

**List of Vocational Courses**

S. No.	Paper Name	Offered by Department/Institutes/Faculty
✓ 1	Karma Kand	Prachya Sanskrit Vibhag
2	Counselling and Guidance	Psychology
✓ 3	Fashion Designing	Home Science
4	Holistic Health and Happiness	Psychology
✓ 5	Introduction to Statistical Data Analysis-I	Statistics
✓ 6	Introduction to Statistical Data Analysis-II	Statistics
✓ 7	Elementary Number Theory and Cryptography	Mathematics and Astronomy
8	Financial Literacy and Banking	Economics
9	Computer Application and Data Management	Economics

*Pakesh Chandra*

**List of Co-curricular Courses**

S. No.	Paper Name	Offered by Department/Institutes/Faculty
✓ 1	Holistic Health and Happiness	Psychology
✓ 2	Communicative Urdu	Urdu
✓ 3	Vyavharik Sanskritam	Sanskrit and Prakrti Languages
✓ 4	Communicative English	English and Modern European Languages
5	French Grammar Translation and Composition	English and Modern European Languages
6	Archery	Physical Education
7	Badminton	Physical Education
8	Chess	Physical Education
9	Cycling	Physical Education
10	Gymnastics	Physical Education
11	Lawn Tennis	Physical Education
12	Shooting	Physical Education
13	Swimming	Physical Education
14	Table Tennis	Physical Education
15	Track and Field	Physical Education
16	Weight Lifting	Physical Education
17	Yoga	Physical Education
18	Baseball	Physical Education
19	Basket Ball	Physical Education
20	Cricket	Physical Education
21	Football	Physical Education
22	Kabaddi	Physical Education
23	Kho-kho	Physical Education
24	Handball	Physical Education
25	Hockey	Physical Education
26	Netball	Physical Education
27	Rugby	Physical Education
28	Soft ball	Physical Education
29	Volly Ball	Physical Education
30	Boxing	Physical Education
31	Fencing	Physical Education
32	Karate	Physical Education
33	Judo	Physical Education
34	Taekwondo	Physical Education
35	Wrestling	Physical Education
36	Introductory Arabic	Arabic
37	Living Arab World	Arabic
38	Vedic Mathematics	Mathematics and Astronomy
39	Introduction to Gender Studies	Psychology
40	Communication Skills	Economics
41	Leadership and Personality Development	Economics

*Rakesh chandra*



University of Lucknow  
लखनऊ विश्वविद्यालय

100 Years  
1920-2020  
Centennial  
Celebrations  
शताब्दी उत्सव

## लखनऊ विश्वविद्यालय, लखनऊ।

विद्या परिषद की बैठक दिनांक 24.08.2021 की कार्यवाही  
लखनऊ विश्वविद्यालय, विद्या परिषद की ई-माध्यम द्वारा दिनांक  
24-08-2021, दिन मंगलवार को सम्पन्न बैठक (02/2021) में  
निम्नलिखित सदस्यों ने प्रतिभाग किया।

1.	प्रो० आलोक कुमार राय, कुलपति	कुलपति/पदेन अध्यक्ष
2.	प्रो० प्रेम सुमन शर्मा, संकायाध्यक्ष, कला संकाय	सदस्य
3.	प्रो० आर०के० महेरश्वरी, संकायाध्यक्ष, वाणिज्य संकाय	सदस्य
4.	प्रो० बृजेन्द्र सिंह, संकायाध्यक्ष, विज्ञान संकाय	सदस्य
5.	प्रो० तृप्ता त्रिवेदी, संकायाध्यक्ष, विज्ञान एवं शिक्षा संकाय	सदस्य
6.	प्रो० सी०पी० सिंह, संकायाध्यक्ष, विधि संकाय	सदस्य
7.	प्रो० शशि शुक्ला, विभागाध्यक्ष, राजनीति शास्त्र विभाग	सदस्य
8.	प्रो० कविता रस्तोगी, विभागाध्यक्ष, भाषा विज्ञान विभाग	सदस्य
9.	प्रो० मनोज कुमार अग्रवाल, विभागाध्यक्ष, अर्थशास्त्र विभाग	सदस्य
10.	प्रो० पियूष भार्गव, विभागाध्यक्ष, प्राचीन भारतीय इतिहास विभाग	सदस्य
11.	प्रो० मनोज दीक्षित, विभागाध्यक्ष, लोक प्रशासन विभाग	सदस्य
12.	प्रो० विवेक प्रसाद, विभागाध्यक्ष, वनस्पति विभाग	सदस्य
13.	प्रो० पूनम शर्मा, विभागाध्यक्ष, गणित एवं खगोल विभाग	सदस्य
14.	प्रो० पूनम टण्डन, विभागाध्यक्ष, भौतिक विभाग	सदस्य
15.	प्रो० राकेश चन्द्रा, विभागाध्यक्ष, दर्शनशास्त्र विभाग	सदस्य
16.	प्रो० राजीव पाण्डेय, विभागाध्यक्ष, सांख्यिकी विभाग	सदस्य
17.	प्रो० रेनू उनियाल पंत, विभागाध्यक्ष, अंग्रेजी विभाग	सदस्य
18.	प्रो० उमर कमालुद्दीन, विभागाध्यक्ष, परसियन विभाग	सदस्य
19.	डॉ० मुकुल श्रीवास्तव, पत्रकारिता एवं जनसंचार विभाग	सदस्य
20.	प्रो० वाई०पी० सिंह, विभागाध्यक्ष, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य
21.	प्रो० अरुन सेठी, विभागाध्यक्ष, रसायन विभाग	सदस्य
22.	श्री संजय मेधावी, विभागाध्यक्ष, व्यापार प्रशासन विभाग	सदस्य
23.	डॉ० शमां महमूद, विभागाध्यक्ष, एम०आई०एच० विभाग	सदस्य
24.	प्रो० ए०एम० सक्सेना, प्राणि विज्ञान विभाग	सदस्य
25.	प्रो० ध्रुवसेन सिंह, भूगर्भ विभाग	सदस्य
26.	प्रो० विभूति राय, भूगर्भ विभाग	सदस्य
27.	प्रो० बी०डी० सिंह, विधि विभाग	सदस्य
28.	प्रो० बालक दास, भौतिक विभाग	सदस्य
29.	प्रो० प्रशान्त श्रीवास्तव, प्राचीन भारतीय इतिहास विभाग	सदस्य
30.	प्रो० कमल कुमार, राजनीति शास्त्र विभाग	सदस्य
31.	प्रो० मधु सिंह, अंग्रेजी विभाग	सदस्य

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32.	प्रो० नाजनीन खान, अंग्रेजी विभाग	सदस्य
33.	प्रो० मधुरिमा प्रधान, मनोविज्ञान विभाग	सदस्य
34.	प्रो० मधुरिमा, व्यवहारिक अर्थशास्त्र विभाग	सदस्य
35.	प्रो० मीना सहाय, गणित विभाग	सदस्य
36.	प्रो० माखन लाल, आयुर्वेद संकाय	सदस्य
37.	प्रो० मो० सिराजुद्दीन, प्राणि विज्ञान विभाग	सदस्य
38.	प्रो० मोनिशा बनर्जी, प्राणि विज्ञान विभाग	सदस्य
39.	प्रो० मनुका खन्ना, राजनीति शास्त्र विभाग	सदस्य
40.	प्रो० विवेक सहाय, गणित विभाग	सदस्य
41.	प्रो० विनोद सिंह, अर्थशास्त्र विभाग	सदस्य
42.	प्रो० एम० प्रियदर्शिनी, अंग्रेजी विभाग	सदस्य
43.	प्रो० रश्मि रेखा, एम०आई०एच० विभाग	सदस्य
44.	प्रो० रीना अग्रवाल, शिक्षा विभाग	सदस्य
45.	प्रो० राकेश कुमार सिंह, विधि विभाग	सदस्य
46.	प्रो० राम मिलन, वाणिज्य विभाग	सदस्य
47.	प्रो० सोमेश कुमार शुक्ला, वाणिज्य विभाग	सदस्य
48.	प्रो० राजीव मनोहर, भौतिक विभाग	सदस्य
49.	प्रो० एम०एम० वर्मा, भौतिक विभाग	सदस्य
50.	प्रो० राजेन्द्र प्रसाद, गणित विभाग	सदस्य
51.	प्रो० सुधीर मेहरोत्रा, जैवरसायन विभाग	सदस्य
52.	प्रो० डी०आर० साहू, समाज शास्त्र विभाग	सदस्य
53.	प्रो० एस०के० चौधरी, समाज शास्त्र विभाग	सदस्य
54.	प्रो० मधु राजपूत, पाश्चात्य इतिहास विभाग	सदस्य
55.	प्रो० वी०के० शर्मा, रसायन विभाग	सदस्य
56.	प्रो० नईगुद्दीन अंसारी, यूनानी संकाय	सदस्य
57.	प्रो० नलिनी पाण्डेय, वनस्पति विभाग	सदस्य
58.	प्रो० नीरज मिश्रा, भौतिक विभाग	सदस्य
59.	प्रो० अशोक कुमार सिंह, भौतिक विभाग	सदस्य
60.	प्रो० अब्दुल कवि, यूनानी संकाय	सदस्य
61.	प्रो० अमृतेश चन्द्र शुक्ला, वनस्पति विभाग	सदस्य
62.	प्रो० गौरी सक्सेना, वनस्पति विभाग	सदस्य
63.	प्रो० अमिता वाजपेई, शिक्षा शास्त्र विभाग	सदस्य
64.	प्रो० दिनेश कुमार, शिक्षा शास्त्र विभाग	सदस्य
65.	प्रो० अमिता कन्नौजिया, प्राणि विज्ञान विभाग	सदस्य
66.	प्रो० अनिल कुमार, ए०आई०एच० विभाग	सदस्य
67.	प्रो० ममता मिश्रा, ए०आई०एच० विभाग	सदस्य
68.	प्रो० अनिल मिश्रा, रसायन विभाग	सदस्य
69.	प्रो० अरविन्द मोहन, अर्थशास्त्र विभाग	सदस्य
70.	प्रो० रश्मि कुमार, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य
71.	प्रो० पवन अग्रवाल, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य
72.	प्रो० सूरज बहादुर थापा, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य
73.	प्रो० अलका पाण्डेय, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य



74.	प्रो० वाई०पी० सिंह, विभागाध्यक्ष, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य
75.	प्रो० हिमांशू सेन, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य
76.	प्रो० श्रुति, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य
77.	प्रो० रीता, हिन्दी एवं आधुनिक भाषा विभाग	सदस्य
78.	प्रो० अरविन्द अवरथी, अर्थशास्त्र विभाग	सदस्य
79.	प्रो० आर०के० मिश्रा, जैव रसायन विभाग	सदस्य
80.	प्रो० आर०के० सिंह, समाज कार्य विभाग	सदस्य
81.	प्रो० बी०डी० सिंह, विधि विभाग	सदस्य
82.	प्रो० आर०पी० सिंह, अंग्रेजी विभाग	सदस्य
83.	प्रो० निशात हैदर, अंग्रेजी विभाग	सदस्य
84.	प्रो० आर०आर० यादव, गणित विभाग	सदस्य
85.	प्रो० ओंकार प्रसाद, भौतिक विभाग	सदस्य
86.	प्रो० आनन्द कुमार विश्वकर्मा, विधि विभाग	सदस्य
87.	प्रो० अवधेश कुमार त्रिपाठी, वाणिज्य विभाग	सदस्य
88.	प्रो० अर्चना सिंह, व्यवहारिक अर्थशास्त्र विभाग	सदस्य
89.	प्रो० विमल जायसवाल, व्यवहारिक अर्थशास्त्र विभाग	सदस्य
90.	प्रो० दिनेश कुमार सिंह, समाज कार्य विभाग	सदस्य
91.	प्रो० लीना वर्मन नी सिन्हा, भौतिक विभाग	सदस्य
92.	डॉ० शशि शर्मा, आयुर्वेद संकाय	सदस्य
93.	डॉ० कफील अहमद, यूनानी संकाय	सदस्य
94.	डॉ० मुहम्मद जुबेर, यूनानी संकाय	सदस्य
95.	प्रो० साफिया लोखण्डे, यूनानी संकाय	सदस्य
96.	प्रो० सोहेल अहमद, यूनानी संकाय	सदस्य
97.	प्रो० अताउल्लाह खान, यूनानी संकाय	सदस्य
98.	प्रो० नफासत अली अंसारी, यूनानी संकाय	सदस्य
99.	प्रो० मु० मुजाहिर आलम, यूनानी संकाय	सदस्य
100.	डॉ० शागुफ्ता परवीन, यूनानी संकाय	सदस्य
101.	डॉ० विनोद कुमार, आयुर्वेद संकाय	सदस्य
102.	डॉ० रंगोली चन्द्रा, समाज शास्त्र विभाग	सदस्य
103.	डॉ० संगीता श्रीवास्तव, रसायन विभाग	सदस्य
104.	डॉ० श्रवन कुमार, शिक्षा विभाग	सदस्य
105.	डॉ० ममता तिवारी, हिन्दी विभाग	सदस्य
106.	डॉ० सुधा सिंह, आयुर्वेद संकाय	सदस्य
107.	डॉ० सुनीता कुमारी, आयुर्वेद संकाय	सदस्य
108.	डॉ० विनीता प्रकाश, प्रधानाचार्या, आई०टी०पी०जी० कालेज	सदस्य
109.	डॉ० फूलचन्द्र चौधरी, आयुर्वेद संकाय	सदस्य
110.	डॉ० अन्जना द्विवेदी, आयुर्वेद संकाय	सदस्य
111.	डॉ० विनोद कुमार सिंह	सदस्य

