls degree college charbagh lko
5-11-2020 14:11:18	Dr Mitima Sachdeva	Amity Institute of Education Amity University Lucknow
5-11-2020 14:12:11	Anju	mahila vidyalaya pg college
5-11-2020 14:12:25	Chandana Bose	Shashi Bhushan Degree College , Lucknow
5-11-2020 14:14:42	Neha Mishra	Webinar-Overcoming the stress Disease connection
5-11-2020 14:14:50	Anamika Bajpai	Mahila vidyalaya degree college aminabd lucknow
5-11-2020 14:16:19	Anamika bajpai	Mahila vidyalaya degree college aminabad lucknow
5-11-2020 14:17:40	Divyansh Gupta	SRMS IBS
5-11-2020 14:17:25	Mridula Gupta	Gurunanak girls degree College
5-11-2020 14:19:48	DR. HENA SIDDIQUI	ISABELLA THOBURN POST GRADUATE COLLEGE,LUCKNOW
5-11-2020 14:20:01	Vaishnavi mishra	Mahila vidyalaya degree college aminabad lucknow
5-11-2020 14:21:18	Arti Agarwal	Mahila vidyalay degree college
5-11-2020 14:21:04	Riya Sharma	Third Eye Yoga Studio
5-11-2020 14:20:34	Saurabh kumar mishra	Shashi bhushan degree college
5-11-2020 14:21:18	MONIKA GAUTAM	AMITY INSTITUTE OF EDUCATION, AMITY UNIVERSITY, LUCKNOW
5-11-2020 14:21:29	SHIVANGI SRIVASTAVA	UNIVERSITY OF LUCKNOW
5-11-2020 14:20:00	DR. SHABDENBU KUMAR TRIPATHI	CHARAK INSTITUTE OF EDUCATION, MAURA,

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5-11-2020 14:28:51	Aradhana	Mahila vidyalaya degree college
5-11-2020 14:30:01	Nashra Ansari	Mahila Vidyalaya Degree College Lko
5-11-2020 14:30:29	Priyanka Singh Rawat	Lucknow University
5-11-2020 14:31:18	Dr Barkha Bhalla	Avadh Girls Degree College
5-11-2020 14:30:57	Zoya Ahmad	SRM Institute of Science and Technology, Chennai
5-11-2020 14:32:22	Bushra Ansari	Mahila Vidyalaya Degree College Lko
5-11-2020 14:33:52	Aakash Kumar	SRMSIBS
5-11-2020 14:37:36	Akansha Saroj	SRMS IBS
5-11-2020 14:38:12	Shubhi srivastava	Isabella thoburn college
5-11-2020 14:38:06	Dr.ritu tewari	Karamat hussain muslim girls p.g college
5-11-2020 14:41:55	Dr Anita Verma	Mahila Vidyalaya Degree college,Lucknow
5-11-2020 14:45:50	Aarohi Rastogi	Mahila Vidhyalay
5-11-2020 14:43:37	Ankita Devvansh	Shri Ram Murti Smarak IBS
5-11-2020 14:44:45	Gulfisha anjum	Mahila vidyalaya degree collage
5-11-2020 14:45:20	neha pathak	"Overcoming the Stress Disease Connection
5-11-2020 14:46:05	Manish Arora	Banaras Hindu University
5-11-2020 14:47:25	Muskan jaiswal	Student
5-11-2020 14:48:00	Maha Devi	A.P.M. degree college

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Timestamp	Participants Name	Organization
5-11-2020 14:49:36	Vaishnavi singh	Overcoming the stress disease connection -a practice approach
5-11-2020 14:49:37	Shahina khan	Mahila vidyalaya degree college
5-11-2020 14:50:03	Deepti Gangwar	Khandelwal college of management science and technology, bareilly
5-11-2020 14:51:17	Aarohi Rastogi	Mahila vidhyalay
5-11-2020 14:51:54	Prerna Sahu	Isabella Thoburn College
5-11-2020 14:53:07	Prachi jaiswal	Mahila vidyalay degree college
5-11-2020 14:53:30	Vaishnavi singh	Yes
5-11-2020 14:57:46	Mrs.Geeta Verma	A.N.D. N.N.Mahila Mahavidyalaya Kanpur
5-11-2020 14:57:57	Aastha Sharma	Mahila Vidyalaya Degree College
5-11-2020 14:57:58	Dr Sushma Sahu	Mahila vidyalaya digree college Aminabad Lucknow
5-11-2020 14:58:19	Dr. Sushanta Kumar Roul	Amity University, Lucknow Campus
5-11-2020 14:58:51	Kunika Gupta	Shri Ram Murti Smarak International Business School
5-11-2020 15:00:42	SHREYA SINGH	Mahila Vidyalaya Degree College Aminabad Lucknow
5-11-2020 15:00:14	Simran	Graduation (Bsc 2nd year)
5-11-2020 15:02:13	Anshika Mishra	Mahila Vidyalaya Degree College
5-11-2020 15:04:50	Preeti Kumari	Mahila vidyalaya degree college Lucknow
5-11-2020 15:04:03	Afreen	Student
5-11-2020 15:00:47	Misra jahan	Shri Gyan Manoj Girl's Degree college

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Timestamp	Participants Name	Organization
5-11-2020 15:06:44	NUZHAT GULFAM	ALIGARH MUSLIM UNIVERSITY
5-11-2020 15:07:49	Parul Nigam	Mahila Vidyalaya Degree College
5-11-2020 15:07:38	prachi pal	mahila vidyalaya degree college lucknow
5-11-2020 15:08:44	Mahima Agarwal	Mahila
5-11-2020 15:09:02	Vaishnavi singh	Lucknow university
5-11-2020 15:09:04	Nigat Jahan	Shri Guru Nanak Girl's Degree College
5-11-2020 15:10:18	Priyanka Das	Sanofi
5-11-2020 15:11:55	Sapna Bajpai	Mahila Vidyalaya P. G. College
5-11-2020 15:12:42	Saniya	Mahila vidhalaya Degree college Aminabad lucknow
5-11-2020 15:13:01	Sapna Bajpai	Mahila Vidyalaya P. G. College
5-11-2020 15:13:08	Shubhanjali	Shree gurunanak girls degree college
5-11-2020 15:14:57	Anjali	Mahila Vidhyalay Degree College
5-11-2020 15:16:51	Jaya Pandey	Mahila Vidyalaya Degree College, Lucknow
5-11-2020 15:17:15	Shivani Gupta	Lucknow University
5-11-2020 15:20:26	Jagriti	Isabella thoburn college
5-11-2020 15:20:30	Dr SARITA SINGH	Avadh Girls' Degree College, Lucknow
5-11-2020 15:20:37	Dr. Satish Chandra	Charak Institute of education, Lucknow
5-11-2020 15:21:54	Dr. Nalini Mishra	Basudev degree college.Amrai gaon indira



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Timestamp	Participants Name	Organization
5-11-2020 15:23:25	Preeti Kumari	Mahila vidyalaya PG college
5-11-2020 15:22:34	Arsala Fatima	Isabella Thoburn College
5-11-2020 15:23:07	Jagriti	Isabella thoburn college
5-11-2020 15:23:09	Lav Srivastava	University of Lucknow
5-11-2020 15:23:26	Hina Jain Gupta	University of Lucknow
5-11-2020 15:23:27	Arsala Fatima	Isabella Thoburn College
5-11-2020 15:23:36	Dr. Nishtha Shukla	RKG Educational College
5-11-2020 15:24:19	Shifa Lubna	Overcoming the stress disease
5-11-2020 15:24:33	Touseef malik	Basudev degree college lucknow
5-11-2020 15:24:58	Zeba Siddiqui	Mahila Degree College
5-11-2020 15:25:09	Ritu Upadhyay	Basudev degree College
5-11-2020 15:25:38	Dr Meenakshi Tripathi	Krishna Devi Girls Degree college Lucknow
5-11-2020 15:25:41	Muskan	Over coming the strees disease connection
5-11-2020 15:25:46	Vaishali Kashyap	Mahila vidyalaya degree college
5-11-2020 15:26:38	Vijaya Rani Verma	Sri Mahveer Prasad Mahila Mahavidya
5-11-2020 15:27:58	Zoha Quraishi	Mahila vidyalya degree college
5-11-2020 15:27:34	Ms.Rekha	Government Girls P.G.College, Etawah
5-11-2020 15:28:40	Dr. Nishtha Shukla	Basudev degree college lucknow

