





Mission Shakti, Phase 3, University of Lucknow
Performance in THREE MONTHS: 21.08.21 to 20.11.21
Under the Patronage of
Professor Alok Kumar Rai, Hon'ble Vice Chancellor, University of Lucknow

S.No.	Department	Organiser & Coordinators	Experts	No of Participant Students	No of Participant teachers/expert	Participants in oath ceremony	Programmes/Title as desired by Govt	
1.	Mission Shakti 21.08.21	Convener appointed 11 am	Hon'ble CM and others	631 35 from LU	2 from LU	425	Inaugural of Mission Shakti by CM	
2.	21.08.21	2 pm	Hon'ble Deputy CM	NA	02 from LU	02	Online orientation for Coordinators Mission shakti	
3.	21.08.21	4.30pm	Dr. S.D.Sharma(Associated College) Prof. Madhurim Lall Prof Sanjay Gupta(NCC) Prof Kiya Pandey(NSS) Ms Abha Joshi(Health Sector)	NA	116	116	Orientation program for Principals/ teachers of Associated Colleges	
4	Mission Shakti, 27 Aug	Convener	Dr. Neeraj Jain Dr Alpana Jain	36	6	42	Physical fitness, exercises and sports	https://www.lkouniv.ac.in/site/writereaddata/siteContent/25-09-21/202109250949386618report_phy_edu_to_update.pdf
5	Mission Shakti, 27 Aug	Convener	Prof. Madhurim Lall	NA	92	92	Orientation for coordinators	https://www.lkouniv.ac.in/site/writereaddata/siteContent/25-09-21/202109250949386306report_heads_to_update.pdf
6	Mission Shakti 31 Aug	Convener	Prof Madhurima Lall Prof Archana Singh Dr. Sunita Srivastava	NA	67	67	Orientation of Coordinators, Teachers only for Mission Shakti, LU	https://www.lkouniv.ac.in/site/writereaddata/siteContent/25-09-21/202109250949386306report_heads_to_update.pdf
7	NCC battalion 03.09.2021	Capt. Kiran Dangwal 63 BN, NCC	Capt. Kiran Dangwal 63 BN, NCC	36	3	37	स्वच्छता एवं स्वास्थ्य जागरूकता अभियान	https://www.lkouniv.ac.in/site/writereaddata/siteContent/25-09-21/202109250950021784NCC-3_9_21.pdf
8	Bio-Chemistry 04.09.2021	Prof Sudhir Mehrotra Dr. Minal Garg	Smt Sangeeta Rai(Chief Guest) Dr Sangeeta Sharma, Director Helpline, Ex Member CWC Dr. Anshumali Sharma, State Liaison Officer, UP	55	3 +11	69	लैंगिक समानता एवं स्वास्थ्य, व्याख्यान मालाओं एवं निबंध पोस्टर प्रतियोगिताओं, परामर्श सत्र, Prize distribution	https://www.lkouniv.ac.in/site/writereaddata/siteContent/13-09-21/14-09-21/202109140826042689Mission_Shakti_biochemistry.pdf