कुलसचिव/पदेन सचिव

मा० कुलपति महोदय के आदेश पर विशेष आमन्त्रित सदस्य

1. प्रो० नवीन खरे, निदेशक, योगा एवं अल्टरनेटिव मेडिसिन।

*[Signature]*

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बैठक के आरम्भ में मा० कुलपति/अध्यक्ष विद्या परिषद द्वारा समस्त मा० सदस्यों का स्वागत किया गया तथा सदन को अवगत कराया कि लखनऊ विश्वविद्यालय देश का प्रथम विश्वविद्यालय है जिसने नवीन शिक्षा नीति को परास्नातक कक्षाओं में लागू किया है, जिसके लिये मा० कुलपति जी द्वारा समस्त शिक्षकों का धन्यवाद ज्ञापित किया गया।

तत्पश्चात अध्यक्ष/कुलपति की अनुमति से कुलसचिव/सचिव द्वारा बैठक की कार्यवाही प्रारम्भ की गयी।

### कार्यसूची (02/2021)

मद संख्या 01:- दिनांक 17-07-2021 को ई-माध्यम द्वारा सम्पन्न विद्या परिषद की सामान्य बैठक का कार्यवृत्त विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 17-07-2021 को ई-माध्यम द्वारा सम्पन्न विद्या परिषद की बैठक के कार्यवृत्त पर मा० सदस्यों द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।

मद संख्या 02:- दिनांक 03-08-2021 एवं दिनांक 21-08-2021 एवं दिनांक 24-08-2021 को सम्पन्न कला संकाय परिषद की स्पेशल/आकस्मिक बैठक की संस्तुतियाँ विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 03-08-2021 दिनांक 21-08-2021 एवं दिनांक 24-08-2021 को सम्पन्न कला संकाय परिषद की बैठक के कार्यवृत्त पर संकायाध्यक्ष, कला संकाय द्वारा विवरण प्रस्तुत किया गया एवं विद्या परिषद से अनुमोदन प्रदान करने का अनुरोध किया गया, जिस पर सम्यक विचारोपरान्त मा० विद्या परिषद द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।

मद संख्या 03:- दिनांक 21-08-2021 को सम्पन्न विज्ञान संकाय परिषद की बैठक की संस्तुतियाँ विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 21-08-2021 को सम्पन्न विज्ञान संकाय परिषद बैठक के कार्यवृत्त पर संकायाध्यक्ष, विज्ञान संकाय द्वारा विवरण प्रस्तुत किया गया एवं विद्या परिषद से अनुमोदन प्रदान करने का अनुरोध किया गया, जिस पर सम्यक विचारोपरान्त मा० विद्या परिषद द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।

मद संख्या 04:- दिनांक 03-08-2021 एवं दिनांक 24-08-2021 को सम्पन्न वाणिज्य संकाय परिषद की आकस्मिक बैठक की संस्तुतियाँ विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 03-08-2021 एवं दिनांक 24-08-2021 को सम्पन्न वाणिज्य संकाय परिषद की आकस्मिक बैठक के कार्यवृत्त पर संकायाध्यक्ष, वाणिज्य संकाय द्वारा विवरण प्रस्तुत किया गया एवं विद्या परिषद से अनुमोदन प्रदान करने का अनुरोध किया गया, जिस पर सम्यक विचारोपरान्त मा० विद्या परिषद द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।

मद संख्या 05:— दिनांक 21-08-2021 को सम्पन्न शिक्षा संकाय परिषद की आकस्मिक बैठक की संस्तुतियों विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 21-08-2021 को सम्पन्न शिक्षा संकाय परिषद की आकस्मिक बैठक के कार्यवृत्त पर संकायाध्यक्ष, शिक्षा संकाय द्वारा विवरण प्रस्तुत किया गया एवं विद्या परिषद से अनुमोदन प्रदान करने का अनुरोध किया गया, जिस पर सम्यक विचारोपरान्त मा० विद्या परिषद द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।

मद संख्या 06:— दिनांक 04-08-2021 को सम्पन्न विधि संकाय परिषद की बैठक की संस्तुतियों विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 04-08-2021 को सम्पन्न विधि संकाय परिषद की आकस्मिक बैठक के कार्यवृत्त पर संकायाध्यक्ष, विधि संकाय द्वारा विवरण प्रस्तुत किया गया एवं विद्या परिषद से अनुमोदन प्रदान करने का अनुरोध किया गया, जिस पर सम्यक विचारोपरान्त मा० विद्या परिषद द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।

मद संख्या 07:— दिनांक 03-08-2021 को सम्पन्न कला एवं शिल्प महाविद्यालय की संकाय परिषद की बैठक की संस्तुतियों विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 03-08-2021 को सम्पन्न कला एवं शिल्प महाविद्यालय की संकाय परिषद की बैठक के कार्यवृत्त पर मा० विद्या परिषद द्वारा नवीन शिक्षा नीति से सम्बन्धित प्रस्ताव पर सर्वसम्मति से अनुमोदन प्रदान किया।

मद संख्या 08:— दिनांक 04-08-2021 को सम्पन्न योग एवं प्राकृतिक चिकित्सा संकाय परिषद की बैठक की संस्तुतियों विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 04-08-2021 को सम्पन्न योग एवं प्राकृतिक चिकित्सा संकाय परिषद की बैठक के कार्यवृत्त पर निदेशक, योग एवं प्राकृतिक चिकित्सा संकाय द्वारा विवरण प्रस्तुत किया गया एवं विद्या परिषद से अनुमोदन प्रदान करने का अनुरोध किया गया, जिस पर सम्यक विचारोपरान्त मा० विद्या परिषद द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।

मद संख्या 09:— दिनांक 03-08-2021 को सम्पन्न प्रबन्ध विज्ञान संस्थान (I.M.S) के Governing Board की बैठक की संस्तुति विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 03-08-2021 को सम्पन्न प्रबन्ध विज्ञान संस्थान (I.M.S) के Governing Board की बैठक की कार्यवृत्त पर निदेशक, प्रबन्ध विज्ञान संस्थान (I.M.S) द्वारा विवरण प्रस्तुत किया गया एवं विद्या परिषद से अनुमोदन प्रदान करने का अनुरोध किया गया, जिस पर सम्यक विचारोपरान्त मा० विद्या परिषद द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।

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गद संख्या 10:— शैक्षिक सत्र 2021-22 से लखनऊ विश्वविद्यालय से सम्बद्ध हुए चार नवीन जनपदों (हरदोई, लखीमपुर खीरी, सीतापुर एवं रायबरेली) के ऐसे महाविद्यालय जहाँ ऐसे पाठ्यक्रम/विषय संचालित हैं जो लखनऊ विश्वविद्यालय में संचालित नहीं हो रहे हैं उनको लखनऊ विश्वविद्यालय में संचालित किये जाने/पाठ्यक्रम की स्वीकृति किये जाने के सम्बन्ध में प्रस्ताव मा० विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

उपर्युक्त बिन्दु पर कुलसचिव महोदय द्वारा विद्या परिषद को यह अवगत कराया कि चार नवीन सम्बद्ध जनपदों में ऐसे पाठ्यक्रम/विषय संचालित हैं जो लखनऊ विश्वविद्यालय से परिणियमावली में सन्निहित नहीं हैं। इस सम्बन्ध मा० विद्या परिषद द्वारा प्रकरण पर विस्तृत विचारोपरान्त नियमानुसार कार्यवाही करने एवं निर्णय लेने हेतु मा० अध्यक्ष/कुलपति को अधिकृत किया गया।

गद संख्या 11:— दिनांक 11-08-2021 को सम्पन्न पर्यटन अध्ययन संस्थान (I.T.S) के Governing Board की बैठक की संस्तुति विद्या परिषद के सम्मुख अनुमोदनार्थ प्रस्तुत।

दिनांक 11-08-2021 को सम्पन्न पर्यटन अध्ययन संस्थान (I.T.S) के Governing Board की बैठक कार्यवृत्त पर निदेशक, पर्यटन अध्ययन संस्थान (I.T.S) द्वारा विवरण प्रस्तुत किया गया एवं विद्या परिषद से अनुमोदन प्रदान करने का अनुरोध किया गया, जिस पर सम्यक विचारोपरान्त मा० विद्या परिषद द्वारा सर्वसम्मति से अनुमोदन प्रदान किया गया।


गद संख्या 12:— व्यवसायिक एवं सह-पाठ्यक्रम से सम्बन्धित प्रपत्रों की सूची मा० विद्या परिषद के सम्मुख विचारार्थ/निर्णयार्थ प्रस्तुत।


मा० विद्या परिषद द्वारा सर्वसम्मति से प्रकरण पर नियमानुसार कार्यवाही के उपरान्त निर्णय लेने हेतु मा० कुलपति जी को अधिकृत किया गया।

गद संख्या 13:— यू०जी० अध्ययादेश के सम्बन्ध में समिति के गठन हेतु प्रस्ताव मा० विद्या परिषद के सम्मुख विचारार्थ/निर्णयार्थ प्रस्तुत।

मा० विद्या परिषद द्वारा सर्वसम्मति से प्रकरण पर समिति गठित करने हेतु मा० कुलपति जी को अधिकृत किया गया।

तत्पश्चात मा० कुलपति महोदय द्वारा सगस्त सदस्यों का आभार व्यक्त करते हुये विद्या परिषद की कार्यवाही सम्पन्न करने की घोषणा की गयी।

  
(डॉ० विनोद कुमार सिंह)  
सचिव/कुलसचिव

  
(प्र० आलोक कुमार राय)  
कुलपति/अध्यक्ष



University of Lucknow

Department of Urdu

Syllabus Communicative Urdu Paper 1

Credit-02

### Unit-1

(الف) اردو حروف کی پہچان  
اردو حروف تہجی، حروف تہجی کی شکلیں، اعراب  
(ب) حروف کے نام اور ان کی آوازیں

### Unit-2

(الف) لفظ کی ابتدا، درمیان اور آخر میں حروف کی ذیلی شکلیں  
(ب) حروف کو جوڑنا  
دو حرفی الفاظ، سہ حرفی الفاظ، چار حرفی الفاظ

### Unit-3

(الف) جملے بنانا  
دو لفظی جملے، تین لفظی جملے، چار لفظی جملے، چھوٹے جملے  
(ب) روزمرہ کی اشیاء  
دن اور مہینے، پھل اور سبزیاں، گھر اور گھریلو اشیاء

### Unit-4

(الف) تذکیر و تانیث، واحد اور جمع، متضاد الفاظ، مترادف الفاظ  
(ب) اسم، ضمیر، صفت، فعل، فاعل

کتب برائے مطالعہ

۱۔ آؤ اردو سیکھیں:

۲۔ اردو سیکھیں:

۳۔ اردو دو ہفتے میں:

گوپی چند نارنگ

پروفیسر خالد سعید

نصیر احمد خان

HEAD  
Dept. of Urdu  
Lucknow University

University of Lucknow

Department of Urdu

Syllabus Communicative Urdu Paper-2

Credit-02

### Unit-1

(الف) خطوط نویسی

بھائی کے نام، دوست کے نام

(ب) درخواست نویسی

صدر شعبہ کے نام، وزیر تعلیم کے نام

### Unit-2

غزل

(الف) میر تقی میر، درد، غالب

(ب) آتش، ناسخ، فراق

### Unit-3

نظم

(الف) آدمی نامہ: نظیر اکبر آبادی،

(ب) رامائن کا ایک سین: برج نرائن چکبست

### Unit-4

نثر

(الف) نمک کا داروغہ: پریم چند

(ب) معدے کا مریض: سید عابد حسین

کتب برائے مطالعہ

۱۔ کلیات میر: میر تقی میر ۲۔ دیوان غالب: مرزا غالب

۳۔ ابتدائی اردو (اے): سید سراج الدین اجلی ۴۔ اردو نظم کا تنقیدی مطالعہ: سنبل نگار

۵۔ مضامین عابد: سید عابد حسین

Shabnam Kinn  
10-09-2021

A.R. Noman  
10.9.2021

HEAD  
Dept. of Urdu  
Lucknow Univ.

