



FINAL REPORT

APRIL-AUGUST 2022

MISSION SHAKTI - PHASE 4

A U.P.Govt Initiative

under the patronage of



PROF. ALOK KUMAR RAI
HON'BLE VICE CHANCELLOR

Report submitted
by
Prof. Madhurima Lall
Convener, Mission Shakti
UNIVERSITY OF LUCKNOW

	Name of the Institution	Program Details	No. of Boy Students present	No of Girt Students PRESENT	TOTAL
	University of Lucknow	Performance Report			
1	Convener, Mission Shakti on 14.04.22	Oath administered to students for Mission Shakti	163	147	310
2	Convener, Mission Shakti 21.04.22	Lecture on Role of Civil services for the unity of	62	51	113
3	Dept of Geology 30.04.22	1. Lecture on Women Safety by ADCP Mrs Shweta Srivastava	48	24	72
		2. Gender Sanitization lecture by Senior Journalist Ms Kulsum Talha			
		3. Safeguarding from domestic violence by Sarita Nirjhara, Founder Manthan Foundatoin			
		4. Strengthening women power by Prof Ajay Mishra, Head, Geology			
		5. Fighting against malpractices by Dr Purnima Srivastave, Coordinator, Geology			
		6.Strenghtening Panchyati Raj through Women Participation by Prof. Madhurima			
		Lall, Convener Mission Shakti			

		6. Competitions and Recitations			
4	Dept of Mathematics and Astronomy 30.04.22	1 Strengthening women power as per WHO norms, Practicing physical fitness techniques and self protection by Dr. Minakshi Tripathi Principal, Krishna Degree College	51	48	99
		2. Strengthening girls in society by Prof. Poonam Sharma, HOD, Math. And Astronomy			
		3. How to manage risk in life by Dr.Anupama Rastogi, Coordinator Mission Shakti			
		4. How to face the world while maintaining ones feminism by Prof Madhurima Lall Convener Mission Shakti			
5	Dept of Bio Chemistry 5.05.22	1.Women Security and Rights, all about 1090 and One stop Centre and Jyoti Kendra by Arcahana Singh, President award winner	31	41	72
		2. Women rights and Health by Prof R.K.Mishra, HOD, Bio Chemistry			
		3 Empowering Women by Prof Sudhir Mehrotra			
		4. Songs, Skits, dance performances poster making competition, elocution on the theme Gender equality			
		5. Developing girls personality as a student by Meenal Garg, Coordinator			
		6. The strength of Indian women by Prof. Madhurima Lall, Convener			
6	Dept of Chemistry 07.05.22	1.Gender Equality and Health by Mrs Anjali Soni	62	74	136
		2. Flagship programs of UP Govt for girls and Women by Dr Upma Chaturvedi, Principal Avadh Girls College			

		3. Maintaining the integrity of womanhood by Prof Arun Sethi, HOD, Chemistry			
		4. Women form ancient pd till now- her status and strengths by Prof. Anil Mishra, Chemistry			
		5. Why mission shakti is important for adolesant girls by Prof Madhurima Lall			
		6. Safeguards of Girls by Dr. Amrita Srivastava coordinator, Mission Shakti			
		Speeches by students, Poster making, Yoga and Self defence demonstration			
7	Convener, Mission Shakti 7.05.22	Counseling and Interaction of Students as to their expectations from Mission Shakti	67	53	120
8	Dept of Statistics 7.05.22	1. Mahila Suraksha- a meeting with a role model MS Rashmi Anand, Nari Shakti Puruskar	36	27	63
		2. Rising above all hurdles by Prof. Rajeev Pandey, HOD, Statistics			
		3. How win distressful situations by Dr. Shambhavi and Dr Meghna, coordinators			
		4. Life may not be bed of roses but one has to fight back all adversaries successfully by Prof. Madhurima Lall, Convener, Mission Shakti			
9	NSCB as GOH 14.05.22	Mrs. N.Sharma, State President of Indian of Commerce	21	241	262
		Smt R Singh, Director, Army Trust			
		Dr A Tewari, Principal, NSCB			
10	Education 14.05.2022	Women Empowerment by Prof Reena Agarwal Cordinator, Education, LU	65	92	157