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Timestamp	Participants Name	Organization
5-11-2020 15:29:06	Dr.pushpendra Singh Chauhan	J.N.Degree college, Gursarai
5-11-2020 15:29:28	Aiman Husain	Overcoming the stress disease connection
5-11-2020 15:30:05	Aayushi Mishra	Mahila vidyalaya degree college
5-11-2020 15:30:24	Dr Vipin Bihari Srivastava	Sherwood College of Professional Management,Lucknow
5-11-2020 15:31:48	Prachi pandey	Mahila vidhyalaya degree college
5-11-2020 15:35:53	Meena dilshad	Pankaj maam
5-11-2020 15:33:37	Pushplata	DEEN dayal upadhyay gorakhpur university
5-11-2020 15:34:02	Shyam Deo Yadav	Government Girls P G College Etawah
5-11-2020 15:34:56	Afreen	Student
5-11-2020 15:36:56	Dr Neelam Yadav	BBAU, Lucknow
5-11-2020 15:36:37	Dr.Zeba Khanam	Karamat Husain Muslim Girls P.G. College
5-11-2020 15:37:07	Dr Divya Pande	Nari Shikshaa Niketan post Graduate College Lucknow
5-11-2020 15:37:39	Dr Namita Srivastava	ICCMRT
5-11-2020 15:39:02	Dr Aparna Sengar	NSN PG College,Lucknoe
5-11-2020 15:42:35	Dr. sunita Singh	N.S.N.P. G.College Lucknow
5-11-2020 15:45:13	Afreen	Student
5-11-2020 15:46:47	Alka verma	University of lucknow
5-11-2020 15:46:48	Meena dilshad	CCPM PG COLLEGE

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Timestamp	Participants Name	Organization
5-11-2020 15:47:40	Mansi	Mahila vidyalaya Degree colleage
5-11-2020 15:48:28	VIMLA	Department of psychology, University of Lucknow, Lucknow
5-11-2020 15:48:51	Mansi	Mahila Vidyalaya Degree College
5-11-2020 15:51:45	Mubasshra naaz	Mahila Vidyalaya Degree College
5-11-2020 15:51:55	Zia Afroz	Shri Guru Nanak Girls Degree College
5-11-2020 15:53:35	Shivangee jaiswal	Mahila vidyalaya degree college
5-11-2020 15:55:09	Samiya waseem	Mahila vidyalaya
5-11-2020 15:55:32	Dr Ranjana Sinha	Indira Gandhi Govt. PG College Bangarmau ,Unnao
5-11-2020 15:55:47	Mahesh Verma	Mahila Vidyalay Degree College
5-11-2020 15:56:48	Saima	Mahila vidhyala degree college
5-11-2020 15:57:12	Zainab shakeel	Mahila Vidyalaya degree college
5-11-2020 15:57:33	Tanu Dixit	Mahila Vidyalaya Degree College
5-11-2020 15:59:44	Saima	Mahila vidhyala degree college
5-11-2020 16:02:14	Pragati verma	Mahila vidyalaya degree college
5-11-2020 16:04:06	Meena Dilshad	Mahila vidhayalaya p g college
5-11-2020 16:03:54	Taliba shakeel	Mahila vidiyalaya digree collage lucknow
5-11-2020 16:05:26	Monika bharti	Mahila vidhyalaya degree college
5-11-2020 16:05:45	Shreya Akh...	Mahila Vidyalaya Degree College

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Timestamp	Participants Name	Organization
5-11-2020 16:06:16	Talibashakeel	Mahila vidyalaya digree collage
5-11-2020 16:07:29	Shruti tripathi	Mahila vidyalaya degree college
5-11-2020 16:07:48	Rinki Gupta	Mahila vidyalaya degree college
5-11-2020 16:09:19	Saima perveen	Student
5-11-2020 16:08:11	Dr Meeta Rani	Mahila Vidyalaya Degree College, Lucknow
5-11-2020 16:08:57	Shweta saini	Mahila vidyalaya degree college
5-11-2020 16:09:38	Akanksha singh	Yashraj institute of education.
5-11-2020 16:11:42	Shweta saini	Mahila vidyalaya degree college
5-11-2020 16:13:45	Shilpi Bose	Avadh Girls'Degree College,Lucknow ,U.P.
5-11-2020 16:14:07	Acharya kulsourabh shukla.	Yashraj institute of education.
5-11-2020 16:16:48	ANAND PRASAD	CAREER COLLEGE OF MANAGEMENT AND EDUCATION LUCKNOW
5-11-2020 16:18:56	Madiha Muskan Ali	Disease
5-11-2020 16:19:10	Dr NISHAT FATEMA	MAHILA MAHAVIDYALAYA,KIDWAI NAGAR KANPUR
5-11-2020 16:19:42	Raj Kumar Maurya	G.S.R.M.Memorial P. G. College ,Sarojaninagar, Lucknow
5-11-2020 16:20:23	Acharya kulsaurabh shukla	Yashraj Institute of education
5-11-2020 16:21:11	Krishna Yadava	Mahila Vidyalaya Degree
5-11-2020 16:21:19	Prof. A. N. Singh	GCRG Group of Institutions, Lucknow
5-11-2020 16:22:00	Shikha Patel	Overseeing the stress disease connection A

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Timestamp	Participants Name	Organization
5-11-2020 16:25:40	Dr. Doa Naqvi	Dept. of Business Administration, Khwaja Moinuddin Chishti Language University, Lucknow
5-11-2020 16:25:59	Alka Sharma	Axis College
5-11-2020 16:26:17	Nisha Gupta	Mahila Vidyalaya Degree College
5-11-2020 16:27:25	Dr. Gunjan Chandra	Modern College of education, LKO
5-11-2020 16:29:43	Dr. Tahira Akhtar	Unity P.G.College, Lucknow
5-11-2020 16:30:16	Dr.Sanjay Tiwari	Navyug Arts & Commerce College Jabalpur
5-11-2020 19:02:27	Dr. Nivriti Mishra	Sattva trainers and consultants
5-11-2020 16:30:25	Aateka Boriwala	School of social science, DAVV
5-11-2020 16:31:17	Kamna Sharma	Student
5-11-2020 16:32:26	S K Sharma	RTU Kota
5-11-2020 16:33:28	Komal kumari	Mahila vidyalaya degree college
5-11-2020 16:34:07	Sandeep Kumar Singh	Department of Business Administration, University of Lucknow
5-11-2020 16:34:35	Bhoomika Trivedi	IIPS
5-11-2020 16:35:07	Alka Sharma	School Education Rajasthan
5-11-2020 16:37:43	Iti Tiwari	Devi Ahilya vishwavidyalaya, indore
5-11-2020 16:36:27	Dr Somit Roy Chowdhury	Department of Botany, Lucknow Christian Degree college, Lucknow.
5-11-2020 16:37:21	Shivani patel	Mahila vidyalaya degree college
5-11-2020 16:37:25	Mohammed	AMC