University of Lucknow

Department of Urdu

Syllabus Communicative Urdu Paper-1

Credit-02

### Unit-1

- (الف) اردو حروف کی پہچان  
اردو حروف تہجی، حروف تہجی کی شکلیں، اعراب  
(ب) حروف کے نام اور ان کی آوازیں

### Unit-2

- (الف) لفظ کی ابتدا، درمیان اور آخر میں حروف کی ذیلی شکلیں  
(ب) حروف کو جوڑنا  
دو حرفی الفاظ، سہ حرفی الفاظ، چار حرفی الفاظ

### Unit-3

- (الف) جملے بنانا  
دو لفظی جملے، تین لفظی جملے، چار لفظی جملے، چھوٹے جملے  
(ب) روزمرہ کی اشیاء  
دن اور مہینے، پھل اور سبزیاں، گھر اور گھریلو اشیاء

### Unit-4

- (الف) تذکیر و تانیث، واحد اور جمع، متضاد الفاظ، مترادف الفاظ  
(ب) اسم، ضمیر، صفت، فعل، فاعل

کتب برائے مطالعہ

۱۔ آؤ اردو سیکھیں:

۲۔ اردو سیکھیں:

۳۔ اردو دو ہفتے میں:

گوپی چند نارنگ

پروفیسر خالد سعید

نصیر احمد خان

HEAD

Dept. of Urdu

Lucknow University



Unit-1

(الف) خطوط نویسی

بھائی کے نام، دوست کے نام

(ب) درخواست نویسی

صدر شعبہ کے نام، وزیر تعلیم کے نام

Unit-2

غزل

(الف) میر تقی میر، درد، غالب

(ب) آتش، ناسخ، فراق

Unit-3

نظم

(الف) آدمی نامہ: نظیر اکبر آبادی،

(ب) رامائن کا ایک سین: برج نرائن چکبست

Unit-4

نثر

(الف) نمک کا داروغہ: پریم چند

(ب) معدے کا مریض: سید عابد حسین

کتاب برائے مطالعہ

۱۔ کلیات میر: میر تقی میر ۲۔ دیوان غالب: مرزا غالب

۳۔ ابتدائی اردو (اے): سید سراج الدین اجملی ۴۔ اردو نظم کا تنقیدی مطالعہ: سنبل نگار

۵۔ مضامین عابد: سید عابد حسین ۶۔

Sabbah Fizon  
10-09-2021

A.R. Danyal  
10.9.2021

HEAD  
Dept. of Urdu  
Lucknow University



## Communicative English (04 Credits)

### Course Outcomes:

- After the completion of the course, students will be able to:
- Communicate effectively
- Use the knowledge to work on multidisciplinary teams
- Use the knowledge to mediate between technology/business and a common audience
- Extend their knowledge of contemporary issues.

### Unit-I: Reading/ Listening

How to Read

Practical Reading with comprehension of a Play, Story, Essay, Poem

How to listen: Practical Listening

### Unit-II: Dimensions of Spoken English

Vowel, Consonant

Phonetic Sounds

Common Errors

Idioms & Phrases

Stress & intonation

### Unit III: Speaking

How to speak (pronunciation, accent, and vocabulary building etc., with a person-  
Language in situation, in a group, in public, in a meeting.  
Critical thinking, speaking and writing

### Unit-IV: Presentation Technique

Theme Presentation

Role Play

Paper Presentation

Biadata/Curriculum Vitae (CV) and Resume Writing

Report Writing, Letter writing and Application

*Handwritten signature: R. P. Singh*  
*Handwritten signature: M. V.*

*Handwritten signature: R. P. Singh*

*Handwritten signature: S. K.*

*Handwritten signature: S. G.*

*Handwritten signature: M. V.*

*Handwritten signature: S. G.*

*Handwritten signature: S. G.*

*Handwritten signature: R. P. Singh*

## Communicative English (04 Credits)

### Course Outcomes:

- After the completion of the course, students will be able to:
- Communicate effectively
  - Use the knowledge to work on multidisciplinary teams
  - Use the knowledge to mediate between technology/business and a common audience
  - Extend their knowledge of contemporary issues.

### Unit I: Reading/ Listening

How to Read

Practical Reading with comprehension of a Play, Story, Essay, Poem

How to listen: Practical Listening

### Unit-II: Dimensions of Spoken English

Vowel, Consonant

Phonetic Sounds

Common Errors

Idioms & Phrases

Stress & intonation

### Unit III: Speaking

How to speak (pronunciation, accent, and vocabulary building etc., with a person-  
Language in situation, in a group, in public, in a meeting.

Critical thinking, speaking and writing

### Unit-IV: Presentation Technique

Theme Presentation

Role Play

Paper Presentation

Biodata/Curriculum Vitae (CV) and Resume Writing

Report Writing, Letter writing and Application



## Communicative French

**Title of the Paper: French Grammar, Translation and Composition**

Credit : 4

Course Outcome : To make students to be able to wish in French, to

Introduce him / her and others in French

Conjugate a few verbs in present tense

Be acquainted with French alphabet, accents and numbers

Construct Basis sentences in French to use them in colloquial life

**Unit I:** Comment Soluer en Francais, Se presenter, Organisation générale de la grammaire, la phrase et ses constituants, les divers types de groupe du verbe, la conjugaison, les verbes pronominaux, phonétique corrective- Prononciation et orthographe en français(alphabet et accents, lettres muettes, accent tonique, combinaisons de lettres, prononciations particulières : l graphie – plusieurs sons) Le determinant, article indéfini, défini, contracté, nom, pronoms sujets et toniques

**Unit II:** Adjectifs demonstratives et possessifs, préposition et adverbess de quantité et de lieu, masculin, féminin, singulier et pluriel, Présent, façon de formuler la phrase- affirmation, négation avec « de », "moi aussi", "moi non plus", interrogation : Inversion, est-ce que, qui, que, quoi, qu'est-ce que, où, quand, comment, quel(s), quelle(s), interro-négatif : réponses : oui, si, non

**Unit III:** Traduction des textes enseignés de français en anglais et aussi traduction des phrases simples d'anglais en français

**Unit IV:** Rédiger les prtits dialogues: les phrases avec être, avoir, aller, venir, vouloir et ler groupe, 2e groupe et 3e groupe des verbes, les expression du moment (date, jours, mois, saisons, année)

References :

Text Book : Le nouveau sans frontières –I, Phillipe Dominique et les autres, Cle Internationale, Paris Unit-I & II

Suggested Reading : Le cours de la langue française en Hindi, S.P. Singh, Langers International, Delhi

Web References : <https://www.reverso.net/spell-checker/french-spelling-grammar/>

Ram Kuyal  
10/9/21

*[Signature]*  
10.9.2021

## Communicative French

### Title of the Paper: French Grammar, Translation and Composition

Credit : 4

Course Outcome : To make students to be able to wish in French, to

Introduce him / her and others in French

Conjugate a few verbs in present tense

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Construct Basis sentences in French to use them in colloquial life

**Unit I:** Comment Soluer en Francais, Se presenter, Organisation générale de la grammaire, la phrase et ses constituants, les divers types de groupe du verbe, la conjugaison, les verbes pronominaux, phonétique corrective- Prononciation et orthographe en français(alphabet et accents, lettres muettes, accent tonique, combinaisons de lettres, prononciations particulières : 1 graphie – plusieurs sons) Le determinant, article indéfini, défini, contracté, nom, pronoms sujets et toniques

**Unit II:** Adjectifs demonstratives et possessifs, préposition et adverbess de quantité et de lieu, masculin, féminin, singulier et pluriel, Présent, façon de formuler la phrase- affirmation, négation avec « de », "moi aussi", "moi non plus", interrogation : Inversion, est-ce que, qui, que, quoi, qu'est-ce que, où, quand, comment, quel(s), quelle(s), interro-négatif : réponses : oui, si, non

**Unit III:** Traduction des textes enseignés de français en anglais et aussi traduction des phrases simples d'anglais en français

**Unit IV:** Rédiger les prtits dialogues: les phrases avec être, avoir, aller, venir, vouloir et 1er groupe, 2e groupe et 3e groupe des verbes, les expression du moment (date, jours, mois, saisons, année)

#### References :

Text Book : Le nouveau sans frontières –I, Phillipe Dominique et les autres, Cle Internationale, Paris Unit-I & II

Suggested Reading : Le cours de la langue française en Hindi, S.P. Singh, Langers International, Delhi

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पाठ्य सहगामी स्नातक पाठ्यक्रम  
(Cocurricular U.G. Course)  
व्यावहारिक-संस्कृतम्

कोर्सआउटकम

04 क्रेडिट्स

1. विद्यार्थी संस्कृत भाषा के सामान्य ज्ञान से अवगत होगा।
2. विद्यार्थी संस्कृत के महत्व से परिचित होगा।
3. विद्यार्थी संस्कृतनिष्ठ लेखन में दक्ष होगा।
4. विद्यार्थी संस्कृत के नीतिशास्त्र तथा कर्तव्यबोध के साथ भारतीय संस्कृति से अवगत होगा।
5. विद्यार्थी में संस्कृत सम्भाषण की क्षमता विकसित होगी।

**प्रथम इकाई (Unit Ist)**

**संस्कृत भाषा के सामान्य तत्त्व**

(संस्कृतवर्णमाला, स्वर, व्यंजन, अनुस्वार, संज्ञा, क्रिया, विभक्ति, पुरुष, वचन तथा काल)

**द्वितीय इकाई (Unit II)**

**संस्कृतव्याकरण का सामान्य ज्ञान**

(उपसर्ग, कृत्य, प्रमुखकृत्य, स्त्री तथा मत्वर्थीय प्रत्यय, कारक, सन्धि तथा समास)

**तृतीय इकाई (Unit III)**

**संस्कृत के व्यावहारिक आयाम**

(संस्कृत में सामान्य अनुवाद, लघु निबन्ध लेखन तथा पत्र-लेखन)

**चतुर्थ इकाई (Unit IV)**

**संस्कृत के शास्त्रीय आयाम**

नीतिशतक श्लोक 01 से 25

श्रीमद्भगवद्गीता अध्याय 2 श्लोक 01 से 25

**संस्तुतग्रन्थ**

1. लघुसिद्धान्त कौमुदी-धरानन्द शास्त्री, मोतीलाल बनारसीदास, दिल्ली
2. लघुसिद्धान्त कौमुदी-महेश सिंह कुशवाहा-रामलाल कपूर ट्रस्ट, दिल्ली
3. संस्कृत व्याकरण प्रवेशिका-डॉ० बाबू राम सक्सेना-चौखम्बा संस्कृत संस्थान, वाराणसी
4. बृहद् अनुवाद चन्द्रिका-चक्रधर नौटियाल हंस-मोतीलाल बनारसी दास, दिल्ली
5. नीतिशतकम्-भृत्हरि, चौखम्बा संस्कृत संस्थान, वाराणसी
6. श्रीमद्भगवद्गीता-गीता प्रेस, गोरखपुर, उ०प्र०
7. संस्कृतनिबन्धशतकम्-डॉ० कपिलदेव द्विवेदी, विश्व विद्यालय प्रकाशन, वाराणसी
8. प्रबन्धरत्नाकर-डॉ० रमेशचन्द्र शुक्ल, चौखम्बा विद्याभवन, वाराणसी
9. संस्कृत स्वयं शिक्षा, श्रीपाद दामोदर सातवलेकर, राजपाल एंड सन्स, दिल्ली

