



**Department of Statistics  
University of Lucknow  
Lucknow-226007**

*Celebrates*

**“Mission Shakti”**

*(An initiative by Government of Uttar Pradesh)*

**ITINERARY**

| <b>Time</b>     | <b>Events</b>   |
|-----------------|---|
| <b>02:30 PM</b> | Welcome to the Chief Guest by Miss Meghna Athwani           |
| <b>02:40 PM</b> | Welcome Address by Prof. Rajeev Pandey                      |
| <b>02:50 PM</b> | Introductory Remark by Prof. Madhurima Lall                 |
| <b>3:00 PM</b>  | A Brief Speech by Chief Guest <b>Rashmi Anand</b>           |
| <b>3:30 PM</b>  | Chief guest answered the question asked by the Participants |
| <b>3:40 PM</b>  | Formal Vote of Thanks by Dr. Shambhavi Mishra               |



लखनऊ विश्वविद्यालय  
University of Lucknow



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## DEPARTMENT OF STATISTICS, UNIVERSITY OF LUCKNOW

invites you to an Interactive Webinar on

**“महिला सुरक्षा: व्याख्यान, परामर्श सत्र, मार्शल आर्ट का प्रशिक्षण”**

As part of

### **“MISSION SHAKTI” Phase 4**



#### **PATRON**

**Prof. Alok Rai**  
Vice Chancellor,  
University of Lucknow

#### **GUEST SPEAKER**

**Rashmi Anand**  
Nari Shakti Puraskar  
Awardee  
Writer and Activist



**Prof. Rajeev Pandey**  
Head  
Department of Statistics  
&  
Dean Research  
University of Lucknow

**Prof. Madhurima Lal**  
Convener  
Mission Shakti  
University of Lucknow



#### **ORGANIZING TEAM**



**Dr. Shambhavi Mishra**  
Assistant Professor  
University of Lucknow



**Meghna Athwani**  
Research Scholar  
University of Lucknow

#### **TIMINGS**

**7th May 2022 (Saturday)**  
**3 p.m. - 4 p.m.**

**For any queries, drop an email to:**  
**statistics@lkouniv.ac.in**  
**hodstatslu@gmail.com**

**Click on the Zoom Link to Join**  
**<https://us02web.zoom.us/j/87208493390?pwd=SkM4Z014THc3ME9tZDBXSkhUOWxhdz09>**

**Meeting ID: 872 0849 3390**  
**Passcode: 1111**



# Department of Statistics University of Lucknow, Lucknow-226007 “Mission Shakti”



*(An initiative by Government of Uttar Pradesh)*

Interactive Webinar on the Topic “महिला सुरक्षा: व्याख्यान, परामर्श क्षेत्र, मार्शल आर्ट का प्रशिक्षण” was organized by the Department of Statistics, University of Lucknow in association with Mission Shakti (An Initiative by U.P Government).

## Key Highlights of the Session:

- The webinar started with the welcome address by Ms. Meghna Athwani. The chief guest of the webinar was **Rashmi Anand** is an award-winning author, counsellor, consultant, and social worker, who has been working with gender issues since 2005. She works with multiple stakeholders on topics across the spectrum of public and private — from gender in the workplace to domestic violence.
- Opening remarks and introduction of the webinar was given by Prof. Rajeev Pandey, Head Department of Statistics. He highlighted the discussed points of the previous session and thanked **Rashmi Anand** for her benign presence in the webinar. He mentioned the objectives of the initiative ‘Mission Shakti’ and urged the participants to interact with the speaker of the webinar, to get benefited with her enlightening wisdom. Ms. Meghna Athwani gave a brief introduction of the distinguished guest.
- Prof. Madhurima Lall, the convener of Mission Shakti was also present in the webinar and she explained what type of problems a woman faces in her daily life and the objective of this Mission Shakti webinar is to make participants aware of these type of issue so they can understand and make a little step toward the change for good.
- The Speaker started by putting emphasis on being hopeful and optimistic throughout one’s life. Life can never be a bed of roses, distress comes, difficult times come but one should have a hopeful and positive outlook. She shared her life experiences about the domestic violence she faced in her marriage, how she managed to get their children from the violent atmosphere of in laws. She talked about the patient a woman carries throughout her life and sacrifice her rights just to maintain peace in others life. She talked about the change she got in 2006. She also told react to a situation with mindfulness. She read some lines from her book and discussed the things written by her.
- She urged the participants to rise above domestic violence. The only way to break the cycle of domestic violence is to act. Start by telling someone about the abuse he might be any friend or any loved one, health care provider or other close contact. At first the victim might find it hard to talk about it. But the victim

should understand that she is not alone and there are people who might help them. There are several initiatives taken by the UP Government, but for the change on the ground level we must change the mindsets of our children in order to ensure that they might not go through the same traumas through which the previous generation went.