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Timestamp	Participants Name	Organization
5-11-2020 16:37:48	DR MANI JOSHI	Shri Jai Narain Misra PG College, Lucknow
5-11-2020 16:38:11	Dr. Archana Yadav	School of Management, ITM University, Gwalior
5-11-2020 16:38:15	Dr Somit Roy Chowdhury	Lucknow Christian Degree College, Lucknow
5-11-2020 16:38:33	Dr Poonam Shukla	HNB Govt pg college Naini Prayagraj
5-11-2020 16:39:30	Chandani	Mahant Darshan Das Mahila Mahavidyalaya ( mddm college ) muzaffarpur
5-11-2020 16:39:14	Baleshwar Prasad	Assistant Professor, Shri JNPG College, Lucknow, Uttar Pradesh
5-11-2020 16:40:11	Neha Dave	Navyug arts and Commerce college
5-11-2020 16:41:00	Dr.Dilip Singh Hazari	Maharashtra Institute of Higher Education Jabalpur M.P.
5-11-2020 16:42:28	Dr Mirza Sibtain Beg	Shia P G College, Lko
5-11-2020 16:43:10	Falak Wajid	Mahila Vidyalaya Degree College
5-11-2020 16:44:33	Falak Wajid	Mahila Vidyalaya Degree College
5-11-2020 16:44:40	Dr Prashant Kumar	Feroze Gandhi Institute of Professional Studies
5-11-2020 16:45:56	Vishvakesh Vishvakarma	Jagdeesh nandkishor modi mahavidyalaya
5-11-2020 16:46:36	Dr.AJAY KUMAR GUPTA	Govt.Arts College Panagar Jabalpur Madhya Pradesh
5-11-2020 16:48:35	Ashwani kesharwani	International institute of professional studies
5-11-2020 16:49:12	Dr. Bihari All Dwivedi	Mekalsuta College Dindori
5-11-2020 16:49:13	Ayushi singh	Seminar
5-11-2020 16:50:00	Dipika Singh	Uttar public school

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Timestamp	Participants Name	Organization
5-11-2020 16:52:32	Kirti Gulati	Maharashtra Institute of Higher Education
5-11-2020 16:51:59	Mrs.Shraddha Shrivastava	St.Aloysius College (auto) Jabalpur M.P
5-11-2020 16:52:31	Samreen	Student
5-11-2020 16:53:27	Vinamra Nayak	Gyan Ganga Institute of Technology and Sciences, Jabalpur
5-11-2020 16:53:32	Sant Moti	Housing Board
5-11-2020 16:54:11	Rajeev Kumar Tiwari	Khyatee Caters
5-11-2020 16:54:39	Khyatee tiwari	Mata gujri mahila mahavidyalaya
5-11-2020 16:55:08	Akansha Tiwari	Maharashtra Institute of Higher Education
5-11-2020 16:55:09	Mantasha khan	Mahila vidyalaya digree college
5-11-2020 16:55:21	Dr Raj Kumar Gautam	G S College of Commerce and Economics Jabalpur MP
5-11-2020 16:56:23	Rajesh Mehtani	U P Housing Board
5-11-2020 16:56:07	Dr Ganesh kumar Dubey	Mata Gujri Mahila Mahavidya Autonoumes Jabalpur M.P
5-11-2020 16:57:56	Ashwani Nayak	Samarth Institute
5-11-2020 16:59:16	Saba shareef	mahila vidyalaya pg college
5-11-2020 16:59:39	Dr Sanobar Haider	Maharaja Bijli Pasi Government P.G College, Lucknow
5-11-2020 17:01:29	Dr Tulsi Das Banjare	Maharashtra Institute of Higher Education, Jabalpur
5-11-2020 17:02:02	Swati singh	Mekalsuta college dindori
5-11-2020 17:02:02	Kirti Gulati	Mahila vidyalaya digree college

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Timestamp	Participants Name	Organization
5-11-2020 17:01:35	RAM SINGH YADAV	Mekalsuta college dindori
5-11-2020 17:01:47	Priya singh	University of lucknow
5-11-2020 17:01:57	Dr.Anju Mishra	Mata Gujri Mahila Maha VIDYALAY Jabalpur
5-11-2020 17:01:59	Shalini Shukla	BBD University Lucknow
5-11-2020 17:02:13	Dr Prakash mishra	St aloysius autonomous college jabalpur
5-11-2020 17:05:27	Ritu gontiya	Maharashtra college of jabalpur
5-11-2020 17:05:36	dr. stuti gupta	banasthali vidyapeeth rajasthan
5-11-2020 17:05:46	Nashra khan	Mahila vidyalaya degree college
5-11-2020 17:07:47	Dr Sudhakar Singh	Sardar Patel University, Balaghat, Madhya Pradesh
5-11-2020 17:07:16	Simran prajapati	Mahila vidhyalay degree college
5-11-2020 17:09:40	Priyanshi Gupta	Mahila Degree College
5-11-2020 17:09:11	Kala Mohan	NIDAAN Institute of rehabilitation and training, Bhopal
5-11-2020 17:09:27	Samreen fatima	Webinar on overcoming the stress disease connection
5-11-2020 17:09:39	Dr.Deepak Kumar Srivastava	LBS Girls College of Management, Lucknow
5-11-2020 17:10:14	Simran prajapati	Mahila vidhyalay degree college
5-11-2020 17:10:48	Vinay K Nema	Maharashtra Institute Of Higher Education, Jabalpur
5-11-2020 17:10:58	Priyanka Tripathi	University of Allahabad, Prayagraj
5-11-2020 17:11:00	Smita sharma	Assistant professor



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Timestamp	Participants Name	Organization
5-11-2020 17:11:11	Mrs. Preeti khanna	Kempfort public school
5-11-2020 17:13:01	Samreen Siddiqui	Mahila vidyalaya degree college lucknow
5-11-2020 17:13:04	Deepal Chhatwani	Lnct college
5-11-2020 17:14:02	Dr.Chanchal Rathore	Sanskaar Vidhya Niketan.Mp.nagar.Bhopal
5-11-2020 17:13:39	Geeta Deshmukh	Scholars Academy
5-11-2020 17:14:12	Dr. Ram Singh	P. SC. College kritinagar madhepura
5-11-2020 17:14:26	Asma Bee	college of innovative management and sciences
5-11-2020 17:16:08		। र क्ष र । र द ,
5-11-2020 17:16:33	Dr. Amit Kumar Gupta	Shri Ram Institute of Technology
5-11-2020 17:17:24	Aparna Awasthi	Mahila Vidhyalya PG college
5-11-2020 17:17:00	Mrs Yogita Deshmukh	Nehru Montessori Senior Secondary school
5-11-2020 17:17:21	KiRAN LATA VERMA	Pt.D.D.U.Govt.G.P.G.College rajajipuram Lucknow
5-11-2020 17:17:47	Shreya Chaturvedi	Isabella Thoburn College
5-11-2020 17:20:56	Ram swaroop jatav	Navyug arts and commerce college jabalpur (m.p)
5-11-2020 17:21:45	Dr Jyoti Joshi	Lal Bahadur Shastri Girls College of Management
5-11-2020 17:23:08	Dr Jyoti Joshi	Lal Bahadur Shastri Girls College of Management
5-11-2020 17:23:43	Professor Shobha Mahiswar	Govt. Mata Shabri Naveen Girls PG College, Bilaspur, Chhattisgarh
5-11-2020 17:24:07	Anjali verma	Shree Gyan Nandan Girls Degree College