**आन्तरिक मूल्यांकन**

संस्कृत में अनुवाद, पत्रलेखन, श्लोकवाचन तथा संस्कृत सम्भाषण

प्र.रा. 13/09/2021

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पाठ्य सहगामी स्नातक पाठ्यक्रम  
(Cocurricular U.G. Course)  
व्यावहारिक-संस्कृतम्

कोर्सआउटकम

04 क्रेडिट्स

1. विद्यार्थी संस्कृत भाषा के सामान्य ज्ञान से अवगत होगा।
2. विद्यार्थी संस्कृत के महत्व से परिचित होगा।
3. विद्यार्थी संस्कृतनिष्ठ लेखन में दक्ष होगा।
4. विद्यार्थी संस्कृत के नीतिशास्त्र तथा कर्तव्यबोध के साथ भारतीय संस्कृति से अवगत होगा।
5. विद्यार्थी में संस्कृत सम्भाषण की क्षमता विकसित होगी।

**प्रथम इकाई (Unit Ist)**

संस्कृत भाषा के सामान्य तत्त्व

(संस्कृतवर्णमाला, स्वर, व्यंजन, अनुस्वार, संज्ञा, क्रिया, विभक्ति, पुरुष, वचन तथा काल)

**द्वितीय इकाई (Unit II)**

संस्कृतव्याकरण का सामान्य ज्ञान

(उपसर्ग, कृत्य, प्रमुखकृत्य, स्त्री तथा मत्वर्थीय प्रत्यय, कारक, सन्धि तथा समास)

**तृतीय इकाई (Unit III)**

संस्कृत के व्यावहारिक आयास

(संस्कृत में सामान्य अनुवाद, लघु निबन्ध लेखन तथा पत्र-लेखन)

**चतुर्थ इकाई (Unit IV)**

संस्कृत के शास्त्रीय आयास

नीतिशतक श्लोक 01 से 25

श्रीमद्भगवद्गीता अध्याय 2 श्लोक 01 से 25

**संस्तुतग्रन्थ**

1. लघुसिद्धान्त कौमुदी-धरानन्द शास्त्री, मोतीलाल बनारसीदास, दिल्ली
2. लघुसिद्धान्त कौमुदी-महेश सिंह कुशवाहा-रामलाल कपूर ट्रस्ट, दिल्ली
3. संस्कृत व्याकरण प्रवेशिका-डॉ० बाबू राम सक्सेना-चौखम्बा संस्कृत संस्थान, वाराणसी
4. बृहद् अनुवाद चन्द्रिका-चक्रधर नौटियाल हंस-मोतीलाल बनारसी दास, दिल्ली
5. नीतिशतकम्-मूर्तहरि, चौखम्बा संस्कृत संस्थान, वाराणसी
6. श्रीमद्भगवद्गीता-गीता प्रेस, गोरखपुर, उ०प्र०
7. संस्कृतनिबन्धशतकम्-डॉ० कपिलदेव द्विवेदी, विश्व विद्यालय प्रकाशन, वाराणसी
8. प्रबन्धरत्नाकर-डॉ० रमेशचन्द्र शुक्ल, चौखम्बा विद्याभवन, वाराणसी
9. संस्कृत स्वयं शिक्षा, श्रीपाद दामोदर सातवलेकर, राजपाल एंड सन्स, दिल्ली

**आन्तरिक मूल्यांकन**

संस्कृत में अनुवाद, पत्रलेखन, श्लोकवाचन तथा संस्कृत सम्भाषण

प्र.जा. 13/09/2021

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पाठ्य सहगामी स्नातक पाठ्यक्रम  
(Cocurricular U.G. Course)

व्यावहारिक-संस्कृतम्

कोर्सआउटकम

04 क्रेडिट्स

1. विद्यार्थी संस्कृत भाषा के सामान्य ज्ञान से अवगत होगा।
2. विद्यार्थी संस्कृत के महत्व से परिचित होगा।
3. विद्यार्थी संस्कृतनिष्ठ लेखन में दक्ष होगा।
4. विद्यार्थी संस्कृत के नीतिशास्त्र तथा कर्तव्यबोध के साथ भारतीय संस्कृति से अवगत होगा।
5. विद्यार्थी में संस्कृत सम्भाषण की क्षमता विकसित होगी।

**प्रथम इकाई (Unit Ist)**

**संस्कृत भाषा के सामान्य तत्त्व**

(संस्कृतवर्णमाला, स्वर, व्यंजन, अनुस्वार, संज्ञा, क्रिया, विभक्ति, पुरुष, वचन तथा काल)

**द्वितीय इकाई (Unit II)**

**संस्कृतव्याकरण का सामान्य ज्ञान**

(उपसर्ग, कृत्य, प्रमुखकृत्य, स्त्री तथा मत्वर्थीय प्रत्यय, कारक, सन्धि तथा समास)

**तृतीय इकाई (Unit III)**

**संस्कृत के व्यावहारिक आयाम**

(संस्कृत में सामान्य अनुवाद, लघु निबन्ध लेखन तथा पत्र-लेखन)

**चतुर्थ इकाई (Unit IV)**

**संस्कृत के शास्त्रीय आयाम**

नीतिशतक श्लोक 01 से 25

श्रीमद्भगवद्गीता अध्याय 2 श्लोक 01 से 25

**संस्तुतग्रन्थ**

1. लघुसिद्धान्त कौमुदी-धरानन्द शास्त्री, मोतीलाल बनारसीदास, दिल्ली
2. लघुसिद्धान्त कौमुदी-महेश सिंह कुशवाहा-रामलाल कपूर ट्रस्ट, दिल्ली
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4. बृहद अनुवाद चन्द्रिका-चक्रधर नौटियाल हंस-मोतीलाल बनारसी दास, दिल्ली
5. नीतिशतकम्-भर्तृहरि, चौखम्बा संस्कृत संस्थान, वाराणसी
6. श्रीमद्भगवद्गीता-गीता प्रेस, गोरखपुर, उ०प्र०
7. संस्कृतनिबन्धशतकम्-डॉ० कपिलदेव द्विवेदी, विश्व विद्यालय प्रकाशन, वाराणसी
8. प्रबन्धरत्नाकर-डॉ० रमेशचन्द्र शुक्ल, चौखम्बा विद्याभवन, वाराणसी
9. संस्कृत स्वयं शिक्षा, श्रीपाद दामोदर सातवलेकर, राजपाल एंड सन्स, दिल्ली

**आन्तरिक मूल्यांकन**

संस्कृत में अनुवाद, पत्रलेखन, श्लोकवाचन तथा संस्कृत सम्भाषण

प्र.जा. 13/09/2021

13.9.21

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## Title of the Paper: Counselling and Guidance

**Credits: 04**

**Course Objectives-** The objective of the course is to facilitate students about the concept of counselling and guidance. To provide knowledge to the learner about the goals, stages, elements, skills and procedure of Counselling.

**Course Outcome:** The study of this course will facilitate the students to develop the essential qualities of a counsellor within themselves. They will be able to learn about the various foundation skills that are applied during the counselling and thereby enhance their understanding about the structure of counselling sessions.

### Unit I: Introduction to Counselling

- Counselling and Guidance: Definition, goals and essential elements of Counselling, Difference and relationship between Counselling and Guidance.
- Personal qualities of the Counsellors- Empathy, Warmth, Unconditional Positive Regard, Genuineness.
- Stages in Counselling process (Getting started, Introductory talk, Identifying the issue, Coping with feelings) and ethical issues.

### Unit II: Foundation Skills

- Attending- Posture, Eye contact, Facial expression, seating arrangement.
- Listening Skills- Listening to silences, interrupting silences, listening to your reactions, listening filters.
- Reflective Skills- (Restating, Paraphrasing, Summarizing) and Probing Skills- (Questioning, Responding to client's questions).

### Unit III: Group Counselling

- Individual and Group Counselling-Similarities and Differences.
- Assumptions and Limitations of group Counselling.
- Process of group Counselling.

### Unit IV: Special areas in Counselling

- Counselling with Parents.

*M. Pradhan*  
13/09/2021

*Bhatnagar*  
13.9.2021.

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*Sharma*  
13/09/2021

*Megha Singh*  
13/09/2021



## Holistic Health and Happiness

**Course Objective:** The objective of this course is to enhance the level of understanding of the students about holistic health specifically in terms of indigenous knowledge. To help the students to understand the importance of thoughts in affecting the body and thereby the level of holistic health and happiness.

**Course Outcome:** The learners will develop skills of managing health at different levels. They would become spiritually oriented not only in their own lives but also to contribute in their interpersonal relationship, society and community. They will learn the strategies of managing their negative thoughts and enhancing the level of emotional intelligence with the practice of meditation. They will understand how western knowledge of psychological concepts can be supplemented by Indian Spiritual heritage.

### Unit I- Introduction

- Concept, Dimensions of health: Physical, Mental, Social, Spiritual, Environmental.
- Energy Wheels in body: The Seven Chakras, Impact of thoughts on body: Strategies for Holistic Health and Spiritual Life Style.
- Happiness in Positive Psychology, Hedonic and Eudemonic happiness.

### Unit II- Understanding Positive Living

- Causes of Happiness: Heritability, Personality and Environmental basis.
- Stress free living: Causes, Symptoms and types of Stress, Management of stress and anger.
- Benefits of meditation, Power of soul connectedness.

### Unit III- Excellence in life

- Relationships and Happiness, Stages of Relationships in family life cycle.
- Managing thoughts and emotions: Positive Thinking and its benefits
- Emotional Intelligence (EI), Goleman's Model of EI, Strategies for enhancing EI.

### Unit IV-Positive Change

- Strengths to bear on opportunities and challenges.
- Stages of change, The change processes.
- Self- help strategies for Positive change.

### References:

- CarrAlarr (2004): Positive Psychology, Routledge.
- Snyder C. R. & Shane, J. Lopez (2007): Positive Psychology, Sage.
- Baumgardeners, S. & Crothers, M. (2015): Positive Psychology, Pearson.
- Haidt, J. (2006). The Happiness Hypothesis: finding Modern Truth in Ancient Wisdom, Basic Books Group, New York..
- [https://www.google.co.in/books/edition/Positive\\_Psychology/ac4IJUIDRVUC?hl=en&gbpv=1&printsec=frontcover](https://www.google.co.in/books/edition/Positive_Psychology/ac4IJUIDRVUC?hl=en&gbpv=1&printsec=frontcover).
- Handbook-of-positive-psychology-Snyder-Lopez/b081e3c2009e9743ef11f8024902a4c834b7b51f
- [https://books.google.co.in/books/about/Positive\\_Psychology.html?id=LwTLCgAAQBAJ&redir\\_esc=y](https://books.google.co.in/books/about/Positive_Psychology.html?id=LwTLCgAAQBAJ&redir_esc=y)
- <https://www.happinesshypothesis.com/chapters.html>

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Bhatnagar  
13.9.2021

Megha Singh  
13/9/2021

## Title of the Paper: Counselling and Guidance

**Credits: 04**

**Course Objectives-** The objective of the course is to facilitate students about the concept of counselling and guidance. To provide knowledge to the learner about the goals, stages, elements, skills and procedure of Counselling.

**Course Outcome:** The study of this course will facilitate the students to develop the essential qualities of a counsellor within themselves. They will be able to learn about the various foundation skills that are applied during the counselling and thereby enhance their understanding about the structure of counselling sessions.

### **Unit I: Introduction to Counselling**

- Counselling and Guidance: Definition, goals and essential elements of Counselling, Difference and relationship between Counselling and Guidance.
- Personal qualities of the Counsellors- Empathy, Warmth, Unconditional Positive Regard, Genuineness.
- Stages in Counselling process (Getting started, Introductory talk, Identifying the issue, Coping with feelings) and ethical issues.

### **Unit II: Foundation Skills**

- Attending- Posture, Eye contact, Facial expression, seating arrangement.
- Listening Skills- Listening to silences, interrupting silences, listening to your reactions, listening filters.
- Reflective Skills- (Restating, Paraphrasing, Summarizing) and Probing Skills- (Questioning, Responding to client's questions).

### **Unit III: Group Counselling**

- Individual and Group Counselling-Similarities and Differences.
- Assumptions and Limitations of group Counselling.
- Process of group Counselling.

### **Unit IV: Special areas in Counselling**

- Counselling with Parents.