		Role of Culture and Women Empowerment by Prof. Nupur Sen, Dept of Edu,LU			
		Participation of Women in Government Sector; Issues and Challenge by Ms. Supriya Mishra Finance and Account Officer(PCS) Govt. of Uttar Pradesh			
		Women Empowerment Presidential address by Prof. Tripta Trivedi, Head and Dean, Empowering Women by Prof. Madhurima Lall, Convener Mission Shakti LU			
11	Chandra Shekhar Azad Hostel 17.05.22	Prof. Nalini Pandey, Chief Provost, LU Head, Dept of Botany, LU Dr Monisha Banerjee, Provost, CSAH Dr Manisha, Asst Provost, CSAH, Faculty western History Dr. Kum Kum, Asst Provost, CSAH, Lu	16	403	619
12	NCC 63 UP BN (Girls Wing) 25.05.22	Webinar on Thyroid Disorders: Safety Measures Capt. Kiran Lata Dangwal, Associate NCC Officer on thyroid prevention measures Dr. Shruti Kaushik, who is a Yoga, Naturopath, and Acupressure Expert on every aspects of thyroid Speeches and prevention measures online skit by NCC Cadets Prof Madhurima Lall, Convener illuminated prevention by yoga and natural way	26	38	64

13	Convener's Plan Meet		62	79	141
14	Library and Information Science	Rani Laxmi Bai by Dr. Babita Jaiswal, Head, Library Sc, LU	49	21	70
	21.06.22	The role of women in Society by Dr. Vinod Singh, Registrar, LU			
		Various Speeches by College teachers and students			
		Documentary display by Students on Rani Laxmi Bai and Competitions			
		Homage to Rani Laxmi Bai by Prof Madhurima Lall, Convener, Mission Shakti LU			
15	Defense Studies	Prof. Prem Suman Sharma, Dean-Arts, LU			
	28.05.22	Shri Ravikant Mishra			
		Laxman Award and Vivekanand State Award win	51	153	204
		Dr. O.P. Shukla, Head, Defence Studies			
16	Faculty of Yoga and Alternative Medicine	Hon'ble Vice Chancellor's blessings on Inaugurat	46	63	109
	1.06.2022	Prof Navin Khare Coordinator welcome address			
		Dr. Amarjeet In charge gave a comprehensive			
		Demonstration on cure of all problems with			
		yaga practices and alternative medicines			
		Dr Madhurima lall elaborated on clinical			
		importance of sanitization for girls			
17	English and Modern European		41	67	108 (T)

	Languages	Nibhaya Ek Pahal by Prof. Maitreya Priyadashini			
	8.6.22	Head, English, LU			
		Nibhaya Ek Pahal by Dr Shiwani Mishra,			
		Dept of Women Studies, Spiritual Counselor			
		An act of women liberalization by students			
		analysis by Prof Fatima Rizmi, Eng. LU			
		Nirbhaya ek pahal by Prof Madhurima Lall			
		Convener, Mission Shakti, LU			
18	Mission Shakti Plans		4	5	11
	11.6.22	Framing of further Mission Shakti events			
19	Faculty of Yoga and Alternative Medicine	International Yoga Day Celebrations in Second Campus with teachers	46	67	113
	21.06.2022	and students and Staff of Second Campus			
20	NCC 63 UP BN (Girls Wing)	International Yoga Day Celebrations	284	312	596
	21.06.2022	in Shiva ji ground with teachers			
		and students of LU and Various Colleges			
		led by our Hon'ble Vice Chancellor			
		Prof Alok Kumar Rai			
21	Convener Assessment Meeting till date		134	97	231
22	Psychology	Shades of Womanhood- A Mental Health	32	28	60
	9.07.2022	Perspective			
		Head,			
		Department of Psychology, Dr. Archana Shukla.			
		explained historical trivialization of women's			

		mental health issues			
		Ex paratrooper and Head of Shivnagar NGO			
		Preeti M. Shah lecture on theme			
		Team Symposium of the Psyche Hub Club			
		presented various skits, monologues.			
		plays, songs on womanhood			
		Dr. Megha Singh illustrated research by shifting			
		focus from women who are of "accessible" demographic			
		Dr. Manini Srivastava clarified higher economic			
		class, caste, cis and heterosexual, chances			
		Highlights of the event were "Splash of Colors"			
		Madhurima Lall appreciated			
		Artwork Presentation, "Open Day			
23	Public Administration	How to cater business ideas	63	54	117
	15.07.2022	MS Swapna Chaudhary presented various			
		schemes/thoughts/live demonstrations on			
		various techniques to start a business			
		Dr. Vaishali Saxena the Coordinator of the			
		Event supplemented the ideas with illustrative			
		Case studies			
		Dr Madhurima Lall gave examples of various			
		entrepreneurs who made their ideas a great			
		sucess			
24	Public Administration	An Industrial Entrepreneurial Tour	66	78	144
	15.07.2022				
		Guide on Traffic Rules while travelling			
25	Home Science	International Breast Feeding Week:	0	54	54
	1.08.2022	Importance of First 1000 days in human life			