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5-11-2020 17:24:41	Dr Devesh Ranjan Tripathi	UP Rajarshi Tandon Open University, Prayagraj
5-11-2020 17:25:15	Dr Asha Dubey	Hindu collage moradabad
5-11-2020 18:24:46	Neha Mishra	Mahila Vidyalaya Degree College
5-11-2020 17:27:33	Muskan jaiswal	Shri Guru Nanak girls degree College
5-11-2020 17:27:48	Muskan jaiswal	Shri Guru Nanak girls degree College
5-11-2020 17:27:56	Mary Sabu	Rajagiri Seashore School
5-11-2020 17:28:40	Subrata Das	Kempfort Public School, Bhopal
5-11-2020 17:31:16	Vaishali Verma	Yes
5-11-2020 17:30:51	Pratibha pal	Shri guru Nanak girls degree college
5-11-2020 17:31:49	Dr Sushma Pathak	Raja Mohan Girls P G College Faizabad,Ayodhya
5-11-2020 17:32:25	Farha khatoon	Mahila Vidyalaya degree College lucknow
5-11-2020 17:34:02	Preeti Verma	Basic education department
5-11-2020 17:34:17	Dr Prayag Dutt Pandey	Directorate of Prosecution govt of NCT of Delhi
5-11-2020 17:36:37	Riya singh	Shri guru nanak girls degree collage
5-11-2020 17:40:46	P.Madhavi Latha	Bharatiya Vidya Bhavan's public school
5-11-2020 17:38:59	Riya singh	Shri guru nanak girls degree collage
5-11-2020 17:41:40	Riya singh	Shri guru nanak girls degree collage
5-11-2020 17:41:40	Riya singh	Shri guru nanak girls degree collage

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Timestamp	Participants Name	Organization
5-11-2020 17:42:42	Natasha	SANSKRUTI AN ENGLISH MEDIUM SCHOOL
5-11-2020 17:43:17	Dr Durgesh Pratap Singh	Kamla Nehru P G College Raebareli
5-11-2020 17:44:08	Neha Singh	College of innovative manegement and science
5-11-2020 17:44:32	P.Madhavi Latha	Bharatiya Vidya Bhavan's Public School
5-11-2020 17:46:30	Priyanka Singh	ICAR-Indian Institute of Sugarcane Research, Lucknow
5-11-2020 17:47:16	Jaya singh	Lmpdc gosainganj
5-11-2020 17:46:57	Wariya Siraj	SRMS IBS
5-11-2020 17:48:11	LOKESH KUMAR	JEEVAN JYOTI PUBLIC SCHOOL JATTARI ALIGARH
5-11-2020 17:51:33	Meenakshi Singh	Feroze Gandhi Institute of professional studies , Raebareli
5-11-2020 17:50:11	Sudher Rai	College Of innovative management and science,Gomti nagar,Lucknow
5-11-2020 17:51:49	Yusairah ahmad	University of lucknow
5-11-2020 17:53:12	Inderpal kaur	Sanskriti-An English Medium School
5-11-2020 17:55:00	Dr. Afeefa Fatima	Lal Bahadur Shastri Girls College of Management, Lucknow
5-11-2020 17:59:54	Bushra razzaki	Mahila vidhyalaya Pg clg
5-11-2020 18:02:24	Bushra razzaki	Mahila vidhyalaya Pg clg
5-11-2020 18:03:58	Deepthy Podiyan	Arwachin India School for Holistic learning
5-11-2020 18:12:02	Mrs.Archana Sane	Maharashtra Institute of higher education
5-11-2020 18:14:00	Rajni Singh	Kalyandurga International School

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5-11-2020 18:14:51	Garima Choubey	Research Scholar, Ranidurgawati University, Jabalpur M.P
5-11-2020 18:15:40	KOMAL BINDROO	Isabella Thoburn College
5-11-2020 18:15:54	Dr Suresh Mani Tripathi	Chhattisgarh Academy of Adminstration
5-11-2020 18:16:27	Mrs Neera Nagrath	ANDNNMMahavidyalaya kanpur
5-11-2020 18:17:06	Jyoti Gautam	Vivekanand of education, Aligarh
5-11-2020 18:23:40	Anuradha singh	Department of English and modern European languages, University of Lucknow.
5-11-2020 18:22:03	Sandhya singh	Mahila mahavidyalaya degree college
5-11-2020 18:23:04	Anuradha singh	Department of English and modern European languages, University of Lucknow.
5-11-2020 18:23:09	Dr Akhilesh kumar Mishra	Indian administrative services ,and poetry
5-11-2020 18:24:34	Madhuri Gupta	Bora institute of management sciences, Lucknow
5-11-2020 18:24:53	Aparna Pant	Avadh girls degree College
5-11-2020 18:25:07	Prachi Gautam	Overcoming the Stress Disease Connection
5-11-2020 18:25:57	Pooja Kumari	Mahant Darshan das mahila Mahavidyalaya muzaffarpur
5-11-2020 18:27:05	Kirti Srivastava	Student from Lucknow university
5-11-2020 18:27:25	Shubhra Bhatia	The Bhopal School of Social Sciences
5-11-2020 18:27:39	Rumsha Quraishi	Mahila vidyalaya degree college
5-11-2020 18:28:23	Shikha Rastogi	Mahila Vidyalaya degree College
5-11-2020 18:28:40	Pratikha verma	Vivekanand college of education

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Timestamp	Participants Name	Organization
5-11-2020 18:30:10	Neha Agarwal	Dayalbagh Educational Institute, Agra
5-11-2020 18:30:18	Dr. Vijay laxmi sharma	Bora institute of management sciences
5-11-2020 21:54:37	Arunav Roy	DBRAU
5-11-2020 18:32:42	RUBVITA CHADHA RAJPUT	Shri ram college
5-11-2020 18:33:01	Shubhra Bhatia	The Bhopal School of Social Sciences
5-11-2020 18:35:42	Km. Pooja	Vivekananda of education aligarh
5-11-2020 18:36:18	Sushmita Das	Gyan Ganga College of Technology, Jabalpur
5-11-2020 18:37:59	Shikha Rastogi	Mahila Vidyalaya degree college
5-11-2020 18:39:02	JAINENDRA SINGH	CAREER COLLEGE OF MANAGEMENT AND EDUCATION LUCKNOW
5-11-2020 18:43:26	Shama	Bora Institute of Management Sciences
5-11-2020 18:43:08	Amit kumar srivastava	National pg college lucknow
5-11-2020 18:44:20	Sudha Kukreti	Sanskaar Vidhya Niketan
5-11-2020 18:45:41	Dr Maya Verma	Rajkiya Manila Snatkottar Mahavidhyalaya, Banda UP
5-11-2020 18:47:33	Prasanth P Nair	Rukmami Group of Institutions
5-11-2020 18:48:21	Tumpa kumari	sree gurunanak girls degree college
5-11-2020 18:48:46	Priya awasthi	Phd research scholar
5-11-2020 18:49:30	Alka Shrivastava	Vatsalya Sr. Sec. School
5-11-2020 18:49:05	VATSAL YADAV	DATBI Blood Stem cell donors registry