*M. Pradhan*  
13/09/2021

*Shatnagar*  
13.9.2021

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*A. S. S.*  
13/09/2021

*Megha Singh*  
13/09/2021



- Counselling the delinquent and reluctant clients.
- Marriage Counselling and Pre-marital Counselling.

#### Text Books:

- Burnard, P. (1999). *Counselling Skills Training*. New Delhi: Viva Books Private Limited.
- Culley, S. and Bond, T. (2006). *Integrative Counselling Skills in Action*. London: Sage Publications.
- Gelso, C.J. and Fretz, B.R. (1995). *Counselling Psychology*. Bangalore: Prism Books Pvt. Limited.
- Littrell, J.M. (1998). *Brief Counselling in Action*. New York: W.W. Norton and Company.

#### Suggested Reading:

- Manthei, R. (1997). *Counselling: The skills of finding solutions to problems*. London: Routledge
- Rao, S.N. (1981). *Counselling Psychology*. New Delhi: Tata McGraw Hill Publishing Company Limited.

#### Web References:

- <https://www.uou.ac.in/sites/default/files/slm/MAED-201.pdf>
- [https://ebooks.lpude.in/arts/ma\\_education/year\\_2/DEDU502\\_GUIDANCE\\_AND\\_COUNSELING\\_HINDI.pdf](https://ebooks.lpude.in/arts/ma_education/year_2/DEDU502_GUIDANCE_AND_COUNSELING_HINDI.pdf)
- <https://www.learningclassesonline.com/2019/09/guidance-and-counseling-in-hindi.html>
- <http://perpus.univpancasila.ac.id/repository/EBUPT190498.pdf>
- <https://ncert.nic.in/textbook/pdf/lehe108.pdf>

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## Holistic Health and Happiness

**Course Objective:** The objective of this course is to enhance the level of understanding of the students about holistic health specifically in terms of indigenous knowledge. To help the students to understand the importance of thoughts in affecting the body and thereby the level of holistic health and happiness.

**Course Outcome:** The learners will develop skills of managing health at different levels. They would become spiritually oriented not only in their own lives but also to contribute in their interpersonal relationship, society and community. They will learn the strategies of managing their negative thoughts and enhancing the level of emotional intelligence with the practice of meditation. They will understand how western knowledge of psychological concepts can be supplemented by Indian Spiritual heritage.

### Unit I- Introduction

- Concept, Dimensions of health: Physical, Mental, Social, Spiritual, Environmental.
- Energy Wheels in body: The Seven Chakras, Impact of thoughts on body: Strategies for Holistic Health and Spiritual Life Style.
- Happiness in Positive Psychology, Hedonic and Eudemonic happiness.

### Unit II- Understanding Positive Living

- Causes of Happiness: Heritability, Personality and Environmental basis.
- Stress free living: Causes, Symptoms and types of Stress, Management of stress and anger.
- Benefits of meditation, Power of soul connectedness.

### Unit III- Excellence in life

- Relationships and Happiness, Stages of Relationships in family life cycle.
- Managing thoughts and emotions: Positive Thinking and its benefits
- Emotional-Intelligence (EI), Goleman's Model of EI, Strategies for enhancing EI.

### Unit IV-Positive Change

- Strengths to bear on opportunities and challenges.
- Stages of change, The change processes.
- Self- help strategies for Positive change.

### References:

- CarrAlarr (2004): Positive Psychology, Routledge.
- Snyder C. R. & Shane, J. Lopez (2007): Positive Psychology, Sage.
- Baumgardeners, S. & Crothers, M. (2015): Positive Psychology, Pearson.
- Haidt, J. (2006). The Happiness Hypothesis: finding Modern Truth in Ancient Wisdom, Basi Books Group, New York..
- [https://www.google.co.in/books/edition/Positive\\_Psychology/ac4LJUIDRVUC?hl=en&gbpv=1&rintsec=frontcover](https://www.google.co.in/books/edition/Positive_Psychology/ac4LJUIDRVUC?hl=en&gbpv=1&rintsec=frontcover).
- Handbook-of-positive-psychology-Snyder-Lopez/b081e3c2009e9743ef11f8024902a4c834b7b51
- [https://books.google.co.in/books/about/Positive\\_Psychology.html?id=LwTLCgAAOBAJ&redir\\_esc=y](https://books.google.co.in/books/about/Positive_Psychology.html?id=LwTLCgAAOBAJ&redir_esc=y)
- <https://www.happinesshypothesis.com/chapters.html>



पाठ्यक्रम	
कर्मकाण्ड	
क्रेडिट : 4	सिद्धान्त + प्रयोग : 04
<ul style="list-style-type: none"> <li>पाठ्यक्रम के परिणाम – वैदिक एवं लौकिक, नित्यकर्म नैमित्तिककर्म के द्वारा व्यक्तित्व का निर्माण ।</li> <li>वैदिक एवं लौकिक, नित्यनैमित्तिक कर्मकाण्ड के माध्यम से जीविकोपार्जन के योग्य बनेंगे ।</li> <li>वैदिक एवं लौकिक कर्मकाण्ड की समृद्धता एवं तद् निहित नैतिकता एवं आध्यात्मिकता को अनुभूत कर भारतीय संस्कृति के महत्व को वैश्विक स्तर तक पहुंचाने में सक्षम होंगे ।</li> <li>धर्म-दर्शन, आचार-व्यवहार, नीति शास्त्र एवं भारतीय संस्कृति के मूल तत्वों को जानकर उत्तम चरित्रवान मानव एवं कुशल नागरिक बनेंगे ।</li> </ul>	
यूनिट -1	नित्यकर्म विधि, ब्राह्ममुहूर्त में जागरण, करावलोकन, भूमिवन्दना, मंगलदर्शन, माता-पिता गुरु एवं ईश्वर का अभिवादन ।
यूनिट -2	शौचाचार, दन्तधावनविधि, स्नानविधि, वस्त्रधारणविधि, सन्ध्याविधि, सामान्य पंचांग देखने की विधि- तिथि, वार, नक्षत्र, योग, करण, अयन, ऋतु, मास, पक्षादि ।
यूनिट -3	गणपति अथर्वशीर्ष, स्वस्तिवाचन, देवस्तुति, कवचपाठ, अर्गलापाठ, कीलकपाठ ।
यूनिट -4	संकल्प, षोडशोपचार गणेशाम्बिका पूजन विधि, कलश स्थापना ।
<p>प्रयोग – समस्त विधियों का प्रायोगिक प्रदर्शन, पूजापात्र का सजावट , वैदिक मन्त्रों का कण्ठस्थीकरण, वैदिक मन्त्रों के साथ में पौराणिक श्लोकों का प्रयोग करना ।</p>	
<ul style="list-style-type: none"> <li>नित्यकर्म-पूजाप्रकाश- गीताप्रेस, गोरखपुर</li> <li>संस्कार प्रकाश - गीताप्रेस, गोरखपुर</li> <li>नित्यकर्मानुष्ठानम् - चौखम्मा सुरभारती प्रकाशन, वाराणसी</li> <li>ब्रह्मनित्यकर्मसमुच्चय- चौखम्मा विद्याभवन , वाराणसी</li> </ul>	

## Course

## Fashion Designing

Credits: 4

Theory + Practical: 04

## Course Outcomes:

- To understand the basics of fashion and designing through skill enhancement and garment components
- To apply design elements and principles with respect to apparel design

## Unit-I

Fashion: Definition, history, elements, terminology, cycle, factors affecting fashion, fashion sources, fashion trends in India and abroad.

Principles and elements of art in dress designing

Anthropometrical Measurement: Concept, importance, technique and precautions.

Pattern Making: Methods of drafting, draping, flat pattern, techniques and uses

## Unit-II

Different types of Stitches: Construction and decorative; Different types of seams and seam finish

Layout Planning: Definition, types of layout, economy of fabric in placing patterns, adjusting fabric to pattern

Fitting: Good fit – definition, principles and clues for good fit (ease, line, grain, set and balance)

## Unit-III

Dyeing: Tie and Dye and Batik; Dyeing with natural dyes, use of pigments; Dyeing auxiliaries and their use; Dyeing defects and their remedies

Printing: Printing methods- Block, stencil, screen, roller, rotary; Printing auxiliaries, their use and importance; Printing styles- direct, resist, discharge, photographic, transfer, flock printing; After treatment of printed goods.

## Unit-IV

Embroidery: General embroidery techniques; Hand embroidery- knowledge of 25 hand embroidery stitches; Traditional Indian embroidery- Chikankari, Kasuti, Phulkari, Kashida, Kantha, Kutch, and Kathiawar.

Appliqué Work and Quilting: Appliqué Work- basics, hand appliqué; Machined appliqué, bias tape appliqué, reverse appliqué techniques; Quilting - the art, quilting tools, designs; Basic quilting technique.

## Practical

- Sheet preparation- dress designing according to theory syllabus.
- Portfolio development on a special theme
- Sample preparation – Tie-n-Dye, Batik, Printing.
- Sample Preparation- Embroideries
- Article- Appliqué work/Quilting

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**Suggestive Reading:**

Suggestive digital platforms web links- Svayam Portal, <http://heecontent.upsdc.gov.in/Home.aspx>  
 Tata, S.L. & Edwards, M.S. - The complete book of fashion illustrations, New York, Harper & Row Publications

Allen, Anne & Seaman, Julian - Fashion Drawing: basic principles, B.T. Batsford, London

Ireland John Patrick - Basic fashion design, B.T. Batsford, London

R.S. Prayag - Technology of textile printing. Noyes Data Corp.

V.A. Shenai - Technology of printing- technology of textile processing, Vol.IV, Sevak Prakashan

M.L. Gulrajani and Deepti Gupta (1990) - Natural Dyes and their application to textiles. Ed. IIT, Delhi Publications

Big Book of Needle Craft- Odhamas Publications

Needle Craft- Reader's Digest

Creative Embroidery Designs - Ondorisha Publications

Pandit Savitri- Indian Embroidery: its variegated charm. Baroda, Faculty of Home Science

Chattopadhyay and Kamala Devi - Handicrafts of India. New Delhi. Indian Council of Cultural Relations.

Mary- Embroidery

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# CO-CURRICULAR & VOCATIONAL COURSE IN PHYSICAL EDUCATION AND SPORTS

S3A

edit: 04

T-04/P

## Course Outcome:

- To know the origin and development of Physical Education and Sports.
- To be able to consider others to build connections, establish values or accomplish shared goals.
- Utilizing ideas strengths, knowledge and abilities to foster an inclusive environment
- Develop and sustain healthy and meaningful relationships with others.

## UNIT-I

Foundations of Physical Education  
Biological Basis of Physical Education  
Sociological Foundation of Physical Education  
Psychological Basis of Physical Education

## UNIT-II

Fitness  
Wellness  
Lifestyle  
Weight Management

## UNIT-III

Practical Activities: - Management and Formation  
Play Day and Recreational Activities  
Aerobics and Zumba  
Mass Games, Catsthenics, Dumbbell, Lezumi, Hoops, Umbrella, etc.)

## UNIT-IV

Intramural and Extramural  
Training, Officiating and Measurement of following Games and Sports

Individual Games	Team Games	Combat Sports
Archery	Baseball	Boxing
Badminton	Basketball	Fencing
Chess	Cricket	Karate
Cycling	Football	Judo
Gymnastics	Kabaddi	Taekwondo
Lawn Tennis	Kho-Kho	Wrestling
Shooting	Handball	
Swimming	Hockey	
Table Tennis	Netball	
Track and Field	Rugby	
Weightlifting	Softball	
Yoga	Volleyball	

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# CO-CURRICULAR & VOCATIONAL COURSE IN PHYSICAL EDUCATION AND SPORTS

Credit: 04

T-04/P

## Course Outcome:

- To know the origin and development of Physical Education and Sports.
- Actively consider others to build connections, establish values or accomplish shared goals.
- Utilizing ideas strengths, knowledge and abilities to foster an inclusive environment
- Develop and sustain healthy and meaningful relationships with others.

## UNIT-I

Foundations of Physical Education

Biological Basis of Physical Education

Sociological Foundation of Physical Education

Psychological Basis of Physical Education

## UNIT-II

Fitness

Wellness

Lifestyle

Weight Management

## UNIT-III

Practical Activities: - Management and Formation

Play Day and Recreational Activities

Acrobatics and Zumba

Mass demonstration (Calisthenics, Dumbbell, Lezium, Hoops, Umbrella, etc.)