		Expert: Dr. Ruchira Rathor			
		coordinated: Dr Meera Singh			
26	Home Science	International Breast Feeding Week:	22	46	68
	2.08.2022	Importance of First 1000 days in human life			
		Expressing through Posters			
		coordinated: Dr Meera Singh			
27	Home Science	International Breast Feeding Week:	28	48	76
	3.08.2022	Importance of First 1000 days in human life			
		Demonstrations of Healthy food diets by			
		experts for mothers and infants			
		coordinated: Dr Meera Singh			
28	Home Science	International Breast Feeding Week:	0	47	47
	4.08.2022	Importance of First 1000 days in human life			
		Speaker: Dr. Padmini Ghugre, SNDT College			
		Mumbai			
		coordinated: Dr Meera Singh			
29	Home Science	International Breast Feeding Week:	0	83	83
	5.08.2022	Importance of First 1000 days in human life			
		Speaker: Dr Ritu Singh, Chief Dietician			
		Jagrani Hospital			
		coordinated: Dr Meera Singh			
30	Home Science	International Breast Feeding Week:	0	57	57
	6.08.2022	Importance of First 1000 days in human life			
		Speaker: Dr. Ankita Gupta, IGNOU			
		coordinated: Dr Meera Singh			

31	Home Science	International Breast Feeding Week:	0	89	89
	7.08.2022	Importance of First 1000 days in human life			
		Speaker: Dr Manisha Narain, Director,			
		FSSAI, New Delhi			
		coordinated: Dr Meera Singh			
32	Medieval and Modern	Training Program on Yoga and Marrtial Art	34	31	65
	History	by Shri Pramod Tewari, Expert of Yoga and			
	10.08.2022	Marshal Art			
		Prof. Shama Mahmood, Head, illustrated on			
		the health consequences of these two			
		Practices			
		Dr. Manisha, Coordinated the Event			
		Prof Madhurima Lall, Convener expressed			
		the use of Yoga as per our olden epics			
33	Commerce	Flag hoisting ceremony and pledging of	131	106	237
	15.08.2022	Balika Suraksha Shapath			
		Prof. Awadhesh Kumar, Head and			
		Dr. Sunita Srivastava Coordinator			
34	NCC		30	37	67
	15.08.2022	CAPT. KIRAN DANGWAL			
35	DEPARTMENT OF ENGINEERING		42	30	72
	15.08.2022	PROF. R S GUPTA (DEAN)			
36	FACULTY OF COMMERCE		43	39	82
	15.08.2022	PROF. R K MAHESHWARI (DEAN)			
37	DEPARTMENT OF BIOCHEMISTRY		23	23	46
	15.08.2022	PROF. R K MISHRA			
38	DEPARTMENT OF LINGUISTICS		36	18	54
	15.08.2022	PROF. KAVITA RASTOGI			

39	DEPARTMENT OF HOME SCIENCE 15.08.2022	PROF. PREM SUMAN SHARMA, Coordinator Dr. Meera Singh	58	140	198
40	DEPARTMENT OF HOME SCIENCE (NCC) 15.08.2022	Coordinator Dr. Meera Singh	46	101	147
41	DEPARTMENT OF MEDIEVAL & MODERN INDIAN HISTORY 15.08.2022	DR. SHAMA MAHMOOD Coordinator Dr. Manisha	46	40	86
42	DEPARTMENT OF CHEMISTRY 15.08.2022	PROF. ANIL MISHRA Coordinator Dr. Amrita Shrivastava	27	32	59
43	DEPARTMENT OF EDUCATION 15.08.2022	PROF. TRIPTA TRIWADI (DEAN), Coordinator DR. REENA AGRWAL	25	49	74
44	DEPARTMENT OF SOCIAL WORK 15.08.2022	PROF. ANOOP KUMAR BHARTIYA	31	32	63
45	DEPARTMENT OF HINDI & MODERN INDIAN LANGUAGE 15.08.2022	PROF. RASHMI KUMAR, Coordinator PROF. REET	17	22	39
46	DEPARTMENT OF PSYCHOLOGY 15.08.2022	PROF. ARCHANA SHUKLA, Coordinator DR. MEGH	25	18	43
47	INSTITUTE OF WOMEN'S STUDY 15.08.2022	PROF. ARCHANA SHUKLA	8	30	38
48	DEPARTMENT OF PUBLIC ADMINISTRATION 15.08.2022	PROF. MANOJ DIXIT, Coordinator DR. VAISHALI	68	70	138
49	DEPARTMENT OF POLITICAL SCIENCE 15.08.2022	PROF. MANUKA KHANNA	37	35	72
50	DEPARTMENT OF STATISTICS 15.08.2022	PROF. MASOOD H SIDDIQUI, Coordinator DR. SHAMBHAVI MISHRA	21	21	42
51	DR. SHANKAR DAYAL SHARMA INSTITUTE 15.08.2022	DR. VARUN CHACHAR	11	10	21