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9	Chemistry 11.09.2021	Prof Arun Sethi Dr. Amrita Srivastava	Dr Suchita Chaturvedi, Member State Child Rights Protection Commission	51	2 experts+ 9 stds exerts-11	62	लैंगिक समानता एवं स्वास्थ्य व्याख्यान मालाओं एवं निबंध पोस्टर प्रतियोगिताओं, परामर्श सत्र योग एवं व्यायाम का प्रशिक्षण	https://www.ikouniv.ac.in/site/writereaddata/siteContent/13-09-21/14-09-21/202109140826043002MISSION_shakti_chem.pdf
10	Mathematics and Astronomy 11.09.2021	Prof Poonam Sharma	MS Manju Tripathi, Mission Black Belt, UP Kung Fu Association	36	3+9	58	महिला सुरक्षा व्याख्यान , परामर्श सत्र, मार्शल आर्ट का प्रशिक्षण	
11	Physics 11.09.2021	Prof Poonam Tondon Dr. Jyotsana Singh	Smt Sangeeta Rai((Special) MS Usha Vishvakarma, Red Brigade, Ms Jaya Singh, AGM CRY, Ex Member-UPSCPCR)	103	4+12	119	Marching towards Safety महिला सुरक्षा व्याख्यान , परामर्श सत्र, मार्शल आर्ट का प्रशिक्षण Prize distribution	https://www.ikouniv.ac.in/site/writereaddata/siteContent/25-09-21/202109250949357711Mission%20Shakti%20Physics-11_9_21.pdf
12	Botany 15.09.2021	Prof Vivek Prasad Prof Gauri Saxena	Prof. Rakesh Chandra, Dean, Academics Dr. Naini Tondon, Exert-Women Health and Wellness	105	2+8	115	लैंगिक समानता एवं स्वास्थ्य व्याख्यान मालाओं एवं निबंध पोस्टर प्रतियोगिताओं, परामर्श सत्र योग एवं व्यायाम का प्रशिक्षण Prize distribution	https://www.ikouniv.ac.in/site/writereaddata/siteContent/25-09-21/202109250949384274report%20final.pdf
13	Mission Shakti	Dr. Vaishali Saxena	Ms Laxmi Singh, IPS, IG Range (Lko) Pravesh Dwivedi, Samarth Foundation	132	2+11	145	Interaction with Ms Laxmi Singh, launching Wo women, SOS contacts	
14	Geology 16.09.2021	Prof. Ajay Mishra Dr. Poornima Srivastava	Prof. K.K. Agarwal, Dept of Geology, LU Prof. Madhurima Pradhan, Psychology, LU Dr. Rajani Panchang, UGC Professor, Savitri Bhai Phule Pune University	75	3+7	85	लैंगिक समानता एवं स्वास्थ्य व्याख्यान मालाओं एवं निबंध पोस्टर प्रतियोगिताओं, परामर्श सत्र योग एवं व्यायाम का प्रशिक्षण Prize distribution	https://www.ikouniv.ac.in/site/writereaddata/siteContent/25-09-21/202109250949369743Mission_Shakti_Report_geology.pdf
15	Zoology 18.09.2021	Prof Sudhir Kuman Dr. Shailly Malik	Ms Vandana Mishra, PPS, Deputy Commandant, 15 th Battalion, PAC, Agra	114	1+12	127	महिला सशक्तिकरण जागरूकता कार्यक्रम, महाविद्यालयों के शिक्षकों का अभिमुखीकरण, बालिका सुरक्षा शपथ Prize distribution	https://www.ikouniv.ac.in/site/writereaddata/siteContent/25-09-21/202109250949362711Mission%20Shakti%20Report%20of%20Dept%20of%20Zoology18_09_21.pdf

S.No.	Department	Organiser & Coordinators	Experts	No of Participant Students	No of Participant teachers/expert	Participants in oath ceremony	Programmes/Titles as desired by Govt	
16	National Nutrition Month with Department of Home Science 18.09.21	Dr. Meera Singh Dr. Devina Sahai and Principals and Teachers/students from 20 Associated Colleges of LU having Home Sc.	Experts: Prof Prem Suman Sharma, ex officio Dean- Faculty of Arts and Head, Dept of Home Science, LU Dr. Ritu Singh, Consultant Nutritionist, Jagrani Hospital, Lko Dr. Manisha Narain, Deputy Director, Northern Region, FSSAI, India	229	32+9	270	Importance of Nutrition in Women and Adolescent Girls Mission Shakti walk, Poster presentation, Nutrition display with fresh vegetables and fruits Tiffin analysis Individual interaction with calories intake through nutritive food habit-changing a life style	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241233467947shakti_home_science.pdf
17.	Ancient Indian History & Archaeology 24.09.21	Prof Piyush Bhargava	Prof Shashi Shukla, Dean, Faculty of Arts, LU	55+7	5+2	69	महिला सशक्तिकरण जागरूकता कार्यक्रम, महाविद्यालयों के शिक्षकों का अभिमुखीकरण, बालिका सुरक्षा शपथ distribution, Rangoli and Poster making on the theme students' expert comments on the theme poem recitation	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241233461540shakti_AIH.pdf
18	Defence Studies 25.09.21	Prof. O.P. Shukla Dr. Shabeena Azmi	Prof Shashi Shukla, Dena Arts, LU Mr Raghav Agarwal, CEO-Veeta Day Mr. R.J. Prateek 98.3 Radio Mirchi	64	6+3	73	Entrepreneurship Development and Self Reliance	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241233462477shakti_defence_studies.pdf
19.	English and Modern European Languages 26.09.21	Prof Ranu Uniyal Dr. Minakshi Pahwa	MS Archana Chaudhary, IRS Principal Chief Commissioner of Income Tax, Delhi, Alunna- LU	13	1+3	17	Women and Finance- Pathway to Empowerment	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241233466384shakti_english.pdf