## UNIT-IV

Intramural and Extramural

Training, Officiating and Measurement of following Games and Sports

Individual Games	Team Games	Combat Sports
Archery	Baseball	Boxing
Badminton	Basketball	Fencing
Chess	Cricket	Karate
Cycling	Football	Judo
Gymnastics	Kabaddi	Taekwondo
Lawn Tennis	Kho-Kho	Wrestling
Shooting	Handball	
Swimming	Hockey	
Table Tennis	Netball	
Track and Field	Rugby	
Weightlifting	Softball	
Yoga	Volleyball	

Dr. Shaahi Kamran  
Coordinator  
Department of Physical Education  
City of Lucknow

**DEPARTMENT OF PHYSICAL EDUCATION, UNIVERSITY OF LUCKNOW,**  
**LUCKNOW**

As per the Registrar letter No. M- 14267-72 dated 06.09.2021 to frame co- curricular and Vocational syllabus for Physical Education Undergraduate course according to NEP 2020 , an emergent meeting of Board Of Studies of Physical Education was held in the Department of Physical Education, Lucknow. University, on Sep. 07, 2021 at 03 pm.

The following members were present :-

- |                          |                          |
|--------------------------|--------------------------|
| • Prof Prem Suman Sharma | In the chair             |
| • Dr Shashi Kanaujia     | Member                   |
| • Dr Mohd Tariq          | Member                   |
| • Prof Rajiv Vyas        | External Member          |
| • Dr Meenakshi Tripathi  | Member (special invitee) |

*07/09/2021*  
**Dr. Shashi Kanaujia**  
Coordinator  
Department of Physical Education  
University of Lucknow  
Lucknow

**Ex-Office Head**  
Department of Physical Education,  
University of Lucknow,  
Lucknow.

*Absent*

*M. V. Lal*

Minutes of B.O.S Department of Physical Education are as follows:

- The Board members discussed the Co-curricular and Vocational syllabus for Physical Education Undergraduate course according to NEP 2020.
- The board recommended anonymously the Co- curricular and Vocational syllabus for Physical Education Undergraduate course according to NEP 2020 .

The meeting concluded with the Vote Of Thanks to the chair.

*07/9/21*  
**Dr. Shashi Kanaujia**  
Coordinator  
Department of Physical Education  
University of Lucknow  
Lucknow

*07/09/2021*  
**Office Head**  
Department of Physical Education,  
University of Lucknow,  
Lucknow

*07/9/21*



# CO-CURRICULAR & VOCATIONAL COURSE IN PHYSICAL EDUCATION AND SPORTS

Credit: 04

T-04/P

Course Outcome:

- To know the origin and development of Physical Education and Sports.
- Actively consider others to build connections, establish values or accomplish shared goals.
- Utilizing ideas strengths, knowledge and abilities to foster an inclusive environment
- Develop and sustain healthy and meaningful relationships with others.

## UNIT-I

Foundations of Physical Education  
Biological Basis of Physical Education  
Sociological Foundation of Physical Education  
Psychological Basis of Physical Education

## UNIT-II

Fitness  
Wellness  
Lifestyle  
Weight Management

## UNIT-III

Practical Activities: - Management and Formation  
Play Day and Recreational Activities  
Aerobics and Zumba  
Mass demonstration (Carshenics, Dumbbell, Tizum, Hoops, Umbrella, etc.)

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Cycling	Football	Judo
Gymnastics	Kabaddi	Taekwondo
Lawn Tennis	Kho-Kho	Wrestling
Shooting	Handball	
Swimming	Hockey	
Table Tennis	Netball	
Track and Field	Rugby	
Weightlifting	Softball	
Yoga	Volleyball	

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~~B.A. Arabic~~

Semester -I

Co-Curricular (CC1)

Credit 4

**Introductory Arabic****UNIT- I**

Arabic Alphabets, Sun &amp; Moon Letters, Vowels, Parts of Speech, Nominal Sentences

**UNIT- II**

Noun, Pronoun, Verb, Adjective, Adjectival Compound, Construct state

**UNIT- III**

Number (Singular, Dual &amp; Plural), Gender, Arabic Numerals (1 to 100)

**UNIT- IV**

Nominal Sentences, Greetings and Excuses

**Books Recommended:**

- S. Ahsanur Rahman: Teach Yourself Arabic

11-11-2021  
 Dr. Ayaz Ahmad Islahi  
 Coordinator  
 Department of Arabic  
 University of Lucknow  
 Lucknow





Md. Idrees





**B.A. Arab Culture**  
**Semester-I**

**Co-Curricular (CC1)**

**Credit 4**

**Living Arab World**

**UNIT-I**

Geographical Conditions of Arabia.

**UNIT-II**

Modern Arab States.

**UNIT-III**

Arab Organisations.

**UNIT-IV**

Sources of Income: Oil, Industries, Agriculture, GDP, PCI, Currencies

**Books Recommended:**

- Younus Nagrami; Nayee Arab Duniya
- William L. Clene; A History of Modern Middle East
- Justin Marozzi; Islamic Empires

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Dr. Ayaz Ahmad Islahi  
Coordinator  
Department of Arabic  
University of Lucknow  
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## B.A. Arabic

Semester –I

CC1 Co-curricular)

Credit 4

### Introductory Arabic

#### UNIT- I

Arabic Alphabets, Sun & Moon Letters, Vowels, Parts of Speech, Nominal Sentences

#### UNIT- II

Noun, Pronoun, Verb, Adjective, Adjectival Compound, Construct state

#### UNIT- III

Number (Singular, Dual & Plural), Gender, Arabic Numerals (1 to 100)

#### UNIT- IV

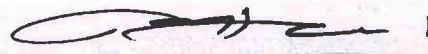
Arabic Alphabets, Sun & Moon Letters, Nominal Sentences, Greetings and Excuses

#### Books Recommended:


- S. Ahsanul Rahman: Teach Yourself Arabic

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Deptt. of Arabic  
University of Lucknow

  
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## B.A. Arab Culture

Semester-I

CC1 (Co-curricular) Credit 4

### Living Arab World

#### UNIT-I

Geographical Conditions of Arabia.

#### UNIT-II

Modern Arab States.

#### UNIT-III

Arab Organisations.

#### UNIT-IV

Sources of Income: Oil, Industries, Agriculture, GDP, PCI, Currencies

#### Books Recommended:

- Younus Nagami; Nayee Arab Duniya
- William L. Cline; A History of Modern Middle East
- Justin Marozzi; Islamic Empires

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University of Lucknow

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## Vocational Course in Statistics

### VC1- Introduction to Statistical Data Analysis-I

Credits: 04

#### Course Outcome:

- ✓ Knowledge of Statistics, its scope and importance in various fields.
- ✓ Ability to understand concepts of sample vs. population and difference between different types of data.
- ✓ Knowledge of methods for summarising data sets, including common graphical tools (such as boxplots, histograms and stem plots). Interpret histograms and boxplots.
- ✓ Ability to describe data with measures of central tendency and measures of dispersion.
- ✓ Ability to understand measures of skewness and kurtosis and their utility and significance.

#### Unit I:

Concept of statistical population, Attributes and variables (discrete and Continuous). Measurements of data (nominal, ordinal, interval and ratio scale), Primary data –designing a questionnaire and schedule, collection of primary data, checking their consistency. Secondary data. Scrutiny of data for internal consistency and detection of errors of recording.

#### Unit II:

Indian Official Statistics: Present Official Statistical System in India relating to census of population, agriculture, industrial production, and prices; methods of collection of official statistics and principal publications containing such statistics. C.S.O., N.S.S.O., Office of Registrar General, their historical development, main functions and important publications.

#### Unit III:

Presentation of data: classification, tabulation, diagrammatic & graphical representation of grouped data. Frequency distributions, cumulative frequency distributions and their graphical representations, histogram, frequency polygon and ogives. Measure of central tendency and dispersion, merits and demerits of these measures.

#### Unit IV:

Moments- raw and central. Skewness and Kurtosis and their Measures. Measures based on quartiles. Introduction to Bivariate data.

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## References

1. Charles Wheelam: "Naked Statistics" W. W. Norton & Company.
2. Darrell Huff: "How to Lie with Statistics" W. W. Norton & Company.
3. Goon, Gupta & Dasgupta: "Fundamentals of statistics Vol. I" The World Press Private Ltd., Calcutta.
4. Yule, G.U. and Kendall, M.G.: "An Introduction to the theory of statistics" Charles Griffin & Company Ltd.
5. C. E. Weatherburn: "Mathematical Statistics".

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## VC2-Introduction to Statistical Data Analysis-II

Credits: 04

### Course Outcome:

- ✓ To understand the concept of bivariate data.
- ✓ Knowledge of observing correlation between variables.
- ✓ Knowledge of curve fitting, regression lines.

### Unit I:

Bivariate data, Method of least squares for curve fitting. Correlation, rank Correlation (Spearman's and Kendall's measure). Intraclass correlation, correlation ratio.

### Unit II:

Partial and Multiple Correlation. Simple Linear Regression, Regression lines, Multiple Regression and their assumptions.

### Unit III:

Attributes- Notion and terminology, contingency table, class frequencies, and ultimate class frequencies, consistency.

### Unit IV:

Association of attributes, Independence, Measure of association for 2x2 table. Chi-square, Karl Pearson's and Tschuprow's coefficient of association. Contingency tables with ordered categories.

### References

1. Charles Wheelam: "Naked Statistics" W. W. Norton & Company.
2. Darrell Huff: "How to Lie with Statistics" W. W. Norton & Company.
3. Goon, Gupta & Dasgupta: "Fundamentals of statistics Vol. I" The World Press Private Ltd., Calcutta.
4. Yule, G.U. and Kendall, M.G.: "An Introduction to the theory of statistics" Charles Griffin & Company Ltd.
5. C. E. Weatherburn: "Mathematical Statistics"

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## Co-Curricular Course in Mathematics

**Course: B.A./B.Sc. Semester-I**

**Paper Name: Vedic Mathematics**

**Pre-requisites: Mathematics in Class 12**

**Maximum Number of students: 60**

**Vedic Arithmetic:** Multiplication- Ekadhikenpurven method (multiplication of two numbers of two digits), Ekununenpurven method (multiplication of two numbers of three digits), Urdhvagiragbhyam method (multiplication of two numbers of three digits), Nikhilam Navtashchramam Dashtaha (multiplication of two numbers of three digits), Combined Operations. Division- Nikhilam Navtashchramam Dashtaha (two digits divisor), Paravartya Yojyet method (three digits divisor), Divisibility- Ekadhikenpurven Method (two digits divisor), Eknunenpurven method (two digits divisor), LCM and HCF, Power- Square and Cube of two digit numbers, Square root of four digit numbers and Cube root of six digit numbers.

**Vedic Algebra:** Multiplication (Quadratic expressions of single variable)- Urdhvagiragbhyam Method, Combined Operations, Division (Divisor: Linear expression of single variable), Factorization (Quadratic expression of single variable), Solution of linear simultaneous expressions.

**Vedic Geometry:** Concept of Baudhayana Number (BN) - BN of an angle, Multiplication of a constant in a BN, BN of complementary angles, BN of sum and difference of an angle, BN of half angle. Trigonometry- Definitions of trigonometric ratios, Trigonometric Identities. Co-ordinate Geometry - Different forms of straight lines. Complex Numbers- Multiplication, Division and Square root.

**Contribution of Indian Mathematicians:** Aryabhatt, Brahmagupt, Mahavir Acharya, Varahmihir, Bhaskaracharya, Madhavan, Parmeshvaran, Baudhayana

### Recommended Books:

1. Vedic Mathematics, Motilal Banarsi Das, New Delhi.
2. Vedic Ganita: Vihangama Drishti-I, Siksha Sanskriti Uthana Nyasa, New Delhi.
3. Vedic Ganita Praneta, Siksha Sanskriti Uthana Nyasa, New Delhi.
4. Vedic Mathematics: Past, Present and Future, Siksha Sanskriti Uthana Nyasa, New Delhi.
5. Leelavati, Chokhambba Vidya Bhavan, Varanasi.
6. Bhartiya Mathematicians, Sharda Sanskrit Sansthan, Varanasi.
7. Beejaganitam, Chokhambba Vidya Bhavan, Varanasi.



Vocational Course in Mathematics

Course: B.A./B.Sc. Semester-II

Paper Name: Elementary Number Theory & Cryptography

Pre-requisites: Mathematics in Class 12

Maximum Number of students: 60

Overview of cryptography. What is a cipher? Security Attacks, Security Services and Security Mechanisms, A model for Network security. Symmetric Cipher Modes, Substitute Techniques, Transposition Techniques, Rotor Machines, Stenography.