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Timestamp	Participants Name	Organization
5-11-2020 18:50:03	Ramya	Delhi Public School, Hapur
5-11-2020 18:52:33	kanchanlata	M.ed
5-11-2020 18:54:50	Dhirendra kumar tripathi	Nachiketa college of computer science commerce and advanced technology vijaynagar jabalpur mp
5-11-2020 18:55:13	kanchanlata	Mahila vidyalaya degree college
5-11-2020 18:55:28	Rinee Mishra	Mahila Maha vidyalya degree college
5-11-2020 18:55:48	Dr. Rani Tiwari	S.S.V. College, Hapur, U.P.
5-11-2020 18:56:10	Dr. Neeta Vaydande	The Bhopal School of Social Sciences
5-11-2020 18:58:18	Dhirendra kumar tripathi	Nachiketa college of computer science commerce and advanced technology vijaynagar jabalpur mp
5-11-2020 18:58:24	Arti kannujiya	Mahila Vidyalaya degree college
5-11-2020 19:00:13	Muskan Tiwari	Shri Guru Nanak Girls Degree College
5-11-2020 19:05:27	Unnati singh	Mrs. Nisha gupta
5-11-2020 19:05:46	Raina Trivedi	Bora institute of management sciences Lucknow Uttar Pradesh
5-11-2020 19:06:27	Neetu sharma	Department of English and MEL University of Lucknow
5-11-2020 19:06:29	Pooja Bari	Mahila vidyalaya Degree college
5-11-2020 19:06:44	Swati tiwari	Jagpat Singh singrore prayagraj utter Pradesh
5-11-2020 19:08:00	Mr. Ram Dular	Bora Institute of Management Science, Sitapur Road, Lucknow
5-11-2020 19:07:30	Shalini diwedi	Mahila vidyalaya degree college
5-11-2020 19:00:00	Unnati singh	Mrs. Nisha gupta

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Timestamp	Participants Name	Organization
5-11-2020 19:09:58	Neha Jaiswal	Dr.Ram Manohar Lohia Avad University
5-11-2020 19:10:45	Dr. Jitendra Singh Goyal	IGNOU
5-11-2020 19:11:01	Aanchal saxena	Mahila vidyalaya degree college
5-11-2020 19:12:50	Pooja Gupta	Navchetna clinic Gorakhpur
5-11-2020 19:12:59	Dr. Anju nagaur	Amity University
5-11-2020 19:14:06	Rajni Dubey	One Stop Center
5-11-2020 19:14:34	Nidhi Madheshiya	One stop centre
5-11-2020 19:14:38	Kanchan Rathore	Department of psychology,University of Rajasthan,Jaipur,Rajasthan.
5-11-2020 19:15:04	Dr Miny Chandra	RDSO
5-11-2020 19:15:00	Mansi Mishra	Tulasi Rehabilitation Centre and Psychiatric Hospital
5-11-2020 19:15:01	Shrinkhala Singh	One Stop Center Ministry of Women and Child Development Department Mirzapur UP
5-11-2020 19:16:56	Dr. varsha tiwari	R.d.v.v. jabalpur (m.p)
5-11-2020 19:17:12	Rishikeshwar Trivedi	Tulasi Rehabilitation Centre and Psychiatric Hospital
5-11-2020 19:17:22	kanchanlata	vivekanand college of education
5-11-2020 19:17:41	Mohini Sharma	Vivekanand college of Education Aligarh
5-11-2020 19:17:47	Pooja Bari	Vivekanand college of education Aligarh
5-11-2020 19:17:58	Preeti Bala Mishra	AIBAS, Amity University, Lucknow
5-11-2020 19:18:00	Zeba Siddiqui	Mahila degree college

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Timestamp	Participants Name	Organization
5-11-2020 19:18:56	Dr. Ritu Agarwal	Amity University, Lucknow
5-11-2020 19:19:04	Dr.Kasturi S Pesala	IGNOU, Regional Centre, Bangalore
5-11-2020 19:19:21	Nilam Pandey	Satyabhama college of education
5-11-2020 19:19:28	Dr. Ridhima Shukla	CHRIST (Deemed to be University)
5-11-2020 19:19:49	Devendra	ILS, SRMU, Lucknow
5-11-2020 19:20:47	Dr. Namrata Goyal	Amity University Lucknow, Uttar Pradesh
5-11-2020 19:20:51	Ms Gatika Sahai	City Montessori School
5-11-2020 19:21:16	Sakshi Gupta	Shri Ramswaroop Memorial University
5-11-2020 19:21:17	Jagriti Verma	Shri Ramswaroop Memorial University
5-11-2020 19:21:41	Shriti kashyap	lgt
5-11-2020 19:22:22	Apoorva bharti	Student
5-11-2020 19:22:50	Deeksha chadha	National Post graduate College
5-11-2020 19:23:21	Mantasha Noor	Mahila Vidyalaya Degree college
5-11-2020 19:23:22	Tanvi Tripathi	Sant Sai Convent School,Jaunpur(UP).
5-11-2020 19:24:25	Shalini singh	ShriRamswaroop memorial university
5-11-2020 19:24:26	Sandhya Bhatt	Amity University lucknow
5-11-2020 19:24:29	Dr. N.R. Rajendra Prasad	Indira Gandhi National Open University
5-11-2020 19:24:50	HEMAMATI NILG	INDIRA GANDHI NATIONAL OPEN UNIVERSITY



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Timestamp	Participants Name	Organization
5-11-2020 19:26:54	KANCHAN SHARMA	Mahila Vidyalaya Degree College
5-11-2020 19:26:20	Shalini Tiwari	University of Allahabad
5-11-2020 19:26:32	Nilam Pandey	Satyabhama college of education
5-11-2020 19:26:35	Anil Kumar Singh	Bora Institute Of Management Sciences . Lucknaw
5-11-2020 19:28:20	Priya Agrawal	BBAU Lucknow
5-11-2020 19:27:26	Vidhu Shekhar Pandey	Department of Education, University of Allahabad,Prayagraj, U.P.
5-11-2020 19:28:38	Purnima Srivastava	Rameshwaram Institute of Education and Training,Lucknow
5-11-2020 19:27:57	NEHA UPADHYAY	Regional Institute Of Education Ajmer Rajasthan
5-11-2020 19:28:59	Surinder Pal	State Council of Educational Research and Training (SCERT) UT Chandigarh
5-11-2020 19:28:10	Laxmi Tiwari	Mahila Vidayala Degree college
5-11-2020 19:28:57	Radha Chauhan	Vivekanand college of technology and management, Aligarh
5-11-2020 19:29:50	Dr. Jaya Bharti	A.N.D.N.N.M.M. HARSHNAGAR KANPUR
5-11-2020 19:30:32	Dr Haroon Shafiq	Government college malerkotla
5-11-2020 19:31:10	Neha Kashyap	College
5-11-2020 19:31:12	Dr. Shruti Khare	Prakash Welfare Foundation, Lucknow
5-11-2020 19:31:16	Nigat jahan	Shri Guru Nanak Girl's Degree College
5-11-2020 19:31:25	Sana Fatima	Shri gurunanak girls Degree College Luckno
5-11-2020 19:31:28	Sajal Masilkar	Shri Ramkrishna Memorial University

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Timestamp	Participants Name	Organization
5-11-2020 19:31:33	Aditi Mishra	Ex employee st aloysius college
5-11-2020 19:32:44	Deepshikha	Psychologist at women welfare department
5-11-2020 19:34:17	Anita Verma	One Stop Center (Banda) Ministry of women and Child development
5-11-2020 19:36:39	Saloni Mehndi Ratta	Mahila Vishwavidyalaya
5-11-2020 19:36:44	Simranjeet Kaur	District Child Protection Officer
5-11-2020 19:36:46	Deepak tiwari	Student
5-11-2020 19:38:01	Mrs Asra Bibi Siddiqui	Karamat Husain Muslim Girls P.G. College, Lucknow
5-11-2020 19:37:15	Shivanshi	Student
5-11-2020 19:38:23	Sneha Saha	Christ (Deemed to be) University, Delhi NCR
5-11-2020 19:41:47	Geetika tripathi	Maharashtra institute of higher education
5-11-2020 19:42:26	Anamika Tiwari	University of Allahabad
5-11-2020 19:42:35	Dr Hardeep Kaur	Psychology department , Mata Gujri College Fatehgarh Sahib
5-11-2020 19:42:55	Hema Pathak	Maa Vaishno Devi Law College Lko
5-11-2020 19:43:23	Fatima Sahrish	Integral University
5-11-2020 19:43:37	ROCKY SHARMA	JNV NUD SAMBA JAMMU AND KASHMIR
5-11-2020 19:47:41	Muskan Srivastava	Mahila vidyalaya Degree College Lucknow
5-11-2020 19:46:13	Ambika	Vivekananda college of education Aligarh
5-11-2020 19:48:04	Neetu Bhowt	National PG College Lucknow