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20.	Home Science 1.10.21	Dr. Meera Singh Dr. Devina Sahai and Principals and Teachers/students from 20 Associate Colleges of LU having Home Sc.	Chief Guests: Morning Session: Dr. Vinod Singh, Registrar LU Evening session: Smt Sangeeta Rai, Madam Vice Chancellor, LU Experts: Prof. Sunita Mishra, Dean, School of Home Science, BBAU Dr. Manisha Narain, Deputy Director, Northern Region, FSSAI, India Dr. Ritu Singh, Consultant Nutritionist, Jagrani Hospital, Lko	234	62+10	306	Importance of Nutrition in Women and Adolescent Girls Mission Shakti walk, Poster presentation, Nutrition display with fresh vegetables and fruits Tiffin analysis Individual interaction with calories intake through nutritive food habit-changing a life style	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241233468571shakti_home_science_2.pdf
21	Mission Shakti 1.10.21	Prof Madhurima Lall Dr. Vineet Verma, President, LUTA	Special Invitee: Smt Sangeeta Rai, Madam Vice Chancellor, LU Experts: Dr. Ekta Sharma, Gynaecologist, Apollo Hospital Team of Doctors Apollo Hospital	350	78	521 (including workers and staff)	Awareness on Breast Cancer and Health Check up Camp	Apollo Hospital staff records
22	National Service Scheme and Home Sc 1.10.21	Dr Meera Singh	Chief Guests: Morning Session: Dr. Vinod Singh, Registrar LU Evening session: Smt Sangeeta Rai, Madam Vice Chancellor, LU Experts: Prof. Sunita Mishra, Dean, School of Home Science, BBAU Dr. Manisha Narain, Deputy Director, Northern Region, FSSAI, India	294 (+60)	52+9	295	Awareness Rally at the Campus Importance of Nutrition in Women and Adolescent Girls	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241233474196shakti_NSS.pdf
23	Economics 4.10.21	Prof. M.K. Agarwal Dr. Roli Mishra	Ms Anjali Singh, Founder – Jute for Life Alumna	51	6+1	58	Women entrepreneur	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241233465915shakti_Economics.pdf

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24	Journalism & Mass Communication 4.10.21	Prof. Mukul Srivastava Ms Surabhi Yadav	Prof. Mukul Srivastava	20	2+1	23	women hygiene and health essaywriting competition on the topic Gender equality & Health	Reported at Email
25	Geography 8.10.21	Dr. Roli Mishra	Prof. Shashi Shukla, Dean, Faculty of Arts, LU Prof Poonam Tondon, Dean, SW, LU Inaugurated the Sanitary Napkins Vending Machine- first time in any Dept of LU Guftagoo: Adamyia Live Roobaroo Band	137	4+12	*153	Female Feoticide Launching Vending Machine- a historical event Launch of MY SPACE Posters and Rangoli Selfie Artistic corners Learn with Music And jazz	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241233466853shakti_Geography.pdf
26	Medieval and Modern History 9.10.21	Dr. Shama Mehmood Dr. Manisha	Ms Krishna Rasali and Mr Manish (Mumbai) Marshal Art Trainer Prof. Ranjana Mishra, SMESM College, (SNDT University), Mumbai	157	5+9	*181	Marshal Art Training Self Defense Training for girls Women Security: A Cardinal Right worthy of Attention and Concern	
	Department of Library and Information Science 9.10.21	Dr. Babita Jaiswal Dr. GarimaBisaria	Dr Archana Singh ACP Mahila Aparadh Police Commissionrate, Lucknow	43	14	58	Women Safety: an effort of U. P. Police	https://www.lkouniv.ac.in/site/writereaddata/siteContent/mission_shakti/202110241241483299shakti_libscience.pdf
27	Mission Shakti 13.10.21	Prof Madhurima Lall	Dr Ali Mehendi, Asst Prof., Unity College, Lucknow Expert: Career Counselling and Alumna, dept. of Applied Eco, LU	NA	1+3	NA	Planning for further take-ups Videography plans for career counseling of Girls	
	TOTAL IN	2 MONTHS		3064	717	3585		
28	*Political Science 22-23.10.2021	Prof Manuka Khanna	Experts from 11 Colleges Experts from 3 LU departments	352	32	384	Poster Making by LU and Associated Colleges Students self composed Poetry Recitation	