Euclid algorithm for finding GCD, Extended Euclid algorithm, Prime Numbers, theory of congruence, Fermat's and Euler's Theorem, Testing for Primality, Discrete logarithms, Factoring.

Some algebraic structure: Group, ring and field.

Historical encryption schemes, perfect secrecy and the one time pad, and cryptanalysis of historical ciphers.

Principles of Public key crypto Systems, Cryptography using arithmetic modulo primes, Diffie Hellman Key Exchange, the RSA algorithm, square –and –multiply, Key Management.

Recommended Books:

1. Cryptography and Network Security, William Stallings, Prentice Hall.
2. Understanding Cryptography, Christof Paar and Jan Pelzl, Springer.

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# Title of the Paper: INTRODUCTION TO GENDER STUDIES

Credits: 04

L-4

**Course Objectives:** Gender studies is an interdisciplinary field of study which focuses the phenomenon of gender. The study of gender helps students to broaden their understanding of gender identity and culture, the intersection of gender with race and ethnicity, class and sexuality. To introduce basic concepts relating to gender and to provide logical understanding of gender roles.

**Course Outcome:** The study of this course will facilitate the students to develop the knowledge about equal society and to analysis of all activity from a gender perspective. They will be able to learn about the various aspect of gender related issues. Gender has become a very important word in discussions on development.

## Unit 1: Introduction - Towards more equal society

- Sex and Gender, Types of Gender
- Gender Roles and Gender Division of Labour
- Gender Stereotyping and Gender Discrimination
- Definition and Understanding of Masculinities

## Unit 2: Gender Perspectives of Body - Progressive Initiatives

- Patriarchy and Gender
- Biological and Socio-Cultural Perspectives of body
- Images of Women in Sports, Arts, Entertainment and Fashion Industry
- Women and work: unpaid, underpaid and casual work

## Unit 3: Gender and Education & Violence - Progressive Initiatives

- Gender disparity in education
- Gender bias in school curriculum
- Definition of violence and gender-based violence
- Forms of violence against women in family (Denial of reproductive rights, Female Genital Mutilation (FGM), Female foeticide and infanticide, Dowry harassment and death, Wife battering, Denial of access to resources, Child abuse, Neglect, torture, humiliation)

## Unit 4: Women's Health & Political Participation - Progressive Initiatives

- Socio Economic Inequality and Women's Health
- Gender Responsive Health Care Services
- Gender Imbalance in Political Representation in Parliament and Legislative Assembly
- Political Women Leaders in Panchayati Raj Institutions (PRIS)
- Factors Affecting Women's Participation in Local Governance

Hashi Kumar  
5-10-21  
N. Mohan Chandra



- Cornell R W (1995) Gender. Cambridge. Polity Press. Gtens M (1991) A Critique of the Sex/Gender Distinction in S. Chmew (ed.)
- What is Gender. New Delhi. Sage Publications. Jackson S and Scott S (2002)
- The Gendered Society; Reader. Oxford: Oxford University Press. Lipman- Blumen J (1984)
- Gender Roles and Power. New Jersey: Prentice Hall. Oakley A (1985)
- Arora P (2011) Gender and Power. Delhi: Pacific Publication
- Making the Difference: Schools, Families and Social Divisions. Sydney: Allen and Unwin. Connell. R.W. (1995)
- What is gender? Sociological approaches. New Delhi: Sage Publications. Jackson, S. and Scott. S. (2002)
- Gender roles and power. New Jersey: Prentice-Hall. Oakley. A. (1972)
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- Rayle. R. (2011) Questioning Gender: A Sociological Exploration. New York: Sage
- Blackburn Robert M. (2002) Explaining Gender Segregation, British Journal of Sociology. 1(4): 503-33.
- Netten. S.N. (2007) Gender Development: Dimensions and Policies. New Delhi: Serial Publications. Sharma, U. (2006)
- Yadav K. P. (ed.) (2010) Gender Equity and Economic Development. New Delhi: Sarup and Sons
- Kimmel S Michael (2004) The Gendered Society: Reader. Oxford: Oxford University Press.
- Fausto-Sterling. A. (2000) Sexing The Body: Gender Politics and the Construction of Sexuality. New York: Basic Books
- Pandey, Sushma. (2008) Pscho-Social Aspects of Domestic Violence. New Delhi: Concept Publishing Company.
- Press. Shirwadkar. Swati. (2009) Family Violence in India: Human Rights. Issues. Actions and International Comparisons. New Delhi: Rawat Publications. -
- Women and Globalisation. New Delhi: Sarup and Sons
- Bhandari. M. (2004) Quality of Life of Urban Working Women. New Delhi: Abhijeet Publications. Ganesamurthy (ed.) (2008) Women in the Indian Economy. New Delhi: New Century Publications.
- Saxena. Alka (2011) Role of Women in Reservation Politics. New Delhi: Altar Publishing House. Saxena, Alka (2011) Situational Analysis of Women in Politics. New Delhi: Altar Publishing House. Saxena
- Jha. Deepika (2010) Women in World Politics. New Delhi: Pearl Books. Nandal. Roshini (1996) Women Development and Panchayati Raj. Rohtak: Spellbound Publications Pvt. Ltd
- Panda. Smita Mishra (ed.) (2008) Engendering Governance Institutions: State, Market and Civil Society. London: Sage Publications. Singh. Narpal (2008) Changing Status of Women. Delhi: Vista International Publishing House. Singh. Preeti (2010) Women and Politics Worldwide. New Delhi: Axis Publications
- Ambedkar. S. N. and Nagendra. Shilaja (2005) Women Empowerment and Panchayati Raj. Jaipur: ABD Publishers
- Jha. Ashok Kumar (2004) Women in Panchayat Raj Institutions. New Delhi: Anmol Publications Pvt. Ltd.



### Recommended Reading:

- **Gender: A Sociological Reader.** New York: Routledge. Lipman-Blumen, J. (1984)
- **Sex, Gender and Society.** London: Temple Smith. UNDP: Human Development Report (2000)
- Agarwal, B. (Ed.) (1988) **Structures of Patriarchy: State, Community and Household in modern south asia.** New Delhi: Kali for Women
- Glover D., Kaplan C (2007) **Genders.** Oxon: Routledge
- Agarwal, B. (2008) **Rural Women in Indian Economy.** Jaipur: ABD Publishers.
- **Female Labour in India.** New Delhi: Mittal Publications. Wal, S.B.(2007)
- Moon, M & Pawar, U. (2008) **We also made history.** New Delhi: Zubaan.
- Bansal, D. K. (2006) **Gender Violence.** New Delhi: Mahaveer and Sons.
- Khanna, S. (2009) **Violence against Women and Human Rights.** Delhi: Swastik Publishers and Distributors
- Nayar, S. (2010) **Violence against Women in South Asian Communities: Issues for Policy and Practice.** Delhi: Navyug Books International.
- Prabhakar, V. (2011) **Gender Violence: Women Victims in Man's World.** New Delhi: Wisdom Press
- Revathi (2009). **Laws relating to domestic violence.** Hyderabad: Asia Law House
- Bhatt, Savita (2010) **Women and Human Rights.** New Delhi: Altar Publishing House Ltd
- Chloe E. Bird, Patricia Perri Rieker (2008) **Gender and Health: The Effects of Constrained Choices and Social Policies.** Cambridge: Cambridge University Press
- Lewis L. (ed.) (2010) **New Dimensions in Women's Health.** Ontario: Jones Barrett Publishers.
- Bhargavi V. D. (2001) **Mental Health from a Gender Perspective.** Michigan: Sage Publications.
- Wang, Guang-zhen. (2010) **Women's Reproductive Health and Gender Evaluation: Methods, Measurements and Implications.** London: Ashgate Publishing Limited.
- Guang-Zhen, Wang. (2010)
- **Women's Reproductive Health and Gender Equity.** Burlington: Ashgate Publishing Company. Singh Abha Lakshmi (et.al.) (2005)
- **Rural Women: Work and Health.** New Delhi: Women Press.

### Web References:

[http://www.esas.ac.uk/data/assets/pdf\\_file/0007/34846/Asia\\_Booklet\\_Web.pdf](http://www.esas.ac.uk/data/assets/pdf_file/0007/34846/Asia_Booklet_Web.pdf)

<https://www.routledge.com/Reproductive-Health-and-Gender-Equity-Method-Measurement-and-Implications/Wang/p/book/97811382776>

[https://www.who.int/mental\\_health/evidence/MH\\_Promotion\\_Book.pdf](https://www.who.int/mental_health/evidence/MH_Promotion_Book.pdf)

<https://www.spmv.ac.in/deptec20/PPR/MLA%20Gender%20Studies%20PPR.pdf>

<https://readersend.com/product/role-of-women-in-reservation-politics/>

<http://www.legalservicesindia.com/article/1709/Domestic-Violence-Against-Women-Causes-And-Cure.html>

[http://oms.bdu.ac.in/ec/admin/contents/86\\_1/GGS\\_2020052008405369.pdf](http://oms.bdu.ac.in/ec/admin/contents/86_1/GGS_2020052008405369.pdf)



Ashish Sharma  
4-10-21

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Perfess  
Chander W. Sen

Ashish  
4/10/2021

# Title of the Paper: INTRODUCTION TO GENDER STUDIES

Credits: 04

L-4

**Course Objectives:** Gender studies is an interdisciplinary field of study which focuses the phenomenon of gender. The study of gender helps students to broaden their understanding of gender identity and culture, the intersection of gender with race and ethnicity, class and sexuality. To introduce basic concepts relating to gender and to provide logical understanding of gender roles.

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- Factors Affecting Women's Participation in Local Governance

*Arushi Shukla*  
4-10-21  
*Dr. Keshav Chandra*



## Books:

- Cornell R W (1995) Gender. Cambridge. Polity Press. Gatens M (1991) A Critique of the Sex/Gender Distinction in S. Gunew (ed.)
- What is Gender. New Delhi. Sage Publications. Jackson S and Scott S (2002)
- The Gendered Society; Reader. Oxford: Oxford University Press. Lipman- Blumen J (1984)
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- Arora P (2011) Gender and Power. Delhi: Pacific Publication
- Making the Difference: Schools, Families and Social Divisions. Sydney: Allen and Unwin. Connell. R.W. (1995)
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- Kimmel S Michael (2004) The Gendered Society: Reader. Oxford: Oxford University Press.
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- Jha. Ashok Kumar (2004) Women in Panchayat Raj Institutions. New Delhi: Anmol Publications Pvt. Ltd.

Index

A. N. S. 1

M. Keshi Chaudhary



### Tested Reading:

- **Gender: A Sociological Reader.** New York: Routledge. Lipman-Blumen, J. (1984)
- **Sex, Gender and Society.** London: Temple Smith. UNDP. Human Development Report (2000)
- Agarwal, B. (Ed.) (1988) Structures of Patriarchy: State, Community and Household in modern south asia. New Delhi: Kali for Women
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- Bansal, D. K. (2006) *Gender Violence*. New Delhi: Mahaveer and Sons.
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- <https://www.routledge.com/Reproductive-Health-and-Gender-Equality-Method-Measurement-and-Implications/Wang/p/book-97811382776>
- [https://www.who.int/mental\\_health/evidence/MH\\_Promotion\\_Book.pdf](https://www.who.int/mental_health/evidence/MH_Promotion_Book.pdf)
- <https://www.spmvv.ac.in/decree20/PPR/M.A%20Gender%20Studies%20PPR.pdf>
- <https://readersend.com/product/role-of-women-in-reservation-politics/>
- <http://www.legalservicesindia.com/article/1709-Domestic-Violence-Against-Women-Causes-And-Cure.html>
- [http://oms.bdu.ac.in/ec/admin/contents/86\\_U\\_CGS\\_2020052708105369.pdf](http://oms.bdu.ac.in/ec/admin/contents/86_U_CGS_2020052708105369.pdf)

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4-10-21

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4/10/2021



# DEPARTMENT OF ECONOMICS

University of Lucknow, Lucknow 226007 (India)

05.01.2022

To,

The Dean  
Faculty of Arts  
University of Lucknow  
Lucknow.

Dear Madam,

Please find enclosed the Syllabus of following papers of B.A. Economics according to National Education Policy (NEP) effective from the session 2021-22 duly approved by the Board of Studies held on 30.07.2021 and further passed by the Faculty Board of Arts.