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Timestamp	Participants Name	Organization
5-11-2020 19:49:03	Shipra Shukla	Khwaja Mohuddin Chishti Language University
5-11-2020 19:49:26	Gyan Prakash Srivastava	Shri Ramswaroop Memorial University
5-11-2020 19:50:37	Anushka singh	Mahila vidyalaya degree college
5-11-2020 19:50:41	Neetu Rawat	National PG College,Lucknow
5-11-2020 19:51:22	Mantahsa parveen	Mahila vidyalaya degree college
5-11-2020 19:51:38	Lakshmi Trivedi	Lakshmi Trivedi
5-11-2020 19:52:13	Anushka singh	Babasaheb Bhimrao Ambedkar University
5-11-2020 19:55:22	Makhan Kumbhkar	Christian Eminent College,Indore
5-11-2020 19:55:38	Tanzeel Ahsan Farooqui	Department of social work university of lucknow
5-11-2020 19:55:50	Dr. Priyanka Singh	A.N.D.N.N.M Mahavidyalay
5-11-2020 19:56:53	Taliba shakeel	Mahila vidyalaya digree collage
5-11-2020 19:56:40	Shazia Parveen	Bora Institute of Management Sciences, Lucknow
5-11-2020 19:57:23	Km Arti Singh	Shri guru nanak girls degree college charbagh Lucknow
5-11-2020 19:58:34	Zainab saleem	Mahila vidyalaya degree college
5-11-2020 19:58:20	VISHNU TG	Arwachin India, Burhanpur
5-11-2020 19:58:59	DAMINI SONI	SHRI GURU NANAK GIRL'S DEGREE COLLEGE
5-11-2020 19:58:33	Dr MP Singh	SRMCEM LUCKNOW
5-11-2020 19:59:50	Zainab Saleem	Mahila vidyalaya degree college

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Timestamp	Participants Name	Organization
5-11-2020 19:59:59	Himanshu Gautam	Lucknow University
5-11-2020 22:47:40	Dr. Meenakshi Verma	Research Society of Homoeopathy, Lucknow
5-11-2020 20:02:37	Asad Mirza	Shia Post Graduate College, Lucknow
5-11-2020 20:03:16	Anushka sahu	Mahila vidyalaya degree college
5-11-2020 20:04:13	Shweta mishra	St.james school
5-11-2020 20:03:51	Bhawna sharma	Phd research scholar
5-11-2020 20:03:55	Sudhakar Deo Dwivedi	Assist prof B.Ed. Rameshwaram Institute of Education and training
5-11-2020 20:06:48	Arti Agarwal	Shri Guru nanak girls degree college
5-11-2020 20:07:16	Megha Goyal	Carmel convent school. Sector 9 chd.
5-11-2020 20:08:54	Unnati Yadav	Mahila Vishwavidyalaya
5-11-2020 20:11:09	Dr.Richa Shukla	Balram Krishan Academy,University of Lucknow
5-11-2020 20:13:35	Komal Gupta	Mahila Vishwavidyalaya
5-11-2020 20:13:59	Jyotesh Pateriya	Government Engineering College Jabalpur
5-11-2020 20:21:59	Afreen Fatima	University of Lucknow
5-11-2020 20:26:29	Dr.Arman Taqvi	shia p.g.college
5-11-2020 20:29:16	Shoubhangi tiwari	Mahila vidyalaya degree college
5-11-2020 20:28:04	Ambika	vivekanand college of education aligrah
5-11-2020 20:28:00	Mansi Khan	Hindu college Meerut

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Timestamp	Participants Name	Organization
5-11-2020 20:28:50	ANKITA	BABASAHEB BHIMRAO AMBEDKAR UNIVERSITY (A Central University) LUCKNOW-226025
5-11-2020 20:29:31	Dr Rachna Mishra	Isabella Thoburn College, Lucknow
5-11-2020 20:30:54	Saumya Tiwari	Mahila vidyalaya P. G college
5-11-2020 20:33:33	Dr.Nehashree srivastava	Asst prof.psychology National pg college lucknow
5-11-2020 20:34:41	Saumya Tiwari	Mahila vidyalaya P. G college
5-11-2020 20:35:09	Meenakshi singh	Sri guru nanak girls degree college
5-11-2020 20:37:48	Dr.Geeta Rani	Mewar institute of Management
5-11-2020 20:37:22	Meenakshi singh	Sri guru nanak girls degree college
5-11-2020 20:37:52	Ashish Kumar Tewari	Department of Chemistry Banaras Hindu University Varanasi
5-11-2020 20:40:47	ANKITA	Babasaheb Bhimrao Anbedkar University(A Central University) Lucknow -226025
5-11-2020 20:39:37	Nida itrat	B A 3year
5-11-2020 20:40:10	Deepali Tiwari	Mahila vidyalaya deegre college
5-11-2020 20:43:58	Iqura Rahman	Lucknow university
5-11-2020 20:41:10	Priyanka pandey	One stop center, ministry of women n child development,prayagraj
5-11-2020 20:41:13	Pragya Singh	University of Lucknow
5-11-2020 20:42:14	Vishvakesh Vishvakarma	J.N digree college
5-11-2020 20:43:10	Pooja Verma	Shri Guru nanak Girls Degree College
5-11-2020 20:43:44	Dr. Sushila Tiwari	Department of Botany Banaras Hindu University

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Timestamp	Participants Name	Organization
5-11-2020 20:44:39	Pooja Verma	Shri Guru nanak Girls Degree College
5-11-2020 20:44:41	Atul Sharma	Jamia Millia Islamia
5-11-2020 20:45:47	Khushboo Nainani	SOSS DAVV Indore
5-11-2020 20:46:29	Dr. Shweta Chaudhary	Babasaheb Bhimrao Ambedkar University, Lucknow
5-11-2020 20:45:43	Swetakshi Singh	TSM medical college and hospital
5-11-2020 20:46:29	Dr. Upasana Singh	National p.g. college , Lucknow
5-11-2020 20:47:00	Ishika	University of Delhi
5-11-2020 20:48:08	P.Madhavi Latha	Bharatiya Vidya Bhavan's public school, Jubilee Hiis,Hyderabad
5-11-2020 20:48:30	ANKITA	Babasaheb Bhimrao Ambedkar University (A Central University) Lucknow_226025
5-11-2020 20:51:03	Mohd Uvais Khalid	S.d. College of education
5-11-2020 20:52:07	Arthav kumar	Nss volianter
5-11-2020 20:53:49	Dr. Reena srivastava	National PG college
5-11-2020 20:53:50	Shilpa yadav	Mahila vidyalaya degree
5-11-2020 20:58:04	Devesh Kumar Srivastava	Bora Institute of Management Sciences
5-11-2020 21:03:52	Zoomi Singh	Centre of Food Technology, University of Allahabad
5-11-2020 21:03:57	Kuldeep Dwivedi	BORA INSTITUTE of MANAGEMENT SCIENCES, SITAPUR Road Lucknow.
5-11-2020 21:04:25	Kalpana	Mahila Maha vidyalaya digree College
5-11-2020 21:05:57	Kalpana	Mahila Maha vidyalaya digree College 21 ganga

