



MISSION SHAKTI
(AN INITIATIVE OF GOVERNMENT OF UP)



NATIONAL CADET CORPS
(GIRLS WING)



UNIVERSITY OF LUCKNOW

International Yoga Day
June 21, 2022 at 05:00 AM



Prof. Alok Kumar Rai
Vice Chancellor
University of Lucknow



Prof. Madhurima Lall
Coordinator-Mission Shakti



Capt. Kiran Lata Dangwal
NCC Officer

Commanding Officer, 63 UP BN : Col. Sumeet Puri

Adm Officer 63 UP BN : Col. P.P. Kishore

International Yoga Day Celebrations

63 UP BN NCC (Girls Wing), University of Lucknow

In the series of programs and functions organised under the aegis of MISSION SHAKTI, today on June 21, 2022, grand Yoga Event is organised by the Girls Wing of 63 UP BN NCC, University of Lucknow with the blessings of Prof Alok Kumar Rai, the Vice Chancellor, University of Lucknow. It was an inspiration to all teachers and students to be led by Hon'ble Vice Chancellor himself which filled up zeal and enthusiasm amongst all in practising yoga.

Various Asanas were performed by NCC cadets along with college as well as University Students.

Capt. Kiran Lata Dangwal, Associate NCC Officer lead the groups to perform the Asanas in a perfect manner.

Prof. Madhurima Lall, Coordinator of Mission Shakti, University of Lucknow joined exercises inspiring healthy by developing healthy living habits.

The girl cadets of 63 UP BN took initiative and participated in this activity willingly and cheerfully and coordinated the huge gathering aspiring for Yoga.







Attendance

Girls

284

Boys

312

Total

596