## B.A. Semester – I

Paper – I (ECO-101 VC1) – Communication Skill

Paper – II (ECO-101 CC1) - Financial Literacy and Banking

## B.A. Semester – II

Paper – I (ECO-101 CC2) - Computer Application in Data Management

Paper – I (ECO-101 VC2) – Leadership and Personality Development

This is for your kind information and necessary action.

(Prof. M.K. Agarwal)  
Head

Copy to:

✓ The Dean, Academics, University of Lucknow, Lucknow for information and further necessary action.

*Prof. Anil Mishra*  
*Please get the courses syllabus uploaded.*  
*Rakesh Chandra*  
(Prof. Rakesh Chandra)  
Dean Academics  
University of Lucknow

(Prof. M.K. Agarwal)  
Head  
Department of Economics  
University of Lucknow  
Lucknow-226007





# DEPARTMENT OF ECONOMICS

University of Lucknow, Lucknow 226007 (India)

30.07.2021

To,

The Dean  
Faculty of Arts,  
University of Lucknow  
Lucknow.

Dear Madam,

Please find enclosed the syllabus of B.A. Economics, according to National Education Policy (NEP) effective from the session 2021-22, approved by the Board of Studies in Economics held on 30.07.2021 at 12.30 PM in the room no. 24, Department of Economics, University of Lucknow.

Thanking you.

Sincerely,



(Prof. M.K. Agarwal)

Head Head

Department of Economics  
University of Lucknow  
Lucknow-226007

Encl:

1. Copy of the Syllabus
2. Minutes of the meeting

# DEPARTMENT OF ECONOMICS


University of Lucknow, Lucknow 226007 (India)

30.07.2021

An emergent meeting of the Board of Studies in Economics was held on 30.07.2021 (Friday) at 12.30 PM, in the room no. 24, Department of Economics, P.G. Block, University of Lucknow.

The following members were present:


  
(Prof. Arvind Awasthi)

  
(Prof. Arvind Mohan)

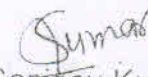
  
(Prof. Vinod Singh)

  
(Dr. Roli Misra)

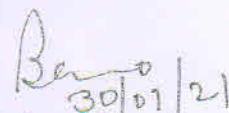
  
(Dr. Alpana Lal)


  
(Dr. Kamna Srivastava)

  
(Dr. Ashok Kumar Kaithal)  
(Co opted member)







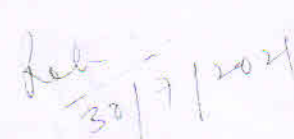

  
(Dr. Sanjeev Kumar)  
(Co opted member)

(Dr. Anjali Sharma)  
(Mahila P.G. College)

  
(Dr. Azra Bano)  
(Nari S. Niketan PG College)

  
(Prof. M.K. Agarwal)  
(in chair)

The Board of Studies recommended the Under Graduate Syllabus (B.A.) according to National Education Policy (NEP) effective from the session 2021-22.



**BA ECONOMICS**  
**SEMESTER-I, Paper: II (For CC1 )**  
**FINANCIAL LITERACY AND BANKING**

**Course Code: ECO-101 CC1**

**Credit: 4**

**(T)**

**Course Objective:** The course is designed to inculcate the values of financial literacy and banking in the 21<sup>st</sup> century, which are an utmost need of the hour to overcome various challenges. To make the students aware of the benefits of financial planning through financial literacy and banking.

**Unit: I**

Basics of Savings and Investment: Why are investing and savings important? Savings Vs Investment, Power of Compounding, What should be the investment objectives? Risk and Return, Inflation effects on Investment, Investor's Age and Assets Allocation. Tax saving Schemes Government Schemes-National Saving Certificates, Public Provident Fund, Post Office Schemes, Equity Linked Savings Schemes, Retirement Benefits Schemes- NPS (New Pension System)

**Unit:-II**

Banking Activities: Deposits and Types of Deposits-Saving Bank Accounts, Fixed Deposit Accounts, Recurring Deposit Account, Special Term Deposit Schemes, Loans and Types of loan advanced by Banks and Other secondary functions of Bank. Banking structure in India and Role of Reserve Bank of India

**Unit: III**

Financial Markets: Capital Market Vs Money Market, Securities and its types, i.e., Equity, Debentures or Bonds, IPOs and FPOs, Mutual Funds, Types of Mutual Funds, Brokers, sub-brokers, Process for becoming a capital market investor

**Unit: IV**

Protection Related products: Insurance Policies, Life Insurance, Term Life Insurance, Endowment Policies, Pension Policies, ULIP, Health Insurance and its Plans, Understanding of Ponzi Schemes Output: It will make a more responsible individual with a disciplined approach to money and helps people from overspending and inculcates a habit of savings and investments.

**Text Books and Suggested Readings:**

1. Investment Planning by SEBI
2. Indian financial System, by T. R. Jain and R. L. Sharma, VK Global Publisher
3. Money and Banking by T. R. Jain and R. K. Kaundal, VK Global Publisher

**Web References**

<http://heecontent.upsdc.gov.in/>  
<https://epgp.inflibnet.ac.in/>  
<https://swayam.gov.in/>  
<https://udrc.lkouniv.ac.in/Department/DepartmentDetail/StudyMaterial?dept=5>  
<https://www.coursera.org/in>

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**BA ECONOMICS**  
**SEMESTER-I, Paper: I (For VC1)**  
**COMMUNICATION SKILL**

**Credit: 4 (T)**

**Course Code: ECO-101 VC1**

**Course Objective:** This paper intends to build up the four primary skills in students in the academic as well as in the wider domains of use like public offices. The books recommended only provide guidelines for what to teach, and the list is in no way exhaustive. Teachers must be free and resourceful enough to collect teaching materials on their own, and even use newspaper clippings as teaching materials.

**UNIT I**

Define communication, Types of communication, Uses of Communication, Inter-cultural communication, Communication today, alternative texts of language learning, global English and English in the print and electronic media in India.

**UNIT II**

The Four Skills and Prospect of new material in language learning (a) Listening-Passive and active, Speaking effective, intelligibility and clarity (b) Methods and techniques of reading such as skimming, scanning and searching for information; Reading to understand the literal, metaphorical and suggested meaning of a passage, (c) Identifying the tone of the writer and view-points. (d) Cohesive and Coherent writing

**UNIT III**

Grammatical and Composition Skills, formal vs, informal styles, Learning to understand information structure of the sentence such as topic-focus relationship; strategies of thematization, postponement, emphasis, structural compression, Logical Connectors between sentences, Methods of developing a paragraph, structure of an essay and methods of developing an essay

**UNIT IV**

Exercises in Written Communication (i) Précis writing (ii) Note-taking skills (iii) Writing reports (iv) Guidelines and essentials of official correspondence for making enquiries, complaints and replies (v) Making representations; writing letters of application for jobs; writing CV, writing letters to the editor and social appeals in the form of letters/pamphlets.

**Text Books and Suggested Readings:**

Advanced reading Skills for Students of English Literature. Martin• Montgomery et al. London: Routledge, 2007.

Cambridge University Press. • Vistas and Visions. Orient Black Swan (writing and grammar exercises at the end of • lessons are recommended)

From Remapping An Anthology for Degree Classes, ('Writing Skills'), Orient Black Swan.

Contemporary Communicative English, S Chand•

**Web References**

<http://heecontent.upsdc.gov.in/>

<https://epgp.inflibnet.ac.in/>

<https://swayam.gov.in/>

<https://udrc.lkouniv.ac.in/Department/DepartmentDetail/StudyMaterial?dept=5>

<https://www.coursera.org/in>



# BA ECONOMICS

## SEMESTER-II, Paper: I (For CC2)

### COMPUTER APPLICATION IN DATA MANAGEMENT

Credit: 4

(T)

Course Code: ECO-201 CC2

**Course Objective:** In the present era of information society, information is one of the major driving forces for social, economic, political and cultural development of a country. Information is created, presented in various visual forms, related with other form of information and then used for economic and decision making activities. One of the key ingredients of creating information is Data. The knowledge of tools and techniques of data collection, data presentation and data analysis by using the spread sheet package is high in demand in almost all the sectors of economy. This skill enhancement course will equip you with the tools and techniques of collection, presentation and analysis of data through using the spreadsheet package (excel) which, in turn, will enhance your employability.

#### Unit I: Computer Fundamentals

Introduction to Computers; Classification of Digital Computer, Meaning and Concept; Hardware, Software and Types of Software; Operating System Meaning and Functions; Memory – RAM and ROM; Input-Output Devices; MS Office: MS-Word and MS PowerPoint

#### Unit II: Data Processing Techniques using MS Excel

Concept of Data – Record and File – Types of Data – Data Entry – File handling and Operations like opening, appending and cascading – closing and attribute controls – Data Storage and Retrieval, Graphical Representation of Data.

#### Unit-III: Application of MS-Excel

Summarizing and analysis of data; Descriptive Statistics (Mean, median, mode, standard deviation, CV, skewness); Comparison of means; Correlation and Regression analysis; Estimation of Growth Rates; Trends of Forecasting; Testing the significance of parameters.

#### Unit-IV: Introduction to Statistical Software and Estimation

Basics of Data Analysis – Data Entry in SPSS/ R – Computing with SPSS/ R – Preparation of Graphs with SPSS/ R – Distribution Functions and Density Functions – Statistical Package handling and command description for SPSS/ R – Reports, Descriptive – Statistics, Compare Means, Time Series Analysis, Correlation and Regression Models.

#### Text Books and Suggested Readings:

- Fundamentals of Computers by Rajaraman V, Prentice Hall India Learning Private Limited; 5 edition (2010)
- David Whiteley, E-Commerce: Strategy, Technologies and Applications, Tata McGraw Hill, NewDelhi.
- Goel, Sushil, Computer Application to Business & E-Commerce, Natraj Publishing House, Karnal.
- Lipschultz, M.M. and S. Lipschultz, Theory and Problems of Data Processing, Schum's Outline Series, McGraw Hill, New York.
- Madan, Sushila, Information Technology, Taxman Allied Services, New Delhi.
- P.T. Joseph, S.J., E-Commerce : An Indian Perspective, PHI Learning, New Delhi.
- Parameswaran R. Computer Applications in Business, S. Chand and Company, New Delhi.

#### Web References

- <http://heecontent.upsdc.gov.in/>
- <https://epgp.inflibnet.ac.in/>
- <https://swayam.gov.in/>
- <https://udrc.lkouniv.ac.in/Department/DepartmentDetail/StudyMaterial?dept=5>
- <https://www.coursera.org/in>

## BA ECONOMICS

### SEMESTER-II, Paper: I (For VC2)

#### LEADERSHIP AND PERSONALITY DEVELOPMENT

Course Code: ECO-201 VC2

Credit: 4

(T)

**Course Objective:** This programme is designed to aid candidates in their preparation for recruitment through campus or outside campus. The course will enable students to be a better professional through effective communication.. Students will learn skills to present themselves in an effective manner while facing interviews or similar test for placements.

#### Unit I:

CV Writing Skills and Interview Techniques; Leadership: Definition and meaning, Importance, Leadership and Management, Leader vs Manager, Essential qualities of an effective leader

#### Unit II:

Theories of Leadership: Trait theory, Behavioral theories, Contingency theory

#### Unit III:

Types of Leaders, Leadership styles: Traditional, Transactional, Transformational, Inspirational and servant leadership and Emerging issues in leadership: Emotional Intelligence and leadership, Trust as a factor, Gender and Leadership

#### Unit IV:

Personality: Concept and Definition, Determinants of personality, Personality traits, Personality characteristics in organizations: Self evaluation, Locus of control, Self-efficacy, Self-esteem, Self-monitoring: Positive and negative Impact. Organizational Context of Leadership and Personality, Contemporary Business Leaders.

#### Text Books and Suggested Readings:

- Organisational Behaviour , M.Parikh and R.Gupta , TataMcGraw Hill Education Private Limited
- Organisational Behavior, D. Nelson, J.C Quick and P. Khandelwal, Cengage Publication

#### Web References

- <http://heecontent.upsdc.gov.in/>
- <https://epgp.inflibnet.ac.in/>
- <https://swayam.gov.in/>
- <https://udrc.lkouniv.ac.in/Department/DepartmentDetail/StudyMaterial?dept=5>
- <https://www.coursera.org/in>

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