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Timestamp	Participants Name	Organization
5-11-2020 21:07:06	Leena	Mahila Vidyalaya Degree College
5-11-2020 21:07:08	Nidhi khare	E. M. R. S
5-11-2020 21:08:08	Dr. Shephali Mathur	Former Assistant Professor, Amity University , Raipur
5-11-2020 21:08:54	Mrs nisha gupta	012471
5-11-2020 21:29:11	Dr. Ashok Singh	SVPG college Deoria, DDU, Gorakhpur
5-11-2020 21:13:28	Rinku Raheja	National PG College
5-11-2020 21:13:49	Kalpana	Mahila Maha vidyalaya digree College 21 ganga prasad road Aminabad
5-11-2020 21:14:43	Ranjeet Kaur	Shri Guru Nanak Girls Degree College
5-11-2020 21:14:45	Anubhuti Maurya	Babasaheb Bhimrao Ambedkar ( A central University ),Lucknow- 226025
5-11-2020 21:17:28	Dr.Syed Mohd.Abid Rizvi	Shia P.G.College,Lucknow
5-11-2020 21:17:54	Prof. Sangeeta Trama	Department of Psychology, Punjabi University, Patiala
5-11-2020 21:19:31	Yogita Sahni	Department of Psychology, Punjabi University, Patiala
5-11-2020 21:19:50	Kuldeep Dwivedi	BORA INSTITUTE of MANAGEMENT SCIENCES, SITAPUR Road Lucknow.
5-11-2020 21:20:19	Milind Raj Anand	Dr. Ram Manohar Lohia National Law University, Deptt. Of Humanities and Other Studies
5-11-2020 21:20:39	Dr. Ankita Srivastava	King George's Medical Universiry (KGMU)
5-11-2020 21:20:51	Pooja Shukla	BIMS
5-11-2020 21:21:27	Radhika Raheja	Vidya classes Lucknow
5-11-2020 21:21:27	Divyanshu Dahiya	City College of Management

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Timestamp	Participants Name	Organization
5-11-2020 21:21:59	Kaushlendra Pratap singh	None
5-11-2020 21:23:07	Prakhar Bajpai	National PG College
5-11-2020 21:23:12	Reetika Pal	Amity University Lucknow Campus
5-11-2020 21:24:09	Divyany Paliwal	City' college of management Lucknow
5-11-2020 21:25:47	Vandana verma	University of Allahabad
5-11-2020 21:25:46	Sushmita shukla	Vidya Ananda organization
5-11-2020 21:30:42	Manisha	J. N. Mahavidhyalya Gursarai, Jhansi
5-11-2020 21:27:40	Komalprajapati	Mahila vidyalay degree college
5-11-2020 21:28:09	Dr. Yashi Verma	Era University
5-11-2020 21:28:19	Greci Mishra	Mahila Vidyalaya Degree College
5-11-2020 21:30:18	Jyoti shukla	Mahila vidyalaya degree college
5-11-2020 21:32:16	Aashi Verma	Amity university noida
5-11-2020 21:34:47	Akanksha gupta	Mahila Vidyalay degree college
5-11-2020 21:35:40	Dr AzraBano	NSNPGCollege lucknow
5-11-2020 21:36:07	Triguna Singh	City Montessori school
5-11-2020 21:37:06	Nousheen	Mahila vidyalaya Degree college
5-11-2020 21:39:23	Amit Kumar Singh	DDU, Gorakhpur
5-11-2020 21:39:44	Dr. Kanika Bandyopadhyay	City Montessori School, Lucknow



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5-11-2020 21:40:14	Razia Parveen	Nari Shiksha Niketan P.G. College
5-11-2020 21:40:24	Amit Kumar Singh	DDU, Gorakhpur
5-11-2020 21:40:32	Arti Pandey	Ram Sewak Singh Mahila College, Sitamarhi
5-11-2020 21:40:42	Neha Jayaswal	Fiserv India
5-11-2020 21:41:48	Ashish Shukla	Standard computer education
5-11-2020 21:41:39	Smt. Seema Agarwal	Sahu Ram Swaroop Mahila Maha Vidyalaya, Bareilly
5-11-2020 21:43:39	Nirmal Yadav	Mahila Vidyalaya Degree collage
5-11-2020 21:44:45	Dr Manjari Khanna	Nari Shiksha Niketan PG college kaiserbagh lko
5-11-2020 21:45:13	Nisha gupta	Mahila vidyalaya degree college Lucknow
5-11-2020 21:47:08	Dr Vibha Agnihotri	Nari ShikshaNiketan Post Graduate College
5-11-2020 21:47:37	hasmeen	Mahila vidyalaya degree college
5-11-2020 21:47:46	Swati Mishra	Mahila vidyalaya degree college
5-11-2020 21:52:16	Mr. Victor Banerjee	IGNOU
5-11-2020 21:54:51	Atul Kumar Nema	Taxation Point
5-11-2020 21:55:29	Kaushlendra Pratap Singh	NA
5-11-2020 21:57:58	Sandhya Sharma	Mahila Vidyalay Degree College
5-11-2020 21:58:13	Saumya Tiwari	Mahila vidyalaya P. G college
5-11-2020 21:59:47	Dr. Anjali Mishra	Dr. Anjali Mishra P.G. College, Varanasi

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5-11-2020 21:59:14	Sumbul khan	Mahila Vidayala Degree College
5-11-2020 21:59:38	Shivani Sinha	Mahila vidyalya degree clg
5-11-2020 21:59:49	Divya Sinha	Sophia College for Women
5-11-2020 22:00:33	Dr Dharendra Kumar Pandey	Charak institute of Education Lucknow
5-11-2020 22:00:16	Payal Agarwal	University of Allahabad, Department of Education
5-11-2020 22:01:00	DR. HENA SIDDIQUI	ISABELLA THOBURN POST GRADUATE COLLEGE,LUCKNOW
5-11-2020 22:01:10	Dr Sunita sharan	Shri Guru Nanak girls degree college
5-11-2020 22:01:41	Laxmi kumari kashyap	Mahila vidyalaya degree college
5-11-2020 22:05:28	Dr Bushra Bano	Mahila Vidyalaya Degree College Lucknow
5-11-2020 22:03:56	Dr. Bharti Pandey	A.N.D.N.N.M.Mahavidyalaya, Kanpur
5-11-2020 22:04:50	Dr. Preeti Pant	BSNV PG College Lucknow
5-11-2020 22:06:07	Sanjana Verma	Mahila vidyalaya degree college
5-11-2020 22:07:35	Bhanu Pratap Yadav	University of Lucknow, Lucknow
5-11-2020 22:08:15	Dr. Kanak Lata Singh	Sahu Ram Swaroop Mahila Mahavidyalay Bareilly
5-11-2020 22:08:36	Dr. Divya Prajaapati	Shri Gurunanak Girls Degree College Lucknow
5-11-2020 22:09:08	Rajiv Srivastava	B. S. N. V. P. G. College, Lucknow.
5-11-2020 22:09:34	Anshuma Dubey	Amity university Lucknow
5-11-2020 22:11:00	Seema Kumari	Mahila vidyalaya degree college

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5-11-2020 22:11:38	Niharika Srivastava	City academy degree college Chinhath lucknow
5-11-2020 22:13:23	Unnati singh	Mrs nisha gupta
5-11-2020 22:13:24	Dr.Upasana Srivastava	A.P.SEN MEMORIAL GIRLS DEGREE COLLEGE
5-11-2020 22:13:45	Dr. Arpita Mukherjee	Dum Dum Motijheel College, Kolkata
5-11-2020 22:14:06	Saumya Maurya	Mahila Vidyalay Degree College
5-11-2020 22:14:32	Jyoti Joshi	Nios
5-11-2020 22:14:34	Archana Singh	King George's Medical University
5-11-2020 22:14:37	Smarika Mishra	Bora institute of management sciences
5-11-2020 22:14:44	Seema kumari	Mahila vidyalaya degree college
5-11-2020 22:14:46	Disha Pandey	Mahila Vidyalay Degree College
5-11-2020 22:17:38	Afroz Zareen Athar	Shia P.G. College
5-11-2020 22:17:49	Jyoti Joshi	Nios
5-11-2020 22:18:37	Mrs Ushamlata	Shri Guru Nanak Girls'Degree College
5-11-2020 22:18:57	Dr. Anamika Kaushiva	Sahu Ram Swaroop Mahila Mahavidyalaya Bareilly
5-11-2020 22:19:02	Hema Tandon	City Montessori School
5-11-2020 22:19:45	R K SHUKLA	UNIVERSITY OF LUCKNOW
5-11-2020 22:21:50	Prabha	Mahila vidyalaya degree college
5-11-2020 22:22:00	Prabha	Mahila vidyalaya degree college