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29	Physical Education 23.10.2021 7 AM to 6 PM	Dr Shashi Kannaujia	Sri Jaspal Singh, Asian Karate Federation, Karate Association of U.P. – General Secretary	79 x2 (Morning and evening)	13	92x2 (Morning and evening)	Marital Arts Poomase, Taekwondo, Karate, Fire tiles breaking, Weapon, Gymnastic, self defense, kyurogi Intramural Competitions	https://www.lkouniv.ac.in/site/writereadata/siteContent/202112041148575583MARTIAL-ART-P-H-E-23-10-21.pdf
30	**Physical Education 24.10.2021 6.30 AM to 6 PM	Dr Shashi Kannaujia	Dr. D.K.S. CHAUHAN (Principal, Colvin Taluqdars College, Lucknow Mr A.M. Jugran (Black belt 4 Dan)	79 x2 (Morning and evening)	16	95x2 (Morning and evening)	Self Defense Poomase, Taekwondo	
31	**Physical Education 25.10.2021 6.30 AM onwards till evening	Dr Shashi Kannaujia	Mohd Tariq	79 x2 (Morning and evening)	26	105 x2 (Morning and evening)	Yoga Healthy Mind lives in a Healthy Body	
32	Physical Education 26.10.2021	Dr Shashi Kannaujia	Smt Himani Chaudhary, FO, LU Prof Dinesh Kumar, Proctor, LU	79 x2 (Morning and evening)	5	84 x2 (Morning and evening)	Football without self-discipline success is impossible	https://www.lkouniv.ac.in/site/writereadata/siteContent/202112041148581677self-defence-intramural-P-H-E-%2026-10-21.pdf
33	Physical Education 27.10.2021	Dr Shashi Kannaujia	Dr. Vineet Kumar Verma, President, LUTA Dr. Rajendra Kumar Verma, General Secretary, LUTA	79 x2 (Morning and evening)	6	85 x2 (Morning and evening)	Kabaddi The Harder the battle, the sweeter the victory	https://www.lkouniv.ac.in/site/writereadata/siteContent/202112041148564957kabaddi-intramural-P-H-E-27-10-21.pdf
34	Physical Education 28.10.2021	Dr Shashi Kannaujia	Prof Shashi Shukla, Dean, Faculty of Arts, Lu Prof. Sanjay Gupta, Dept of Pol. Science, LU	79 x2 (Morning and evening)	25	104 x2 (Morning and evening)	Basketball if you can dream it, you can do it	
35	Physical Education 29.10.2021 Morning sports and 6 AM Closing Ceremony 3 PM onwards	Dr Shashi Kannaujia	Prof. Balak Das,(Chairman L.U.A.A.) Prof. Dhruv Sen Singh (Director H.R.D.C.) Dr. Desh Deepak (General Secretary L.U.A.A.)	79 x2 (Morning and evening)	31	110 x2 (Morning and evening)	Self Defense-special techiques for girls, Talvar , Four Men, Vovinam DancePoomase, Taekwondo, self defense for all Health is worth more than Learning	https://www.lkouniv.ac.in/site/writereadata/siteContent/202112041148582145SELF-DEFENSE-2-Physical-Department-29-10-21.pdf

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36	NCC and NSS 25.10.21	Captain Dr.Kiran Dangwal Dr. Alka Misra	Madam Richa Agarwal Sanjeevani-Life beyond cancer	83	5+1	89	Healthy Youth for Healthy Nation Certificate distribution	https://www.lkouniv.ac.in/site/writereaddata/siteContent/202112041148578551NSS-and-NCC-Report_25-Oct-2021.pdf
	4-7 Nov		Diwali					
37	Hindi 14.11.2021	Prof Y.P. Singh Dr. Recta Chaudhary	Dr. Vandana Mishra, Journalist, Social Worker and thinker on Human Rights	64	11+1	76	Role of Women in Indias Freedom struggle Samaj, Sahitya evam Swatantrata Sangram me Nari ki bhoomika Baikao ka swasthya, shiksha evam swavalamban par chintan self composed poem	
38	Psychology 16.11.21	Prof Shashi Shukla Dr. Archana Shukla Dr. Meghna Singh	Dr. Varun Chachar, Faculty of Law, RTI Cell, University of Lucknow, Director, Dr. SDS Institute of Democracy Sri Rahul Srivastava, Additional SP ATS/Social Media Dr. Arpita Kapoor, Founder and General Secretary, Nawal Foundation Mr Prateek Rao, Radio Mirchi	173	14+6	193	Mental Health of Woman and Changing Scenario Constitutional laws for Protection of Women Interplay of Civil factors and Socioeconomic detemrments of women health and security Upgrading and updating woman of middle society Nukkad Natak Self Composed Poetry by students \ prize distribution	https://www.lkouniv.ac.in/site/writereaddata/siteContent/202112041148581208Psychology-16-11-21.pdf
	24-28 Nov		Guru Teg Bahadur and Foundation day and Convocation day	the depts. scheduled during these days will be organizing in forthcoming week				

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			TOTAL IN THREE MONTHS	4844	908	5752		

Prof. Madhurima Lall
Lucknow: Nov.2021

Convener