- She also talked about the importance of education, as the education of the society can create a good atmosphere for all the beings living on this beautiful earth.
- She also talked about how the family environment should be, where male and female have equal responsibilities, there is no difference of job of women and men in a family and each male person have to respect the dedication of women in his family. There is a long discussion between the participants and the speaker regarding the mindset of men about role of women in or out-side the house.
- The speaker had a remarkably sweet gesture throughout the webinar and concluded by answering various questions raised by the participants. Dr. Shambhavi Mishra proposed a vote of thanks and the webinar concluded.



# Department of Statistics University of Lucknow, Lucknow-226007 “Mission Shakti”



*(An initiative by Government of Uttar Pradesh)*

Zoom Meeting interface showing a grid of 42 participants. The grid is organized in 6 rows and 7 columns. The participants' names and initials are visible in their respective tiles. A 'Participants (42)' list is shown on the right side of the screen, listing all participants with their names and initials. The meeting controls at the bottom include Unmute, Stop Video, Security, Participants, Chat, Share Screen, Record, Reactions, Whiteboards, and More. The system tray at the bottom shows the date and time as 16:06 on 07-05-2022.

Zoom Meeting interface showing a grid of 42 participants. The grid is organized in 6 rows and 7 columns. The participants' names and initials are visible in their respective tiles. A 'Participants (42)' list is shown on the right side of the screen, listing all participants with their names and initials. The meeting controls at the bottom include Unmute, Stop Video, Security, Participants, Chat, Share Screen, Record, Reactions, Whiteboards, and More. The system tray at the bottom shows the date and time as 16:06 on 07-05-2022.



Top chat

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Say something... 0/200

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Mission Shakti Department of Statistics  
1 watching now Started streaming 56 minutes ago

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ANALYTICS EDIT VIDEO

LIVE on YouTube

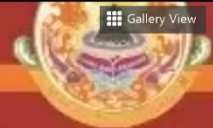
A large video feed of a woman (Madhurima) with dark hair and a red necklace. In the bottom right corner, there is a smaller Zoom grid overlay showing the same six participants as in the first image. The text 'DSTLU136' is visible in the top right of the Zoom grid. The name 'Madhurima' is visible in the bottom left of the large video feed.

LIVE on YouTube

The main video feed shows a woman with glasses and a green patterned shirt, identified as Rashmi Anand, with her hands clasped in a prayer-like gesture. In the top right corner, there is a gallery view overlay with the following details:

- Madhurima**: Video feed of a woman with glasses.
- DSTLU136**: Video feed of Prof. Rajeev Pandey, with a background image of the University of Lucknow building.
- Rashmi Anand**: Video feed of the main speaker.
- Mukesh Kumar**: Video feed of a man with glasses.

LIVE on YouTube



Gallery View Exit Full Screen

A thumbnail gallery view of the meeting participants, including:

- Madhurima**: Video feed of a woman in a red top.
- DSTLU136**: Video feed of Prof. Rajeev Pandey.
- Department of Statistic...**: Video feed of a woman with glasses.
- Rashmi Anand**: Video feed of the main speaker.
- Mukesh Kumar**: Video feed of a man with glasses.

University of Lucknow  
 Lucknow - 226007 (U.P.) INDIA  
 लखनऊ विश्व विद्यालय  
 लखनऊ - 226007 (उ.प्र.) भारत

The main video feed shows a man with glasses and a white shirt, identified as Prof. Rajeev Pandey, speaking. The background is a large image of the University of Lucknow building.

Prof. Rajeev Pandey

Unmute Start Video Participants 52 Chat 1 Share Screen Record Reactions Leave