52	DR. GIRI LAL GUPTA INSTITUTE 15.08.2022	DR. SHAILI MALIK	9	12	21
53	INSTITUTE OF TOURISM 15.08.2022	PROF. PIYUSH BHARGAV	7	14	21
54	DEPARTMENT OF LIBRARY & INFORMATION SCIENCE 15.08.2022	DR. BABITA JAISWAL	43	43	86
55	DEPARTMENT OF FINE ARTS 15.08.2022	DR. RATAN KUMAR	31	33	64
56	DEPARTMENT OF PHILOSOPHY 15.08.2022	PROF. RAKESH CHANDRA	8	9	17
57	SANSKRITIKI 15.08.2022	PROF. RAKESH CHANDRA	8	9	17
58	CHANDRA SHEKHAR AZAD HOSTEL 15.08.2022	DR. MONISHA BANNERJEE	33	31	64
59	HOSTELS (LU) 15.08.2022	PROF. NALINI PANDEY, PROF. ANOOP KR. SINGH,	149	197	346
60	DEPARTMENT OF MATHEMATICS & ASTRONOMY 15.08.2022	PROF. POONAM SHARMA	38	21	59
61	DEPARTMENT OF HINDI 15.08.2022	DR. PREM SUMAN SHARMA	19	20	39
62	DEPARTMENT OF COMPUTER SCIENCE 15.08.2022	DR. BRIJENDRA SINGH	14	14	28
63	DEPARTMENT OF BOTONY 15.08.2022	PROF. MUNNA SINGH Coordinator Prof. Gauri Saxena	10	27	37
64	DEPARTMENT OF SANSKRIT & PRAKRATIK LANGUAGE 15.08.2022	DR. ABHIMANYU SINGH	19	9	28
65	DEPARTMENT OF BUSINESS ADMINISTRATION 15.08.2022	Prof. SANGEETA SAHU Coordinator Dr. Anu Kohli	19	33	52

66	DEPARTMENT OF WESTERN HISTORY 15.08.2022	PROF. MADHU RAJPUT Coordinator Dr. Amita Sonkar	28	24	52
4 67	DEPARTMENT OF DEFENCE STUDIES 15.08.2022	PROF. O P SHUKLA	43	55	98
68	ORIENTAL STUDIES IN ARABIC & PERSIAN 15.08.2022	DR. SUBHAN ALAM KHAN Coordinator Dr. A. Quadri	13	11	24
69	Department of Physics 23.08.2022	in Women Empowerment BY Ms Rekha Chauhan, Mahila Swarozgaar Samiti Prof.N.K.Pandey (Head) Coordinator Dr. Jyotsna Singh	35	29	64
70	DEPARTMENT OF WESTERN HISTORY 25.08.2022	English n Foreign Languages as Mother Tongue, , Sqd Leader Toolika poem on women empowerment PRO F.	27	22	49
71	Department of Persian 25.08.2022	Special Program-Aurat Hoo Magar Soorat EKohsaar Khadi Hoo Prof. Prem Suman Sharma Coordinator Prof. Umar Kamaluddin, Dr AQuadri	24	18	42
72	Department of Geography 26.08.2022	Yoga Session under Mission Shakti Program(Phase-4) by Shashi Pabha Dwivedi, Yoga Entrpreneur Prof. Prem Suman Head, Coordinator Dr. Roli Misra	42	43	85
73	Department of Applied Economics 27.08.2022	Poster Competition under Mission Shakti Program Prof. Rachna Mujoo (Head), Coordinator Dr. Karuna Shanker Kanaujiya	21	22	43
74	Department of Hindi 27.08.2022	Mahila Suraksha aur Bhartiya Kanoon Vyavastha by Judge Ms Kalpana Mishra, PROF. RASHMI KUMAR,-Head. PROF. REETA CHAUDHARY Coordinator	47	39	86

75	Department of Physical Education 29.08.2022	Celebrating International Sports Day Traffic Rules and Regulations Prof. Suman Lata Sharma- HOD Dr. Shashi Kannaujia - Coordinantor	67	63	130
76	Convener Final Report Assessment with Coordinators etc 30.08,2022		123	135	258
TOTAL			3216	4509	7821

Prof. Madhurima Lall
Convener

All event wise files, photos, press cuttings, news videos, flyers and reports are uploaded on LU website on Mission Shakti