**University of Lucknow, Lucknow**  
**Counselling and Placement Cell**  
**Community Awareness Program for Students and Teachers**  
**May 12, 2020**

Timestamp	Participants Name	Organization
5-11-2020 22:22:58	Harendra Pal	CSIR National Botanical Research Institute Lucknow
5-11-2020 22:25:22	Dr. Ashok Kumar Barasia	Govt. Penchvally P G College Parasia District Chhindwara Madhya Pradesh
5-11-2020 22:25:27	Priyanka Yadav	Psychologist
5-11-2020 22:26:15	Shivangi Srivastava	Integral University
5-11-2020 22:27:38	Athar Mirza	Shia P.G College, Lucknow
5-11-2020 22:28:34	Rudrakshi shukla	Mahila vidyalaya degree college
5-11-2020 22:29:01	DR.ARUNA PATHAK	Mata Gujri Mahavidyalaya (Auto)Jabalpur
5-11-2020 22:29:06	Meghna Singh	National PG College
5-11-2020 22:31:34	Kajol singh	Mahila vidyalay degree college aminabad
5-11-2020 22:34:17	Alfisha Yaseen	Yes
5-11-2020 22:34:21	Kajol singh	Mahila vidyalaya degree college aminabad
5-11-2020 22:35:47	Dalvir singh	Study
5-11-2020 22:34:53	AVIRITI SRIVASTAVA	National P. G. College, Lucknow
5-11-2020 22:36:58	Sonali Rastogi	Mahila Vidyalaya Degree College
5-11-2020 22:39:45		शिक्षा शास्त्र
5-11-2020 22:38:24	Dr. Renu Chaudhari	Bareilly college, Bareilly
5-11-2020 22:41:56	Dr Neetu Mishra	Nari Shiksha Niketan P.G.College, LKO
5-11-2020 22:42:00	Muskan Gupta	Class assistant

**Univesity of Lucknow, Lucknow**  
**Councelling and Placement Cell**  
**Community Awareness Program for Students and Teachers**  
**May 12, 2020**

Timestamp	Participants Name	Organization
5-11-2020 22:44:29	Pushpendra Kumar	GDC GosaiKheda Unnao
5-11-2020 22:46:00	Dr.T.S.Naqvi	Head , Deptt.of Zoology ,Shia P.G.College
5-11-2020 22:45:07	Prashansa Agarwal	St.mary's inter college
5-11-2020 22:47:48	Roshy nagdev	NA
5-11-2020 22:51:15	Preeti Joshi	Self employed
5-11-2020 22:52:35	Vaishnavi Tripathi	Navyug Kanya Mahavidyalaya
5-11-2020 22:52:14	Zarina Khan	Dolls & Kings
5-11-2020 22:53:58	Shubhi malhotra	Shri GuruNanak Girls Degree College
5-11-2020 22:56:13	Harnish kaur	Shri guru nanak girls degree college
5-11-2020 22:57:24	Anjali Tiwari	Shri Guru nanak girls degree college
5-11-2020 22:57:29	Nidhi Pal	Mahila Vidyalaya Degree College
5-11-2020 22:57:32	Laveena Rupeja	Shri Gurunanak Girls Degree College.
5-11-2020 22:58:38	Mrs. Sunita Singh	Navyug kanya Mahavidyalay, Lucknow.
5-11-2020 22:59:03	Harnish kaur chabbra	Shri guru nanak girls degree college
5-11-2020 22:59:33	Ankita kumari	Shri guru Nanak girls degree College, Lucknow
5-11-2020 22:59:43	Dr.Jaya	Aspen



### Webinar 3 Media Reports

Amar Ujala, May 13, 2020

**चिंता देती है बीमारियों को जन्म : प्रो. अनिल लखनऊ।** अत्यधिक चिंता या तनाव से हमारी प्रतिरोधक क्षमता घटती है। विचारों, भावनाओं व कार्यों पर असर पड़ता है। इसलिए किसी भी समस्या को बार-बार सोचने से अच्छा है उसके समाधान के बारे में सोचा जाए। लखनऊ विश्वविद्यालय के प्रो. अनिल मिश्रा ने मंगलवार को महिला महाविद्यालय तथा काउंसलिंग एंड डेवलपमेंट सेल की ओर से आयोजित वेबिनार में यह बात कही। सेल की निदेशक प्रो. मधुरिमा लाल ने बताया कि वेबिनार मंचला में सभी कॉलेज तक पहुंचकर छात्रों का मनोबल बढ़ाने का प्रयास किया जा रहा है, जिससे कि वे कोरोना का सामना कर सकें। मुख्य आयोजक महिला महाविद्यालय की प्राचार्य डॉ. निशा गुप्ता ने धन्यवाद दिया।

Nav Bharat Times, May 13, 2020

### 'चिंता देती है कई बीमारियों को जन्म'

■ एनबीटी, लखनऊ : महिला डिग्री कॉलेज में एलयू के काउंसलिंग और प्लेसमेंट सेल की ओर से मंगलवार को वेबिनार हुआ। इसमें मुख्य वक्ता एलयू के रसायन विज्ञान विभाग के प्रो. अनिल मिश्रा ने चिंता की वजह से होने वाली बीमारियों पर चर्चा की उन्होंने कहा कि चिंता कई बीमारियों को जन्म देती है। सुझाव दिया कि किसी भी समस्या को सोचने से अच्छा है उसके समाधान के बारे में सोचें। वेबिनार में प्रिंसिपल निशा गुप्ता और काउंसलिंग एवं प्लेसमेंट सेल की डायरेक्टर डॉ. मधुरिमा लाल भी शामिल हुईं।

#### Links

- The India View

<https://theindianview.page/article/vidyaartheeyon-ko-sakaaraatmak-sandesh/g9kUN9.html>

- Ghoomta Aaina

<https://ghoomtaaina.in/webinar-in-lucknow-on-overcoming-the-stress-disease-connection-a-practical-approach/>

- UP Khabar

[https://m.facebook.com/story.php?story\\_fbid=252847916075548&id=110597673633907](https://m.facebook.com/story.php?story_fbid=252847916075548&id=110597673633907)

TOI Page 2

## Webinars bring experts to LU colleges

**Lucknow:** Webinars were organized in two LU colleges on happiness and stress management in times of Covid-19.

Mahila Vidyalaya Degree College organised a webinar titled 'Overcoming the Stress Disease Connection - A Practical Approach', said principal Nisha Gupta while at Shri Guru Nanak Girls Degree College, the webinar's theme was 'The Pathway of Happiness - A Practical Approach', said principal Surbhi G Garg on Monday. Both webinars were held in association with LU's Counselling & Placement Cell in the presence of its director Prof Madhurima Lall.

Guest speaker for both webinars, Prof Anil Mishra from LU's chemistry department. Meanwhile, a webinar on minority rights and Constitution was also held for students of Shia PG Law College. Vice-chancellor NALSAR Law University Hyderabad Prof Faizan Mustafa talked about protection of minority rights.